

Assisted Living PATHWAYS Activities				August 2026 CC Young		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<u>Dimensions Of Wellness Legend</u> Social Spiritual Physical Intellectual Emotional Environmental	Questions And Concerns: Please Contact Eriea Jacobs O:214-874-7451 E:erjacobs@ccyoung.org				7:30 Breakfast (HDR) 11:00 Lunch (HDR) 4:00 Music w/ Abe Glazer (HDR)
7:30 Breakfast (HDR) 9:30 Worship Service (CC) 11:00 Lunch (HDR) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Movie Matinee-The Bodyguard (9FL) 2	7:30 Breakfast (HDR) 9:30 Bible Study w/ Rev. Allison (9FL) 10:30 Current Events w/ Randy Mayeux (9FL) 11:00 Lunch (HDR) 2:00 Movement & Music w/ Tammy (9FL) 2:00 Centennial Birthday Party w/ Ruth Turner (HMP) 3:00 CC Young Art Project (HAR) 3	7:30 Breakfast (HDR) 9:30 Morning Fitness 10:00 The Chosen Series w/ Rev. Raelynn (HMP) 11:00 Lunch (HDR) 1:30 Mailbox Check (HSL) 2:00 Happy Hour Birthday Bash w/ "Kings of the Road" (HDR) 3:00 Drumba w/ Tammy (HMP) 3:30 Walk & Roll w/ Tammy (HMP) 4	7:30 Breakfast (HDR) 9:30 Exercise w/ Tammy (HMP) 10:45 Table Talk w/ John Hill (9FL) 11:00 Lunch (HDR) 2:00 Theater Hour (HMP) 2:00 New Program! Safe Harbor Men's Group (HAR) 5	7:30 Breakfast (HDR) 10:00 New Exercise Class w/ Tina Jefferies (HMP) 11:00 Lunch (HDR) 1:30 Music Therapy w/ Carey (HAR) 2:00 Men's Social w/ John Hill (9FL) 4:45 Piano Music w/ Don (HDR) 6	7:30 Breakfast (HDR) 9:30 "Poldark" Series – British Drama (HMP) 10:00 Art Therapy W/ Andrea (HAR) 11:00 Lunch (HDR) 1:30 Movie Matinee: Song Sung Blue Ch. 81 (CH81) 2:00 Encore Hour W/Doc Gibbs (HDR) 7	7:30 Breakfast (HDR) 11:00 Lunch (HDR) 2:00 YMSL (HILL) 8
7:30 Breakfast (HDR) 9:30 Worship Service (CC) 11:00 Lunch (HDR) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Movie Matinee-My Big Fat Greek Wedding (9FL) 9	7:30 Breakfast (HDR) 9:30 Bible Study w/ Rev. Allison (9FL) 11:00 Lunch (HDR) 2:00 Movement & Music w/ Tammy (9FL) 3:00 Creating Crafts w/ Eriea - Tissue Box Bouquets (HAR) 10	7:30 Breakfast (HDR) 9:30 Morning Fitness 10:00 The Chosen Series w/ Rev. Raelynn (HMP) 11:00 Lunch (HDR) 11:15 For Love & Art W/Wolford @ 11:15 (9FL) 1:30 Trader Joe's Shopping (HSL) 2:00 Drumba w/ Tammy (HMP) 2:30 Walk & Roll w/ Tammy (HMP) 11	7:30 Breakfast (HDR) 9:30 Exercise w/ Tammy (HMP) 10:45 Table Talk w/ John Hill (9FL) 11:00 Lunch (HDR) 12:30 League of Women Voters Dallas – Volunteers Here to Help (HSL) 2:00 Theater Hour (HMP) 2:00 New Program! Safe Harbor Men's Group (HILL) 12	7:30 Breakfast (HDR) 10:00 New Exercise Class w/ Tina Jefferies (HMP) 11:00 Lunch (HDR) 1:30 Music Therapy w/ Carey (HAR) 2:00 Men's Social w/ John Hill (9FL) 2:00 Painting w/ David Schultz (HAR) 13	7:30 Breakfast (HDR) 9:30 "Poldark" Series – British Drama (HMP) 10:00 Art Therapy W/ Andrea (HAR) 11:00 Lunch (HDR) 2:00 Happy Hour - Beach Bash (HDR) 14	7:30 Breakfast (HDR) 11:00 Lunch (HDR) 15
7:30 Breakfast (HDR) 9:30 Worship Service (CC) 11:00 Lunch (HDR) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Movie Matinee-Good Will Hunting (9FL) 16	7:30 Breakfast (HDR) 9:30 Bible Study w/ Rev. Allison (9FL) 10:30 Storytelling w/ Jo Rader (HMP) 11:00 Lunch (HDR) 11:30 Lunch Outing - Chick-Fil-a (OC) 1:30 Movie Matinee: Leaving Tracks Ch. 81 (CH81) 2:00 Movement & Music w/ Tammy (9FL) 17	7:30 Breakfast (HDR) 9:30 Morning Fitness 10:00 The Chosen Series w/ Rev. Raelynn (HMP) 11:00 Lunch (HDR) 1:30 Mailbox Check (HSL) 2:00 Drumba w/ Tammy (HMP) 2:30 Walk & Roll w/ Tammy (HMP) 18	7:30 Breakfast (HDR) 9:30 Exercise w/ Tammy (HMP) 10:45 Table Talk w/ John Hill (9FL) 11:00 Lunch (HDR) 2:00 Theater Hour (HMP) 2:00 New Program! Safe Harbor Men's Group (HILL) 4:45 Piano w/ Russ Rieger (HDR) 19	7:30 Breakfast (HDR) 10:00 New Exercise Class w/ Tina Jefferies (HMP) 11:00 Lunch (HDR) 1:30 Music Therapy w/ Carey (9FL) 1:30 Conversations w/ Nena & Department Heads (HMP) 2:00 Men's Social w/ John Hill (9FL) 2:00 Monthly Travel Club - China (HMP) 20	7:30 Breakfast (HDR) 10:00 Art Therapy W/ Andrea (HAR) 10:00 Field Day Fun (PCP) 11:00 Lunch (HDR) 2:00 Crafty Corner w/ Janet- "Magazines: Things You Love" (HILL) 4:00 BYO Music Group (9FL) 21	7:30 Breakfast (HDR) 11:00 Lunch (HDR) 22
7:30 Breakfast (HDR) 9:30 Worship Service (CC) 11:00 Lunch (HDR) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Movie Matinee-Miss Congeniality (9FL) 23	7:30 Breakfast (HDR) 9:30 Bible Study w/ Rev. Allison (9FL) 11:00 Lunch (HDR) 2:00 Movement & Music w/ Tammy (9FL) 3:00 Documentary Overview & Refreshments (HAR) 24	7:30 Breakfast (HDR) 9:30 Morning Fitness 10:00 The Chosen Series w/ Rev. Raelynn (HMP) 11:00 Lunch (HDR) 1:30 Mailbox Check (HSL) 2:00 Drumba w/ Tammy (HMP) 2:30 Walk & Roll w/ Tammy (HMP) 25	7:30 Breakfast (HDR) 9:30 Exercise w/ Tammy (HMP) 10:45 Table Talk w/ John Hill (9FL) 11:00 Lunch (HDR) 2:00 Theater Hour (HMP) 2:00 New Program! Safe Harbor Men's Group (HILL) 2:00 Park & Chat Discussion Group (9FL) 26	7:30 Breakfast (HDR) 10:00 New Exercise Class w/ Tina Jefferies (HMP) 11:00 Lunch (HDR) 1:30 Music Therapy w/ Carey (HAR) 2:00 Men's Social w/ John Hill (9FL) 2:00 DSL Volunteers (HMP) 27	7:30 Breakfast (HDR) 9:30 "Poldark" Series – British Drama (HMP) 10:00 Art Therapy W/ Andrea (HAR) 11:00 Lunch (HDR) 1:30 Outing - Thrifting (OC) 1:30 Movie Matinee: The Sheep Detective Ch. 81 (CH81) 28	7:30 Breakfast (HDR) 11:00 Lunch (HDR) 29
7:30 Breakfast (HDR) 9:30 Worship Service (CC) 11:00 Lunch (HDR) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Movie Matinee – The Pelican Brief (9FL) 30	7:30 Breakfast (HDR) 9:30 Bible Study w/ Rev. Allison (9FL) 11:00 Lunch (HDR) 2:00 Movement & Music w/ Tammy (9FL) 31			Locations Legend Hillside Dining Room (HDR) Hillside Multi-Purpose Room (HMP) 9th Floor Activity Room (9FL) Hillside Activity Room (HAR) Channel 81 (CH81) Christ Chapel (CC) Hillside Lobby (HSL) Hillside Activity Room (HILL) Off Campus (OC) Pavilion & Central Park (PCP)		
						