

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Locations Legend</u> 6th FL Vista (6th) Activity Room (AR) Room to Room (R2R) Channel 81 (CH81) The Point (PON) Christ Chapel (CC) TV (TV) Vista 2 Gallery (V2GA) 9th Floor Activity Room (9FL)	<u>Dimensions Of Wellness Legend</u> Social Intellectual Emotional Physical Spiritual Vocational Environmental	10:00 Table Games (6th) 10:00 OLLI- Iconoclast of Modern Art Ch.81 (PON) 11:00 Rhythm and Movement with Tammy (AR) 2:00 Trip to The Spirit Is Ageless Exhibit (PON) 3:00 Adult Coloring (6th)	10:00 Chair Exercise with Tina (6th) 11:00 Worship Service (AR) 2:00 Rummikub (6th) 3:30 Wine Down Wednesdays (And Soda too) (R2R)	9:30 The Morning Stretch with Honor (6th) 10:00 Craft: Western Center Pices (6th) 10:00 OLLI-Book Review: The Way I Was Ch. 81 (CH81) 2:00 Poetry Appreciation (6th) 3:00 Bingo (AR)	10:00 One on One Visits (R2R) 10:30 Stretching and Breathing with Honor (6th) 11:00 Brain Games (6th) 1:00 Chair Exercise with Tina (6th) 1:30 Movie Matinee: Project Hail Mary Ch. 81 (CH81) 1:30 Women of the Bible with Raelynn (6th) 2:30 Movie Matinee: Netflix Family/Comedy "Secondhand Lions" (6th) 3:00 The Concession Cart (R2R)	10:00 Board Games (AR) 11:00 Books for Borrowing (R2R)
9:30 Puzzles and Games (AR) 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81)	Labor Day Honor Off 9:30 The Morning Chat (AR) 10:00 Round Table Talk with John Hill (AR)	Western Day 10:00 Photo Session with Suzie Comarata (6th) 10:00 For The Love of Art with Wolford (6th) 10:00 OLLI- Dress at the Intersections of Quilting Ch. 81 (PON) 11:00 Rhythm and Movement with Tammy (AR) 2:30 Visit From Dolly Parton (6th)	10:00 Chair Exercise with Tina (6th) 10:30 One on One Visits (R2R) 11:00 Worship Service (AR) 2:00 Rummikub (6th)	9:30 The Morning Stretch with Honor (6th) 10:00 Craft: Gratitude Tree (6th) 10:00 OLLI- Iwo Jima - Jerry Davis Ch. 81 (CH81) 11:00 Sing Along with Russ (AR) 2:00 Bingo (AR)	10:00 One on One Visits (R2R) 10:00 Reading and Writing Haiku Poems (6th) 1:00 Chair Exercise with Tina (6th) 1:30 Women of the Bible with Raelynn (6th) 1:30 Movie Matinee: You, Me & Tuscany Ch.81 (CH81) 2:30 Movie Matinee: Netflix Comedy/Drama "Matilda" (6th) 3:00 The Concession Cart (R2R)	Happy Birthday Ben! 10:00 Board Games (AR)
Grandparents Day 9:30 Puzzles and Games (AR) 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 7:20 Cowboys at New York Giants - NBC (TV)	9:30 The Morning Chat (AR) 10:00 Prime Documentry "Maudie" about Artist Maude Lewis (AR) 11:00 Word of the Day (AR) 2:00 Bible Study with Allison (6th) 3:30 Manicures Mondays with Honor in Activity Room (AR)	10:00 Book Review with Richard Stanford (6th) 10:00 OLLI- What Is Artificial Intelligence? Ch. 81 (PON) 11:00 Rhythm and Movement with Tammy (AR) 1:30 In Room Reiki Session with Anna (6th) 2:00 September Birthday Celebration (6th) 3:00 Adult Coloring (6th)	10:00 Chair Exercise with Tina (6th) 10:30 One on One Visits (R2R) 11:00 Worship Service (AR) 2:00 Rummikub (6th) 3:30 Wine Down Wednesdays (And Soda too) (R2R)	9:30 The Morning Stretch with Honor (6th) 10:00 Arts & Crafts Classes David Schulze (AR) 10:00 OLLI- Casablanca Ch.81 (CH81) 2:00 Help With BINGO On The 4th Floor (AR) 3:00 Who What Where Trivia (AR)	Happy Birthday Ann! Honor Off 10:00 Visit From Sherry (6th) 10:00 One on One Visits (R2R) 1:00 Chair Exercise with Tina (6th) 1:30 Women of the Bible with Raelynn (6th) 1:30 Movie Matinee: Leatherheads Ch.81 (CH81) 2:30 Movie Matinee: Tubi Comedy "The Breadwinner" (6th) 3:30 Meet the Artist: Margo Miller (V2GA)	10:00 Board Games (AR) 11:00 Books for Borrowing (R2R) 2:30 BINGO with YMSL (6th)
Happy Birthday Ronald! 9:30 Puzzles and Games (AR) 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 3:25 Dallas Cowboys vs Washington Commanders - FOX (Ch. 56,400 or 401) (TV)	10:00 Lemonade, treats and get to know you with CCY Auxiliary (6th) 11:00 Word of the Day (AR) 2:00 Bible Study with Allison (6th) 3:30 Manicures Mondays with Honor in Activity Room (AR)	First Day of Fall 10:00 Resident Council (AR) 10:00 OLLI- Poetry Villanelles Ch. 81 (PON) 11:00 Rhythm and Movement with Tammy (AR) 1:30 In Room Reiki Session with Anna (6th) 2:30 Entertainer: Lional Johnson (6th) 3:00 Adult Coloring (6th)	10:00 Chair Exercise with Tina (6th) 10:30 One on One Visits (R2R) 11:00 Worship Service (AR) 2:00 Rummikub (6th) 3:30 Wine Down Wednesdays (And Soda too) (R2R)	9:30 The Morning Stretch with Honor (6th) 10:00 Craft: Puzzle Piece Pumpkin (AR) 10:00 OLLI- A Daughter's Life in the Shadow of the Holocaust Ch.81 (CH81) 2:00 Town Hall (AR) 3:00 "Because of you" Thank you letters (AR)	10:00 Craft: 6th Floor Homecoming Mum (6th) 10:00 One on One Visits (R2R) 10:30 Stretching and Breathing with Honor (6th) 11:00 Flower Arranging (AR) 1:00 Chair Exercise with Tina (6th) 1:30 Women of the Bible with Raelynn (6th) 1:30 Movie Matinee: Voicemails for Isabelle Ch.81 (CH81) 2:30 Movie Matinee: Tubi Comedy "The Burbs" (6th) 3:00 The Concession Cart (R2R)	10:00 Board Games (AR)
9:30 Puzzles and Games (AR) 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 3:25 Dallas Cowboys vs Baltimore Ravens - CBS (Ch. 315) (TV)	9:30 The Morning Chat (AR) 10:00 Round Table Talk with John Hill (AR) 11:00 Word of the Day (AR) 2:00 Bible Study with Allison (6th) 3:30 Manicures Mondays with Honor in Activity Room (AR)	10:00 Craft: Wooden Cats (6th) 10:00 OLLI- The Future of NASA Ch.81 (PON) 11:00 Rhythm and Movement with Tammy (AR) 1:30 In Room Reiki Session with Anna (6th) 2:00 Table Games (6th) 3:00 Adult Coloring (6th)	10:00 Chair Exercise with Tina (6th) 10:30 One on One Visits (R2R) 11:00 Worship Service (AR) 2:00 Park N Chat (9FL) 3:30 Wine Down Wednesdays (And Soda too) (R2R)	Be sure to explore all of our live-stream options available on our in-house TV station, Channel 81! For detailed descriptions of each offering, please refer to your Lifestyle Guide. OLLI Classes every Tuesday & Thursday at 10:00 AM at The Point! Can't make it in person? Classes are also streaming live on Channel 81		