

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 shutterstock.com · 2697912781	<u>Dimensions Of Wellness Legend</u> Social Intellectual Emotional Spiritual Physical Environmental Vocational	<u>Locations Legend</u> 6th FL Vista (6th) Activity Room (AR) Room to Room (R2R) Channel 81 (CH81) Christ Chapel (CC) TV (TV) The Point (PON) Vista 2 Gallery (V2GA) Auditorium (A) 9th Floor Activity Room (9FL)		9:30 The Morning Stretch with Honor (6th) 10:00 Craft: Falling for Fall Wreaths (6th) 10:00 OLLI-Ranch Dressing Ch.81 (CH81) 2:00 Words that Inspire: Poetry Appreciation (6th) 3:00 Cooking Corner: Pumpkin Smoothie (6th) 1	10:00 One on One Visits (R2R) 10:30 Stretching and Breathing with Honor (6th) 11:00 Bookworm Book Club (6th) 1:00 Energize & Move with Tina (6th) 1:30 Women of the Bible with Raelynn (6th) 1:30 Movie Matinee: Hunt for the Wilderpeople Ch. 81 (CH81) 2:30 Movie Matinee: Hulu Family "E.T." (6th) 3:00 The Concession Cart (R2R) 2	10:00 Board Games (AR) 11:00 Books for Borrowing (R2R) 1:00 Meet the Artist Reception: Dallas Handweavers & Spinners Guild (V2GA) 3
9:30 Puzzles and Games (AR) 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 12:00 Dallas Cowboys at Houston Texans - FOX (CH. 56,400 or 401) (TV) 4	9:30 The Morning Chat (AR) 10:00 Round Table Talk with John Hill (AR) 11:00 Word of the Day (AR) 2:00 Bible Study with Allison (6th) 3:30 Marvelous Mani Monday with Honor in Activity Room (AR) 5	10:00 OLLI- The Beatles in the Studio Ch.81 (PON) 10:00 Craft: Patterned Pumpkin Creations (6th) 11:00 Rhythm and Movement with Tammy (AR) 2:00 Rummikub (6th) 3:00 Colors & Conversation (6th) 6	10:00 Energize & Move with Tina (6th) 10:30 One on One Visits (R2R) 11:00 Worship Service (AR) 2:30 Entertainer: Richard Palomeno (6th) 7	9:30 The Morning Stretch with Honor (6th) 10:00 OLLI- Contemporary Texas Novelists Ch.81 (CH81) 10:00 Craft: Fall Tissue PaperTree (6th) 11:00 Sing Along with Russ (AR) 2:00 Bingo (AR) 3:00 Colors and Conversation (6th) 7:15 Dallas Cowboys vs Tampa Bay Buccaneers - AMZN (TV) 8	Happy Birthday Honor! (6th) 10:00 Craft: Round Pumpkin Painting (AR) 1:00 Energize & Move with Tina (6th) 1:30 Women of the Bible with Raelynn (6th) 2:30 Movie Matinee: Netflix Comedy "9-5"" (6th) 9	Happy Birthday Frank! (6th) 10:00 Board Games (AR) 10
9:30 Puzzles and Games (AR) 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 11	9:30 The Morning Chat (AR) 10:00 Round Table Talk with John Hill (AR) 11:00 Word of the Day (AR) 2:00 Bible Study with Allison (6th) 3:30 Marvelous Mani Monday with Honor in Activity Room (AR) 12	10:00 For The Love of Art with Wolford (6th) 10:00 OLLI- Exploring Happiness Ch.81 (PON) 11:00 Rhythm and Movement with Tammy (AR) 1:30 In Room Reiki Session with Anna (6th) 2:00 Crafting & Creating with Sherry (6th) 3:00 Table Games (6th) 13	10:00 Energize & Move with Tina (6th) 10:30 One on One Visits (R2R) 11:00 Worship Service (AR) 2:00 Rummikub (6th) 14	9:30 The Morning Stretch with Honor (6th) 10:00 OLLI- The Wonderful World of Roaring 20's Ch. 81 (CH81) 10:00 Artful Moments with David (AR) 2:00 Bingo Buddies Help With BINGO On The 4th Floor (AR) 3:00 Who What Where Trivia (AR) 3:30 Meet the Artist (V2GA) 15	10:00 One on One Visits (R2R) 10:30 Stretching and Breathing with Honor (6th) 11:00 Flowers and Friends: Flower Arranging (AR) 1:00 Energize & Move with Tina (6th) 1:30 Women of the Bible with Raelynn (6th) 2:30 Movie Matinee: Prime Family "Hocus Pocus" (6th) 3:00 The Concession Cart (R2R) 16	10:00 Board Games (AR) 11:00 Books for Borrowing (R2R) 17
Happy Birthday Bob! (6th) 9:30 Puzzles and Games (AR) 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Tick or Treat Fun! (6th) 7:29 Dallas Cowboys at Green Bay Packers - NBC (TV) 18	9:30 The Morning Chat (AR) 10:00 Round Table Talk with John Hill (AR) 11:00 Word of the Day (AR) 2:00 Bible Study with Allison (6th) 3:30 Marvelous Mani Monday with Honor in Activity Room (AR) 19	10:00 Magic by Matt (AR) 10:00 OLLI- The 2026 Midterm Elections Ch.81 (PON) 11:00 Rhythm and Movement with Tammy (AR) 1:30 In Room Reiki Session with Anna (6th) 2:00 Honor Reads "The Legend of Sleepy Hollow" (6th) 3:00 Colors & Conversation (6th) 20	10:00 Energize & Move with Tina (6th) 10:30 One on One Visits (R2R) 11:00 Worship Service (AR) 2:00 Rummikub (6th) 3:30 Wine Down Wednesdays (And Soda too) (R2R) 21	9:30 The Morning Stretch with Honor (6th) 10:00 Book Review with Richard Stanford (6th) 10:00 OLLI- Does Your Monster Speak Yiddish? Ch.81 (CH81) 2:00 BINGO (6th) 3:00 Cooking Corner: Apple Pie Smoothie (6th) 22	10:00 One on One Visits (R2R) 10:30 Stretching and Breathing with Honor (6th) 11:00 Brain Games (6th) 1:00 Energize & Move with Tina (6th) 1:30 Women of the Bible with Raelynn (6th) 2:00 Spirit is Ageless Art Show - Celebration Congradulations to Assisted Living Group Art Pro (A) 2:30 Movie Matinee: Prime Western "Butch Cassidy and The Sundance Kid" (6th) 3:00 The Concession Cart (R2R) 23	10:00 Board Games (AR) 2:30 BINGO with YMSL (6th) 24
9:30 Puzzles and Games (AR) 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Book Club (6th) 25	9:30 The Morning Chat (AR) 10:00 Round Table Talk with John Hill (AR) 10:00 Dallas Cowboys at Philadelphia Eagles - ESPN (CH. 34 or 300) (TV) 11:00 Word of the Day (AR) 2:00 Bible Study with Allison (6th) 3:00 Resident Council (6th) 26	10:00 Frightfully Delicious: Cooking Party Food (AR) 10:00 OLLI-A Tradition of Resistance Ch.81 (PON) 11:00 Rhythm and Movement with Tammy (AR) 1:30 In Room Reiki Session with Anna (6th) 2:00 Boo Bash: Halloween Party (6th) 3:00 Colors & Conversation (6th) 27	10:00 Energize & Move with Tina (6th) 10:30 One on One Visits (R2R) 11:00 Worship Service (AR) 2:00 Rummikub (6th) 2:00 Park N Chat (9FL) 2:00 "Writing is Fun!" lecture and book signing with Bob Munroe (6th) 3:30 Wine Down Wednesdays (And Soda too) (R2R) 28	9:30 The Morning Stretch with Honor (6th) 10:00 Craft: Puzzle Piece Pumpkin (6th) 10:00 OLLI- History of the Vampire Ch.81 (CH81) 2:00 Town Hall (6th) 3:00 BINGO (6th) 29	10:00 One on One Visits (R2R) 10:30 Stretching and Breathing with Honor (6th) 11:00 Brain Games (6th) 1:00 Energize & Move with Tina (6th) 1:30 Women of the Bible with Raelynn (6th) 2:30 Movie Matinee: Netflix Drama "Remarkably Bright Creatures" (6th) 3:00 The Concession Cart (R2R) 30	10:00 Board Games (AR) 11:00 Books for Borrowing (R2R) 31