CC YOUNG
SENIOR LIVING

Hillside/Vista 3 & 9 Assisted Living

August 2026

CC Young

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Be sure to explore all of our live-stream options available on our in-house TV station, Channel 81! For detailed descriptions of each offering, please refer to your Lifestyle Guide. OLLI Classes every Tuesday & Thursday at 10:00 AM at The Point! Can't make it in person? Classes are also streaming live on Channel 81.		Dimensions Of Wellness Legend Social Physical Intellectual Spiritual Emotional Environmental Vocational	Locations Legend Hillside Multi-Purpose Room (HMP) 9th Floor Activity Room (9FL) Hillside Activity Room (HAR) Channel 81 (CH81) Hillside Dining Room (HDR)	Activity Room (AR) Christ Chapel (CC) Hillside Activity Room (HILL) Auditorium (A) Off Campus (OC)	Hillside Lobby (HSL) Point Lobby (PL) Theater (T) 9th Floor Dining Room (9DR) Pavilion & Central Park (PCP)	**1** 11:00 Saturday Fitness w/ Ruth (HMP) 3:00 Rummikub Group (AR) 4:00 Music w/ Abe Glazer (HDR)
2 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Movie Matinee-The Bodyguard (9FL)	**3** 9:30 Bible Study w/ Rev. Allison (9FL) 10:30 Current Events w/ Randy Mayeux (9FL) 2:00 Movement & Music w/ Tammy (9FL) 2:00 Centennial Birthday Party w/ Ruth Turner (HMP) 2:30 Bridge Game (HDR)	**4** 9:30 Morning Fitness (HMP) 10:00 The Chosen Series w/ Rev. Raelynn (HMP) 2:00 Happy Hour Birthday Bash w/ "Kings of the Road" (HDR) 3:00 Rummikub Group (HAR) 3:00 Drumba w/ Tammy (HMP) 3:30 Walk & Roll w/ Tammy (HMP)	**5** 9:30 Exercise w/ Tammy (HMP) 10:45 Table Talk w/ John Hill (9FL) 1:00 Rock Steady Boxing w/ Tammy (9FL) 2:00 Theater Hour (HMP) 2:00 New Program! Safe Harbor Men's Group (HAR)	**6** 10:00 New Exercise Class w/ Tina Jefferies (HMP) 10:00 Getting Your Ducks in a Row (A) 11:30 Lunch Outing (OC) 1:30 Harris Jewelry Repair (PL) 2:00 Men's Social w/ John Hill (9FL) 4:45 Dinner Piano w/ Don Weitz (HDR)	**7** 9:30 "Poldark" Series – British Drama (HMP) 10:15 Triominos Group (HAR) 1:30 Movie Matinee: Song Sung Blue Ch. 81 (CH81) 2:00 Encore Hour W/Doc Gibbs (HDR)	**8** 11:00 Saturday Fitness w/ Ruth (HMP) 2:00 YMSL (HILL) 3:00 Rummikub Group (AR)
9 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Movie Matinee-My Big Fat Greek Wedding (9FL)	**10** 9:30 Bible Study w/ Rev. Allison (9FL) 2:00 Movement & Music w/ Tammy (9FL) 2:30 Bridge Game (HMP)	**11** 9:30 Morning Fitness (HMP) 10:00 The Chosen Series w/ Rev. Raelynn (HMP) 11:15 For Love & Art w/ Wolford (9FL) 1:30 Trader Joe's Shopping (HSL) 2:00 Drumba w/ Tammy (HMP) 2:30 Walk & Roll w/ Tammy (HMP) 3:00 Rummikub Group (HAR)	**12** 9:30 Exercise w/ Tammy (HMP) 10:00 Food Committee Meeting (HAR) 10:45 Table Talk w/ John Hill (9FL) 12:30 League of Women Voters Dallas – Volunteers Here to Help (HSL) 1:00 Rock Steady Boxing w/ Tammy (9FL) 2:00 Theater Hour (HMP) 2:00 New Program! Safe Harbor Men's Group (HILL) 4:00 Caregiver Support (HAR)	**13** 10:00 New Exercise Class w/ Tina Jefferies (HMP) 2:00 Men's Social w/ John Hill (9FL) 2:00 Painting w/ David Schultz (HAR)	**14** 9:30 "Poldark" Series – British Drama (HMP) 10:15 Triominos Group (HAR) 2:00 Happy Hour - Beach Bash (HDR)	**15** 9:30 Self Help for Hard of Hearing "SHHH" (T) 11:00 Saturday Fitness w/ Ruth (HMP) 3:00 Rummikub Group (AR)
16 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Movie Matinee-Good Will Hunting (9FL)	**17** 9:30 Bible Study w/ Rev. Allison (9FL) 10:30 Storytelling w/ Jo Rader (HMP) 1:30 Movie Matinee: Leaving Tracks Ch. 81 (CH81) 2:00 Movement & Music w/ Tammy (9FL) 2:30 Bridge Game (HMP)	**18** 9:30 Morning Fitness (HMP) 10:00 The Chosen Series w/ Rev. Raelynn (HMP) 2:00 Drumba w/ Tammy (HMP) 2:30 Walk & Roll w/ Tammy (HMP) 3:00 Rummikub Group (HAR) 4:45 Piano with Russ Reiger (9DR)	**19** 9:30 Exercise w/ Tammy (HMP) 10:45 Table Talk w/ John Hill (9FL) 1:00 Rock Steady Boxing w/ Tammy (9FL) 2:00 Theater Hour (HMP) 2:00 New Program! Safe Harbor Men's Group (HILL) 4:45 Piano w/ Russ Rieger (HDR)	**20** 10:00 New Exercise Class w/ Tina Jefferies (HMP) 1:30 Conversations w/ Nena & Department Heads (HMP) 2:00 Men's Social w/ John Hill (9FL) 2:00 Monthly Travel Club - China (HMP)	**21** 9:30 Ross Poldark Series (HAR) 10:00 Field Day Fun (PCP) 10:15 Triominos Group (HAR) 2:00 Crafty Corner w/ Janet- "Magazines: Things You Love" (HILL)	**22** 11:00 Saturday Fitness w/ Ruth (HMP) 3:00 Rummikub Group (AR)
23 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Movie Matinee-Miss Congeniality (9FL)	**24** 9:30 Bible Study w/ Rev. Allison (9FL) 2:00 Movement & Music w/ Tammy (9FL) 2:30 Bridge Game (HMP)	**25** 9:30 Morning Fitness (HMP) 10:00 The Chosen Series w/ Rev. Raelynn (HMP) 2:00 Drumba w/ Tammy (HMP) 2:30 Walk & Roll w/ Tammy (HMP) 3:00 Rummikub Group (HAR) 3:30 Richard Stanford Book Review (A)	**26** 9:30 Exercise w/ Tammy (HMP) 10:45 Table Talk w/ John Hill (9FL) 1:00 Rock Steady Boxing w/ Tammy (9FL) 2:00 Theater Hour (HMP) 2:00 New Program! Safe Harbor Men's Group (HILL) 2:00 Park & Chat Discussion Group (9FL)	**27** 10:00 New Exercise Class w/ Tina Jefferies (HMP) 2:00 Men's Social w/ John Hill (9FL) 2:00 DSL Volunteer Service Day- Snow Cone Party (HAR)	**28** 9:30 "Poldark" Series – British Drama (HMP) 10:15 Triominos Group (HAR) 1:30 Outing - Thrifting (OC) 1:30 Movie Matinee: The Sheep Detective Ch. 81 (CH81)	**29** 11:00 Saturday Fitness w/ Ruth (HMP) 3:00 Rummikub Group (AR)
30 9:30 Worship Service (CC) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Movie Matinee – The Pelican Brief (9FL)	**31** 9:30 Bible Study w/ Rev. Allison (9FL) 2:00 Movement & Music w/ Tammy (9FL) 2:30 Bridge Game (HMP)					