CC YOUNG
SENIOR LIVING

Vista 6 Activities

July 2026
CC Young

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Be sure to explore all of our live-stream options available on our in-house TV station, Channel 81! For detailed descriptions of each offering, please refer to your Lifestyle Guide. OLLI Classes every Tuesday & Thursday at 10:00 AM at The Point! Can't make it in person? Classes are also streaming live on Channel 81.			**1** 10:00 Patriotic Concert in Christ Chapel 10:00 Stars, Stripes and Sparkle- 250 Years of Freedom 2:00 Rummikub 3:30 Wine Down Wednesdays (And Soda too) 7:00 USA World Cup Soccer	**2** 9:30 The Morning Stretch 10:00 OLLI Class "Hwaet!" Channel 81 10:00 Craft: Painted Pots 2:00 Bingo 3:00 Concession Cart: 4th of July Drink	**3** **Honor Off** 10:30 One on One Visits 2:00 Movie Matinee: Top Gun	**4** **Happy Birthday Nadine! Independence Day** 10:00 Board Games
5 9:30 Puzzles and Games 9:30 Worship Service 11:00 Worship Services live Streaming from the Point Channel 81	**6** 9:30 The Morning Chat 10:00 Round Table Talk with John Hill 11:00 Word of the Day 2:00 Bible Study 3:30 Manicures Mondays with Honor in Activity Room	**7** 9:30 Rhythm and Movement with Tammy 10:00 OLLI Class "Great Waltezes" Channel 81 10:00 For The Love of Art with Wolford 2:00 Dominoes 3:00 Adult Coloring	**8** 10:00 Daily Exercise with Heidi 10:30 One on One Visits 11:00 Worship Service 1:00 Bingo 3:30 Wine Down Wednesdays (And Soda too)	**9** 9:30 Cooking: Home made Cheese Bread 10:00 OLLI Class "Turkey Vultures" Channel 81 10:00 Brain Games 11:00 Sing Along with Russ 2:30 Entertainer: Robin Willis	**10** 10:00 Daily Exercise with Heidi 10:30 One on One Visits 11:00 Flower Arranging 2:00 Fourth Quarter Club 2:00 Movie Matinee Netflix Comedy/Drama "Jay Kelly" 3:00 The Concession Cart	**11** 10:00 Board Games 11:00 Books for Borrowing
12 9:30 Puzzles and Games 9:30 Worship Service 11:00 Worship Services live Streaming from the Point Channel 81	**13** 9:30 The Morning Chat 10:00 Round Table Talk with John Hill 11:00 Word of the Day 2:00 Bible Study 3:30 Manicures Mondays with Honor in Activity Room	**14** 9:30 Rhythm and Movement with Tammy 10:00 Oyster Shell Craft 10:00 OLLI Class "The History of the White House" Channel 81 11:00 Trivia 1:30 In Room Reiki Session with Anna 2:00 Pansy Craft with Sherry 3:00 Table Games	**15** 10:00 Daily Exercise with Heidi 10:00 Make Red White and Blue Cookies and Fruit Cups 10:30 One on One Visits 11:00 Worship Service 2:00 July Birthday Party 3:00 Bingo	**16** 9:30 The Morning Stretch 10:00 Arts & Crafts Classes David Schulze 10:00 OLLI Class "Jane Austen's" Channel 81 2:00 Craft: Star Painting 3:00 Table Games	**17** 10:00 Daily Exercise with Heidi 10:00 Craft: Poppy Painting 10:30 One on One Visits 2:00 Fourth Quarter Club 2:00 Movie Matinee: 1969 Western/Drama "True Grit" Netflix 3:00 The Concession Cart	**18** 10:00 Board Games
19 9:30 Puzzles and Games 9:30 Worship Service 11:00 Worship Services live Streaming from the Point Channel 81	**20** 9:30 The Morning Chat 10:00 Round Table Talk with John Hill 11:00 Word of the Day 2:00 Bible Study 3:30 Manicures Mondays with Honor in Activity Room	**21** 9:30 Rhythm and Movement with Tammy 10:00 OLLI Class "The Doolittle" Channel 81 1:30 In Room Reiki Session with Anna 2:00 Cooking: Fruit Smoothies 3:00 Adult Coloring	**22** 10:00 Daily Exercise with Heidi 10:30 One on One Visits 11:00 Worship Service 1:30 Current Events with Randy Mayux 3:30 Wine Down Wednesdays (And Soda too)	**23** 9:30 The Morning Stretch 10:00 OLLI Class "Matilda" Channel 81 10:00 Sailboat Painting 2:00 Who What When Where 2:00 Bingo 3:00 Karaoke	**24** 10:00 Daily Exercise with Heidi 10:30 One on One Visits 1:00 Texas Winds 2:00 Fourth Quarter Club 2:00 Movie Matinee: Prime Drama "Dead Poets Society" 3:00 The Concession Cart	**25** 10:00 Board Games 11:00 Books for Borrowing 2:00 Book Club
26 **Happy Birthday Charles!** 9:30 Puzzles and Games 9:30 Worship Service 11:00 Worship Services live Streaming from the Point Channel 81	**27** 9:00 UT Dallas Hearing Clinic 9:30 Morning Exercise with Honor 10:00 Arm Chair Travel 11:00 Word of the Day 2:00 Bible Study 2:30 Entertainer: Marty Ruiz	**28** 9:30 Rhythm and Movement with Tammy 10:00 OLLI Class "Artificial Intelligence" Channel 81 10:00 Resident Council 1:30 In Room Reiki Session with Anna 2:00 Entertainer: Class Act Tap 3:00 Adult Coloring	**29** 10:00 Daily Exercise with Heidi 10:30 One on One Visits 11:00 Worship Service 2:00 Rummikub 3:30 Wine Down Wednesdays (And Soda too)	**30** 9:30 The Morning Stretch 10:00 OLLI Class "Presidential Trivia" Channel 81 10:00 Craft: Hydrangea Painting 2:00 Town Hall 3:00 Bingo	**31** **Honor Off** 10:00 Daily Exercise with Heidi 10:30 One on One Visits 2:00 Fourth Quarter Club 2:00 Movie Matinee: Prime Drama "The Book Thief" 3:00 The Concession Cart	<u>Dimensions Of Wellness Legend</u> Social Intellectual Emotional Spiritual Physical Environmental Vocational