

 CC YOUNG SENIOR LIVING  Rehab Activities Life Enrichment is happy to provide the following upon request: • Reading Materials • Word Games, Art Supplies & Puzzles • Note Cards/Stationary • Pastoral Support Referral • CCY Lifestyle Guide for in house TV programming Call:469-849-3963 						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend 8th Floor (8fl) Room to Room (R2R) Channel 81 (CH81) Christ Chapel (CC) The Point (PON)	Be sure to explore all of our live-stream options available on our in-house TV station, Channel 81! For detailed descriptions of each offering, please refer to your Lifestyle Guide.	Group Therapy every Tuesday & Thursday at 11:00am  OLLI Classes every Tuesday & Thursday at 10:00 AM at The Point! Can't make it in person? Classes are also streaming live on Channel 81.	Puzzles and More Available at North End Puzzle Station and By Request 10:00 Mobile Activity Cart (R2R) 10:00 Stars, Stripes and Sparkle- 250 Years of Freedom (CC) 2:00 Wreath Making (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 OLLI Class "Hwaet!" Channel 81 (CH81) 11:00 Group Exercise with Therapy (8fl) 2:00 Bingo w/ Brittany 8th Fl (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 Mobile Activity Cart (R2R) 10:30 One on One Visits (R2R) 2:30 Cinema Hour (8fl)	Puzzles and More Available at North End Puzzle Station and By Request Independence Day 
Puzzles and More Available at North End Puzzle Station and By Request 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81)	Puzzles and More Available at North End Puzzle Station and By Request 2:30 Game Day (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 Mobile Activity Cart (R2R) 10:00 OLLI Class "Great Waltezes" Channel 81 (PON) 11:00 Group Exercise with Therapy (8fl) 3:30 Music Therapy Room Visits-7th Floor (R2R)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 Mobile Activity Cart (R2R)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 Strolling Flutist-7th floor (R2R) 10:00 OLLI Class "Turkey Vultures" Channel 81 (CH81) 11:00 Strolling Flutist- 8th floor (R2R) 11:00 Group Exercise with Therapy (8fl) 2:00 Bingo w/ Brittany 8th Fl (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 Mobile Activity Cart (R2R) 10:30 One on One Visits (R2R) 11:00 Flower Arranging (8fl) 2:30 Cinema Hour (8fl)	Puzzles and More Available at North End Puzzle Station and By Request
Puzzles and More Available at North End Puzzle Station and By Request 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81)	Puzzles and More Available at North End Puzzle Station and By Request 2:00 Junk Hats (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 Mobile Activity Cart (R2R) 10:00 OLLI Class "The History of the White House" Channel 81 (PON) 11:00 Group Exercise with Therapy (8fl) 2:00 In Room Reiki Sessions with Anna- 972-977-7012 to schedule (R2R) 2:00 Music Therapy Room Visits- 8th Floor (8fl) 3:30 Music Therapy Room Visits-7th Floor (R2R)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 Mobile Activity Cart (R2R) 2:30 Wednesday Watch Party (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 OLLI Class "Jane Austen's" Channel 81 (CH81) 11:00 Group Exercise with Therapy (8fl) 2:00 All Star Bingo w/ Brittany 8th Fl (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 Mobile Activity Cart (R2R) 10:30 One on One Visits (R2R) 2:30 Cinema Hour (8fl)	Puzzles and More Available at North End Puzzle Station and By Request
Puzzles and More Available at North End Puzzle Station and By Request 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81)	Puzzles and More Available at North End Puzzle Station and By Request 2:30 Game Day (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 Mobile Activity Cart (R2R) 10:00 OLLI Class "The Doolittle" Channel 81 (PON) 11:00 Group Exercise with Therapy (8fl) 2:00 In Room Reiki Sessions with Anna- 972-977-7012 to schedule (R2R) 3:30 Music Therapy Room Visits-7th Floor (R2R)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 Mobile Activity Cart (R2R)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 OLLI Class "Matilda" Channel 81 (CH81) 11:00 Group Exercise with Therapy (8fl) 2:00 Bingo w/ Brittany 8th Fl (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 Mobile Activity Cart (R2R) 10:30 One on One Visits (R2R) 2:30 Cinema Hour (8fl)	Puzzles and More Available at North End Puzzle Station and By Request
Puzzles and More Available at North End Puzzle Station and By Request 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81)	Puzzles and More Available at North End Puzzle Station and By Request	Puzzles and More Available at North End Puzzle Station and By Request 10:00 Mobile Activity Cart (R2R) 10:00 Music Therapy Room Visits- 8th Floor (8fl) 10:00 OLLI Class "Artificial Intelligence" Channel 81 (PON) 11:00 Group Exercise with Therapy (8fl) 2:00 In Room Reiki Sessions with Anna- 972-977-7012 to schedule (R2R) 3:30 Music Therapy Room Visits-7th Floor (R2R)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 Mobile Activity Cart (R2R) 2:30 Wednesday Watch Party (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 OLLI Class "Presidential Trivia" Channel 81 (CH81) 11:00 Group Exercise with Therapy (8fl) 2:00 Bingo w/ Brittany 8th Fl (8fl)	Puzzles and More Available at North End Puzzle Station and By Request 10:00 Mobile Activity Cart (R2R) 10:30 One on One Visits (R2R) 2:30 Cinema Hour (8fl)	Reiki Session with Anna Offered the last three Tuesdays of each month Call 972-977-7012 to schedule