

CC Y CC Y CC YOUNG SENIOR LIVING  Vista 6 Activities AUGUST						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Be sure to explore all of our live-stream options available on our in-house TV station, Channel 81! For detailed descriptions of each offering, please refer to your Lifestyle Guide. OLLI Classes every Tuesday & Thursday at 10:00 AM at The Point! Can't make it in person? Classes are also streaming live on Channel 81.		Dimensions Of Wellness Legend Social Intellectual Emotional Spiritual Physical Environmental Vocational	Locations Legend 6th FL Vista (6th) Activity Room (AR) Room to Room (R2R) Channel 81 (CH81) Christ Chapel (CC) The Point (PON) 9th Floor Activity Room (9FL)			10:00 Board Games (AR) 1
9:30 Puzzles and Games (AR) 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2	9:30 Morning Exercise with Honor (AR) 10:00 Craft: Peace Dove Picture (AR) 11:00 Word of the Day (AR) 2:00 "What The Cross means to you" Painting (6th) 3:30 Manicures Mondays with Honor in Activity Room (AR) 3	9:30 Rhythm and Movement with Tammy (AR) 10:00 OLLI Class Channel 81 (PON) 10:00 Craft: Coaster "Quilt" (6th) 2:30 Entertainer: Joley Renee (6th) 4	10:00 Chair Exercise with Tina (6th) 10:30 One on One Visits (R2R) 11:00 Worship Service (AR) 2:00 Craft: Summer Center Pieces (6th) 3:30 Wine Down Wednesdays (And Soda too) (R2R) 5	Honor Off 9:00 UT Dallas Hearing Clinic (6th) 9:30 The Morning Stretch (6th) 10:00 OLLI Channel 81 "Planning Ahead" (CH81) 2:00 Table Games (AR) 3:00 Adult Coloring (6th) 6	Honor Off 10:30 One on One Visits (R2R) 11:00 BINGO with Anne Bentley (AR) 1:00 Chair Exercis with Tina (6th) 1:30 Women of the Bible with Raelynn (6th) 1:30 Movie Matinee: Song Sung Blue Ch. 81 (CH81) 2:30 Movie Matinee: NetFlix Drama/Musical "Song Sung Blue" (6th) 7	10:00 Board Games (AR) 11:00 Books for Borrowing (R2R) 8
9:30 Puzzles and Games (AR) 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 9	9:30 The Morning Chat (AR) 10:00 Round Table Talk with John Hill (AR) 11:00 Word of the Day (AR) 2:00 Bible Study with Allison (6th) 3:30 Manicures Mondays with Honor in Activity Room (AR) 10	9:30 Rhythm and Movement with Tammy (AR) 10:00 For The Love of Art with Woford (6th) 10:00 OLLI Class Channel 81 (PON) 11:00 Summer Trivia (AR) 1:30 In Room Reiki Session with Anna (6th) 2:00 Table Games: Crazy Eights (6th) 3:00 August Birthday Celebration (6th) 11	10:00 Chair Exercise with Tina (AR) 10:30 One on One Visits (R2R) 11:00 Worship Service (AR) 2:00 Rummikub (6th) 3:30 Wine Down Wednesdays (And Soda too) (R2R) 12	9:30 The Morning Stretch (6th) 10:00 Bird Collage (6th) 11:00 Sing Along with Russ (AR) 2:00 Visit 4th Floor For Bingo (6th) 13	10:09 Brain Games (6th) 10:30 One on One Visits (R2R) 11:00 Flower Arranging (AR) 1:00 Chair Exercis with Tina (6th) 1:30 Women of the Bible with Raelynn (6th) 2:30 Movie Matinee: Prime Drama "Titanic" Part One (6th) 3:00 The Concession Cart (R2R) 14	10:00 Board Games (AR) 11:00 Books for Borrowing (R2R) 15
9:30 Puzzles and Games (AR) 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 16	9:30 The Morning Chat (AR) 10:00 Round Table Talk with John Hill (AR) 11:00 Word of the Day (AR) 1:30 Movie Matinee: Leaving Tracks Ch. 81 (CH81) 2:00 Bible Study with Allison (6th) 3:00 Decorate for Beach Party (6th) 17	Beach Party! Wear Something Colorful! 9:30 Rhythm and Movement with Tammy (AR) 10:00 OLLI Class Channel 81 (PON) 1:30 In Room Reiki Session with Anna (6th) 2:00 Snow Cone Fun! (6th) 3:00 Entertainer: Sam Baker Beach Party Fun! (6th) 18	10:00 Chair Exercise with Tina (AR) 10:30 One on One Visits (R2R) 11:00 Worship Service (AR) 2:00 Rummikub (6th) 3:30 Wine Down Wednesdays (And Soda too) (R2R) 19	9:30 The Morning Stretch (6th) 10:00 Arts & Crafts Classes David Schulze (AR) 10:00 OLLI Channel 81 "Planning Ahead" (CH81) 2:00 Mexican Train with Sherry (AR) 3:00 Bingo (AR) 20	10:00 Craft: Cosmic Leaf Painting (6th) 10:30 One on One Visits (R2R) 1:00 Chair Exercis with Tina (6th) 1:30 Women of the Bible with Raelynn (6th) 2:30 Movie Matinee: Prime Drama "Titanic" Part Two (6th) 3:00 The Concession Cart (R2R) 21	10:00 Board Games (AR) 11:00 Books for Borrowing (R2R) 22
9:30 Puzzles and Games (AR) 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 23	9:30 The Morning Chat (AR) 10:00 Round Table Talk with John Hill (AR) 11:00 Word of the Day (AR) 2:00 Bible Study with Allison (6th) 3:00 Resident Council (AR) Resident Council MEETING 24	9:30 Rhythm and Movement with Tammy (AR) 10:00 OLLI Class Channel 81 (PON) 10:00 Cooking Class at The Point (AR) 10:00 Craft with Sherry (6th) 1:30 In Room Reiki Session with Anna (6th) 2:00 Book Club (6th) 25	10:00 Chair Exercise with Tina (6th) 10:30 One on One Visits (R2R) 11:00 Worship Service (AR) 2:00 Park N' Chat 9th Floor Activity Room (9FL) 2:00 Rummikub (6th) 3:30 Wine Down Wednesdays (And Soda too) (R2R) 26	Honor Off (6th) 9:30 The Morning Stretch (6th) 10:00 Craft: Summer Bee Sunflower Painting (6th) 10:00 OLLI Channel 81 "Planning Ahead" (CH81) 2:00 Town Hall (AR) 3:00 Bingo (AR) 27	Honor Off (6th) 10:30 One on One Visits (R2R) 1:00 Chair Exercis with Tina (6th) 1:30 Women of the Bible with Raelynn (6th) 1:30 Movie Matinee: The Sheep Detective Ch. 81 (CH81) 2:30 Movie Matinee: Prime Rom/Com "The Princess Bride" (6th) 28	10:00 Board Games (AR) 2:30 BINGO with YMSL (6th) 29
9:30 Puzzles and Games (AR) 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 30	Honor Off (6th) 9:30 The Morning Chat (AR) 10:00 Round Table Talk with John Hill (AR) 2:00 Bible Study with Allison (6th) 31	Reiki Session with Anna Offered the last three Tuesdays of each month Call 972-977-7012 to schedule				