

  Rehab Activites 						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dimensions Of Wellness Legend Social Emotional Intellectual Physical Spiritual		Group Therapy every Tuesday & Thursday at 11:00am  OLLI Classes every Tuesday & Thursday at 10:00AM at The Point! Can't make it in person? Classes are also streaming live on Channel 81.		Puzzles and More Available at North End Puzzle Station and By Request 1 10:00 OLLI-Ranch Dressing Ch.81 (CH81) 11:00 Group Exercise with Therapy (8fl) 2:00 Bingo w/ Brittany – 8th Floor (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 2 10:00 Mobile Activity Cart (R2R) 10:00 One on One Visits (R2R) 1:30 Movie Matinee: Hunt for the Wilderpeople Ch. 81 (CH81) 2:30 Cinema Hour (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 3 1:00 Meet the Artist Reception: Dallas Handweavers & Spinners Guild (V2GA)
Puzzles and More Available at North End Puzzle Station and By Request 4 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 12:00 Dallas Cowboys at Houston Texans - FOX (CH. 56,400 or 401) (TV)	Puzzles and More Available at North End Puzzle Station and By Request 5	Puzzles and More Available at North End Puzzle Station and By Request 6 10:00 Mobile Activity Cart (R2R) 10:00 OLLI- The Beatles in the Studio Ch.81 (PON) 11:00 Group Exercise with Therapy (8fl) 1:00 Music Therapy Room Visits – 8th Floor (R2R)	Puzzles and More Available at North End Puzzle Station and By Request 7 10:00 Mobile Activity Cart (R2R) 2:30 Wednesday Watch Party (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 8 10:00 Strolling Flutist-7th floor (R2R) 10:00 OLLI- Contemporary Texas Novelists Ch.81 (CH81) 11:00 Strolling Flutist- 8th floor (R2R) 11:00 Group Exercise with Therapy (8fl) 7:15 Dallas Cowboys vs Tampa Bay Buccaneers - AMZN (TV)	Puzzles and More Available at North End Puzzle Station and By Request 9 10:00 Mobile Activity Cart (R2R) 12:00 Lunch with Live Music – 8th Floor (8fl) 2:30 Cinema Hour (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 10
Puzzles and More Available at North End Puzzle Station and By Request 11 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81)	Puzzles and More Available at North End Puzzle Station and By Request 12 3:00 Strolling Accordion (R2R)	Puzzles and More Available at North End Puzzle Station and By Request 13 10:00 Mobile Activity Cart (R2R) 10:00 OLLI- Exploring Happiness Ch.81 (PON) 11:00 Group Exercise with Therapy (8fl) 1:00 Music Therapy Room Visits- 7th Floor (7FL) 2:00 Music Therapy Room Visits – 8th Floor (8fl) 2:00 In-Room Reiki Sessions with Anna – Call 972-977-7012 to Schedule (R2R)	Puzzles and More Available at North End Puzzle Station and By Request 14 10:00 Mobile Activity Cart (R2R)	Puzzles and More Available at North End Puzzle Station and By Request 15 10:00 OLLI- The Wonderful World of Roaring 20's Ch. 81 (CH81) 11:00 Group Exercise with Therapy (8fl) 2:00 Bingo w/ Brittany – 8th Floor (8fl) 3:30 Meet the Artist (V2GA)	Puzzles and More Available at North End Puzzle Station and By Request 16 10:00 Mobile Activity Cart (R2R) 10:00 One on One Visits (R2R) 12:00 Lunch With Live Music - 8th Floor (8fl) 2:30 Cinema Hour (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 17
Puzzles and More Available at North End Puzzle Station and By Request 18 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 7:29 Dallas Cowboys at Green Bay Packers - NBC (TV)	Puzzles and More Available at North End Puzzle Station and By Request 19	Puzzles and More Available at North End Puzzle Station and By Request 20 10:00 Mobile Activity Cart (R2R) 10:00 OLLI- The 2026 Midterm Elections Ch.81 (PON) 11:00 Group Exercise with Therapy (8fl) 12:00 The Grand Magic Show - 8th Floor (8fl) 1:00 Music Therapy Room Visits- 7th Floor (7FL) 2:00 In-Room Reiki Sessions with Anna – Call 972-977-7012 to Schedule (R2R)	Puzzles and More Available at North End Puzzle Station and By Request 21 10:00 Mobile Activity Cart (R2R) 2:30 Wednesday Watch Party (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 22 10:00 OLLI- Does Your Monster Speak Yiddish? Ch.81 (CH81) 11:00 Group Exercise with Therapy (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 23 10:00 Mobile Activity Cart (R2R) 10:00 One on One Visits (R2R) 12:00 Lunch with Live Music – 8th Floor (8fl) 1:00 Strolling Accordion with Mike Frankel (8fl) 2:00 Spirit is Ageless Art Show - Celebration Congradulations to Assisted Living Group Art Pro (A) 2:30 Cinema Hour (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 24
Puzzles and More Available at North End Puzzle Station and By Request 25 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81)	Puzzles and More Available at North End Puzzle Station and By Request 26 10:00 Dallas Cowboys at Philadelphia Eagles - ESPN (CH. 34 or 300) (TV)	Puzzles and More Available at North End Puzzle Station and By Request 27 10:00 Mobile Activity Cart (R2R) 10:00 OLLI-A Tradition of Resistance Ch.81 (PON) 11:00 Group Exercise with Therapy (8fl) 1:00 Music Therapy Room Visits- 8th Floor (8fl) 1:00 Music Therapy Room Visits- 7th Floor (7FL) 2:00 In-Room Reiki Sessions with Anna – Call 972-977-7012 to Schedule (R2R)	Puzzles and More Available at North End Puzzle Station and By Request 28 10:00 Mobile Activity Cart (R2R)	Puzzles and More Available at North End Puzzle Station and By Request 29 10:00 OLLI- History of the Vampire Ch.81 (CH81) 11:00 Group Exercise with Therapy (8fl) 2:00 Bingo w/ Brittany – 8th Floor (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 30 10:00 Mobile Activity Cart (R2R) 10:00 One on One Visits (R2R) 2:30 Cinema Hour (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 31 