

Rehab Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dimensions Of Wellness Legend Emotional Social Intellectual Physical Spiritual	Be sure to explore all of our livestream options available on our inhouse TV station, Channel 81! For detailed descriptions of each offering, please refer to your Lifestyle Guide.	Puzzles and More Available at North End Puzzle Station and By Request 1 10:00 Mobile Activity Cart 10:00 OLLI- Iconoclast of Modern Art Ch.81 11:00 Group Exercise with Therapy 1:00 Music Therapy Room Visits – 8th Floor	Puzzles and More Available at North End Puzzle Station and By Request 2 10:00 Mobile Activity Cart	Puzzles and More Available at North End Puzzle Station and By Request 3 11:00 Group Exercise with Therapy 2:00 Bingo w/ Brittany – 8th Floor	Puzzles and More Available at North End Puzzle Station and By Request 4 10:00 Mobile Activity Cart 10:00 One on One Visits 1:30 Movie Matinee: Project Hail Mary Ch. 81 2:30 Cinema Hour	Puzzles and More Available at North End Puzzle Station and By Request 5
Puzzles and More Available at North End Puzzle Station and By Request 6 9:30 Worship Service 11:00 Worship Services live Streaming from the Point Channel 81	Puzzles and More Available at North End Puzzle Station and By Request Labor Day 7	Puzzles and More Available at North End Puzzle Station and By Request 8 10:00 Mobile Activity Cart 10:00 OLLI- Dress at the Intersections of Quilting Ch. 81 11:00 Group Exercise with Therapy 1:00 Music Therapy Room Visits- 7th Floor 2:00 Music Therapy Room Visits – 8th Floor	Puzzles and More Available at North End Puzzle Station and By Request 9 10:00 Mobile Activity Cart 2:30 Scent-Sational Lotion Lab	Puzzles and More Available at North End Puzzle Station and By Request 10 10:00 Strolling Flutist-7th floor 10:00 OLLI- Iwo Jima - Jerry Davis Ch. 81 11:00 Strolling Flutist- 8th floor 11:00 Group Exercise with Therapy 2:00 Bingo w/ Brittany – 8th Floor	Puzzles and More Available at North End Puzzle Station and By Request 11 10:00 Mobile Activity Cart 10:00 One on One Visits 12:00 Lunch with Live Music – 8th Floor 1:30 Movie Matinee: You, Me & Tuscany Ch.81 2:30 Cinema Hour	Puzzles and More Available at North End Puzzle Station and By Request 12
Puzzles and More Available at North End Puzzle Station and By Request Grandparents Day 13 9:30 Worship Service 11:00 Worship Services live Streaming from the Point Channel 81 7:20 Cowboys at New York Giants - NBC	Puzzles and More Available at North End Puzzle Station and By Request 14 3:00 Strolling Accordion	Puzzles and More Available at North End Puzzle Station and By Request 15 10:00 Mobile Activity Cart 10:00 OLLI- What Is Artificial Intelligence? Ch. 81 11:00 Group Exercise with Therapy 1:00 Music Therapy Room Visits- 7th Floor 2:00 In-Room Reiki Sessions with Anna – Call 972-977-7012 to Schedule	Puzzles and More Available at North End Puzzle Station and By Request 16 10:00 Mobile Activity Cart 2:30 Groovy Creations	Puzzles and More Available at North End Puzzle Station and By Request 17 10:00 OLLI- Casablanca Ch.81 11:00 Group Exercise with Therapy 2:00 Bingo w/ Brittany – 8th Floor	Puzzles and More Available at North End Puzzle Station and By Request 18 10:00 Mobile Activity Cart 10:00 One on One Visits 1:30 Movie Matinee: Leatherheads Ch.81 2:30 Cinema Hour 3:30 Meet the Artist: Margo Miller	Puzzles and More Available at North End Puzzle Station and By Request 19
Puzzles and More Available at North End Puzzle Station and By Request 20 9:30 Worship Service 11:00 Worship Services live Streaming from the Point Channel 81 3:25 Dallas Cowboys vs Washington Commanders - FOX (CH. 56,400 or 401)	Puzzles and More Available at North End Puzzle Station and By Request 21	Puzzles and More Available at North End Puzzle Station and By Request First Day of Fall 22 10:00 Mobile Activity Cart 10:00 OLLI- Poetry Villanelles Ch. 81 11:00 Group Exercise with Therapy 1:00 Music Therapy Room Visits- 8th Floor 1:00 Music Therapy Room Visits- 7th Floor 2:00 In-Room Reiki Sessions with Anna – Call 972-977-7012 to Schedule	Puzzles and More Available at North End Puzzle Station and By Request 23 10:00 Mobile Activity Cart 2:30 Wednesday Watch Party	Puzzles and More Available at North End Puzzle Station and By Request 24 10:00 OLLI- A Daughter's Life in the Shadow of the Holocaust Ch.81 11:00 Group Exercise with Therapy 2:00 Bingo w/ Brittany – 8th Floor	Puzzles and More Available at North End Puzzle Station and By Request 25 10:00 Mobile Activity Cart 10:00 One on One Visits 12:00 Lunch with Live Music – 8th Floor 1:00 Strolling Accordion with Mike Frankel 1:30 Movie Matinee: Voicemails for Isabelle Ch.81 2:30 Cinema Hour	Puzzles and More Available at North End Puzzle Station and By Request 26
Puzzles and More Available at North End Puzzle Station and By Request 27 9:30 Worship Service 11:00 Worship Services live Streaming from the Point Channel 81 3:25 Dallas Cowboys vs Baltimore Ravens - CBS (Ch. 315)	Puzzles and More Available at North End Puzzle Station and By Request 28	Puzzles and More Available at North End Puzzle Station and By Request 29 10:00 Mobile Activity Cart 10:00 OLLI- The Future of NASA Ch.81 11:00 Group Exercise with Therapy 2:00 In-Room Reiki Sessions with Anna – Call 972-977-7012 to Schedule	Puzzles and More Available at North End Puzzle Station and By Request 30 10:00 Mobile Activity Cart	Reiki Session with Anna Offered the last three Tuesdays of each month Call 972-977-7012 to schedule	Group Therapy every Tuesday & Thursday at 11:00am OLLI Classess every Tuesday & Thursday at 10:00AM at The Point! Can't make it in person? Classes are also streaming live on Channel 81.	