

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Be sure to explore all of our live-stream options available on our in-house TV station, Channel 81! For detailed descriptions of each offering, please refer to your Lifestyle Guide. OLLI Classes every Tuesday & Thursday at 10:00 AM at The Point! Can't make it in person? Classes are also streaming live on Channel 81.		9:30 Terrific Tuesday Fitness (HMP) 1 10:00 The Chosen Series w/ Rev. Raelynn (9FL) 10:00 OLLI- Iconoclast of Modern Art Ch.81 (PON) 2:00 Drumba w/ Tammy (HMP) 2:30 Walk & Roll w/ Tammy (HMP) 3:00 Rummikub Group (HAR)	9:30 Tammy's Fun/Fitness Class (HMP) 2 10:45 Table Talk w/ John Hill (9FL) 1:00 Rock Steady Boxing w/ Tammy (9FL) 2:00 Lights, Camera, SHOWTIME! (HMP)	10:00 Tina's Fitness Challenge (HMP) 3 1:30 Harris Jewelry Repair (PL) 2:00 Men's Social w/ John Hill (9FL) 2:00 Crafty Corner w/ Janet-Making Paper Birds (HAR)	9:30 Ross Poldark Experience (HMP) 4 10:15 Memory Triominos Game (HAR) 1:30 Movie Matinee: Project Hail Mary Ch. 81 (CH81) 2:00 Falling Leaves BINGO! (9FL)	11:00 Saturday Fitness w/ Ruth (9FL) 5 3:00 Rummikub Group (HAR)
9:30 Worship Service (CC) 6 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Silver Screen Sunday-Mrs. Doubtfire (9FL)	Labor Day 7 2:30 Hearts For Sharon Bridge (HMP) 	9:30 Terrific Tuesday Fitness (HMP) 8 10:00 The Chosen Series w/ Rev. Raelynn (9FL) 10:00 OLLI- Dress at the Intersections of Quilting Ch. 81 (PON) 2:00 Drumba w/ Tammy (HMP) 2:30 Walk & Roll w/ Tammy (HMP) 3:00 Rummikub Group (HAR)	9:30 Tammy's Fun/Fitness Class (HMP) 9 10:00 Food Committee Meeting (HAR) 10:45 Table Talk w/ John Hill (9FL) 1:00 Rock Steady Boxing w/ Tammy (9FL) 2:00 Lights, Camera, SHOWTIME! (HMP) 4:00 Caregiver Support (9FL)	10:00 Tina's Fitness Challenge (HMP) 10 10:00 OLLI- Iwo Jima - Jerry Davis Ch. 81 (CH81) 2:00 Men's Social w/ John Hill (9FL) 2:00 Painting w/ David Schultz (HAR) 4:45 Dinner Piano w/ Don (HDR)	9:30 Ross Poldark Experience (HMP) 11 10:15 Memory Triominos Game (HAR) 1:30 Movie Matinee: You, Me & Tuscany Ch.81 (CH81) 2:00 Cheers to Fall Y'all w/ The Kings of the Road (HDR) 	11:00 Saturday Fitness w/ Ruth (9FL) 12 2:00 Games with YMSL (HAR) 3:00 Rummikub Group (HAR)
Grandparents Day 13 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Silver Screen Sunday-Pearl Harbor Part 1 (9FL) 7:20 Cowboys at New York Giants - NBC (TV)	9:30 Bible Study w/ Rev. Allison (HAR) 14 10:30 Current Events w/ Randy Mayeux (9FL) 2:00 Movement & Music w/ Tammy (9FL) 2:30 Hearts For Sharon Bridge (HMP) 2:30 Memory Triomino's w/ Janet (HAR)	9:30 Terrific Tuesday Fitness (HMP) 15 10:00 The Chosen Series w/ Rev. Raelynn (9FL) 10:00 OLLI- What Is Artificial Intelligence? Ch. 81 (PON) 3:00 Rummikub Group (HAR) 4:45 Piano with Russ Rieger (HDR)	9:30 Tammy's Fun/Fitness Class (HMP) 16 10:45 Table Talk w/ John Hill (9FL) 1:00 Rock Steady Boxing w/ Tammy (9FL) 2:00 Lights, Camera, SHOWTIME! (HMP) 4:45 Piano w/ Russ Rieger (HDR)	10:00 Tina's Fitness Challenge (HMP) 17 10:00 OLLI- Casablanca Ch.81 (CH81) 1:30 Outing -Dallas Arboretum (OC) 2:00 Men's Social w/ John Hill (9FL)	9:30 Ross Poldark Experience (HMP) 18 10:15 Memory Triominos Game (HAR) 12:30 Women's Voter Leage Volunteers (HSL) 1:30 Movie Matinee: Leatherheads Ch.81 (CH81) 3:30 Meet the Artist: Margo Miller (V2GA)	11:00 Saturday Fitness w/ Ruth (9FL) 19 3:00 Rummikub Group (HAR)
9:30 Worship Service (CC) 20 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Silver Screen Sunday-Pearl Harbor Part 2 (9FL) 3:25 Dallas Cowboys vs Washington Commanders - FOX (CH. 56,400 or 401) (TV)	9:30 Bible Study w/ Rev. Allison (HAR) 21 2:00 Movement & Music w/ Tammy (9FL) 2:30 Hearts For Sharon Bridge (HMP) 2:30 Memory Triomino's w/ Janet (HAR)	First Day of Fall 22 9:30 Terrific Tuesday Fitness (HMP) 10:00 The Chosen Series w/ Rev. Raelynn (9FL) 10:00 OLLI- Poetry Villanelles Ch. 81 (PON) 1:30 Target Shopping - Outing (HSL) 2:00 Drumba w/ Tammy (HMP) 3:00 Rummikub Group (HAR) 3:30 Richard Stanford Book Review (A)	9:30 Tammy's Fun/Fitness Class (HMP) 23 10:45 Table Talk w/ John Hill (9FL) 1:00 Rock Steady Boxing w/ Tammy (9FL) 2:00 Safe Harbor Men's Group (HILL) 2:00 Lights, Camera, SHOWTIME! (HMP)	10:00 Tina's Fitness Challenge (HMP) 24 10:00 OLLI- A Daughter's Life in the Shadow of the Holocaust Ch.81 (CH81) 2:00 Men's Social w/ John Hill (9FL) 2:00 Travelogue-Mexico-Limited Seating (HAR)	9:30 Ross Poldark Experience (HMP) 25 10:15 Memory Triominos Game (HAR) 1:30 Movie Matinee: Voicemails for Isabelle Ch.81 (CH81) 2:00 Stick w/ It Class w/ Janet (HAR) 2:30 Facebook Shares (HAR)	11:00 Saturday Fitness w/ Ruth (9FL) 26 3:00 Rummikub Group (HAR)
9:30 Worship Service (CC) 27 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Silver Screen Sunday-Annie (9FL) 3:25 Dallas Cowboys vs Baltimore Ravens - CBS (Ch. 315) (TV)	9:30 Bible Study w/ Rev. Allison (HAR) 28 2:00 Movement & Music w/ Tammy (9FL) 2:30 Hearts For Sharon Bridge (HMP) 2:30 Memory Triomino's w/ Janet (HAR) 3:00 FOOTBALL SZN KICK OFF! (HAR)	9:30 Terrific Tuesday Fitness (HMP) 29 10:00 The Chosen Series w/ Rev. Raelynn (9FL) 10:00 OLLI- The Future of NASA Ch.81 (PON) 2:00 Drumba w/ Tammy (HMP) 2:30 Walk & Roll w/ Tammy (HMP) 3:00 Rummikub Group (HAR)	9:30 Tammy's Fun/Fitness Class (HMP) 30 10:45 Table Talk w/ John Hill (9FL) 1:00 Rock Steady Boxing w/ Tammy (9FL) 2:00 Park & Chat Discussion Group (9FL) 2:00 Safe Harbor Men's Group (HILL) 2:00 Lights, Camera, SHOWTIME! (HMP)	Dimensions Of Wellness Legend Social Intellectual Physical Emotional Spiritual Environmental		
			Locations Legend Hillside Multi-Purpose Room (HMP) 9th Floor Activity Room (9FL) Hillside Activity Room (HAR) Channel 81 (CH81) The Point (PON) Christ Chapel (CC) Hillside Dining Room (HDR) TV (TV) Hillside Lobby (HSL) Hillside Activity Room (HILL) Point Lobby (PL) Off Campus (OC) Vista 2 Gallery (V2GA) Auditorium (A)			