



# Memory Care Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Dimensions Of Wellness Legend</b></p> <ul style="list-style-type: none"> <li><span style="color: red;">■</span> Emotional</li> <li><span style="color: blue;">■</span> Physical</li> <li><span style="color: green;">■</span> Social</li> <li><span style="color: yellow;">■</span> Environmental</li> <li><span style="color: cyan;">■</span> Intellectual</li> <li><span style="color: magenta;">■</span> Spiritual</li> <li><span style="color: black;">■</span> Vocational</li> </ul>	<p><i>Reiki Session with Anna</i> Offered the last three Tuesdays of each month Call 972-977-7012 to schedule</p>	<p><b>OLLI Classes every Tuesday &amp; Thursday at 10:00 AM at The Point! Can't make it in person? Classes are also streaming live on Channel 81.</b></p>	<ul style="list-style-type: none"> <li>9:45 Devotionals with Ministry Team</li> <li>10:00 Kathy's Cranium Crunch</li> <li>10:00 Stars, Stripes and Sparkle- 250 Years of Freedom</li> <li>10:45 Refresh and Refuel</li> <li>11:00 Heart &amp; Sole</li> <li>12:00 July 4th Cook Out-Music w/ Sam Baker</li> <li>2:30 Afternoon Cinema: Yankee Doodle Dandy</li> <li>3:00 Tunes and Melodies</li> <li>4:00 Balloon-Noodle Ball w/CNA's</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Patricia's Sole Mates- Walking Group</li> <li>10:00 Singin' with Russ &amp; Fran</li> <li>10:00 OLLI Class "Hwaet!" Channel 81</li> <li>10:45 Refresh and Refuel</li> <li>11:00 Music Therapy</li> <li>2:00 The PM Pick-Me-Up</li> <li>2:30 Crafty Corner: Firework Painting</li> <li>3:00 Tunes and Melodies</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Morning Affirmations</li> <li>10:45 Refresh and Refuel</li> <li>11:00 Exercise with Heidi</li> <li>2:30 Drive In Movie: The Music Man</li> <li>3:00 Tunes and Melodies</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>	<p><b>Independence Day</b></p> <ul style="list-style-type: none"> <li>2:30 Saturday Manitee</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>
<ul style="list-style-type: none"> <li>11:00 Worship Services live Streaming from the Point Channel 81</li> <li>2:30 YMSL Game Day</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Patricia's Sole Mates- Walking Group</li> <li>10:00 Move &amp; Groove w/ Tammy</li> <li>10:45 Refresh and Refuel</li> <li>11:00 Brain Games: Finish the Phrase</li> <li>2:00 The PM Pick-Me-Up</li> <li>2:30 Drive In Movie: Meet Me in St.Louis</li> <li>3:00 Tunes and Melodies</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Patricia's Sole Mates- Walking Group</li> <li>10:00 Music Therapy</li> <li>10:00 OLLI Class "Great Waltezes" Channel 81</li> <li>10:45 Refresh and Refuel</li> <li>11:00 This Day in History: Daily Chronicles</li> <li>2:00 The PM Pick-Me-Up</li> <li>2:30 The Cozy Kitchen: Watermelon Social</li> <li>3:00 Tunes and Melodies</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>	<ul style="list-style-type: none"> <li>9:45 Devotionals with Ministry Team</li> <li>10:00 Kathy's Cranium Crunch</li> <li>10:45 Refresh and Refuel</li> <li>11:00 Heart &amp; Sole</li> <li>2:30 Afternoon Cinema: Old Yeller</li> <li>3:00 Tunes and Melodies</li> <li>4:00 Balloon-Noodle Ball w/CNA's</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Patricia's Sole Mates- Walking Group</li> <li>10:00 Singin' with Russ &amp; Fran</li> <li>10:00 OLLI Class "Turkey Vultures" Channel 81</li> <li>10:45 Refresh and Refuel</li> <li>11:00 Music Therapy</li> <li>2:00 The PM Pick-Me-Up</li> <li>2:30 Crafty Corner: Tissue Paper collages</li> <li>3:00 Tunes and Melodies</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Morning Affirmations</li> <li>10:00 Live Entertainment: Robin Willis</li> <li>10:45 Refresh and Refuel</li> <li>11:00 Exercise with Heidi</li> <li>1:00 Texas Winds</li> <li>2:30 Drive In Movie: Father of the Bride</li> <li>3:00 Tunes and Melodies</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>	<ul style="list-style-type: none"> <li>2:30 Saturday Manitee</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>
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<ul style="list-style-type: none"> <li>11:00 Worship Services live Streaming from the Point Channel 81</li> <li>2:30 YMSL Game Day</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Patricia's Sole Mates- Walking Group</li> <li>10:00 Move &amp; Groove w/ Tammy</li> <li>10:45 Refresh and Refuel</li> <li>11:00 Brain Games: What's Missing?</li> <li>2:00 The PM Pick-Me-Up</li> <li>2:30 Drive In Movie: Big</li> <li>3:00 Tunes and Melodies</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Patricia's Sole Mates- Walking Group</li> <li>10:00 Music Therapy</li> <li>10:00 OLLI Class "The Doolittle" Channel 81</li> <li>10:45 Refresh and Refuel</li> <li>11:00 This Day in History: 1950s Drive-In Movie Night</li> <li>2:00 The PM Pick-Me-Up</li> <li>2:30 Ice Cream Bar</li> <li>3:00 Tunes and Melodies</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>	<ul style="list-style-type: none"> <li>9:45 Devotionals with Ministry Team</li> <li>10:00 Kathy's Cranium Crunch</li> <li>10:45 Refresh and Refuel</li> <li>11:00 Heart &amp; Sole</li> <li>2:30 Afternoon Cinema</li> <li>3:00 Tunes and Melodies</li> <li>4:00 Balloon-Noodle Ball w/CNA's</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Patricia's Sole Mates- Walking Group</li> <li>10:00 Singin' with Russ &amp; Fran</li> <li>10:00 OLLI Class "Matilda" Channel 81</li> <li>10:45 Refresh and Refuel</li> <li>11:00 Music Therapy</li> <li>2:00 The PM Pick-Me-Up</li> <li>2:30 Crafty Corner: Indoor Gardening</li> <li>3:00 Tunes and Melodies</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Morning Affirmations</li> <li>10:00 Live Entertainment: David Donahue</li> <li>10:45 Refresh and Refuel</li> <li>11:00 Exercise with Heidi</li> <li>2:30 Drive In Movie: The Little Rascals</li> <li>3:00 Tunes and Melodies</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>	<ul style="list-style-type: none"> <li>10:00 YMSL Host Bingo</li> <li>2:30 Saturday Manitee</li> <li>6:00 Outdoor Breeze-weather permitting</li> </ul>
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