



# Rehab Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Locations Legend

Room to Room (R2R)  
8th Floor (8fl)  
Channel 81 (CH81)  
The Point (PON)  
Christ Chapel (CC)  
Vista 2 Gallery (V2GA)

Puzzles and More Available at North End Puzzle Station and By Request **1**

2:00 Love You To Pieces Picture Frame (8fl)

Puzzles and More Available at North End Puzzle Station and By Request **2**

10:00 Mobile Activity Cart (R2R)  
10:00 OLLI Class Channel 81 "Picasso" (PON)  
11:00 Group Exercise with Therapy (8fl)  
3:30 Music Therapy Room Visits-7th Floor (R2R)

Puzzles and More Available at North End Puzzle Station and By Request **3**

10:00 Mobile Activity Cart (R2R)  
2:30 Wednesday Watch Party (8fl)

Puzzles and More Available at North End Puzzle Station and By Request **4**

10:00 OLLI Channel 81 "Planning Ahead" (CH81)  
11:00 Group Exercise with Therapy (8fl)

Puzzles and More Available at North End Puzzle Station and By Request **5**

10:00 Mobile Activity Cart (R2R)  
10:30 One on One Visits (R2R)  
1:30 Movie Matinee: Worth Ch.81 (CH81)  
2:30 Cinema Hour (8fl)

Puzzles and More Available at North End Puzzle Station and By Request **6**

Puzzles and More Available at North End Puzzle Station and By Request **7**

9:30 Worship Service (CC)  
11:00 Worship Services live Streaming from the Point Channel 81 (CH81)

Puzzles and More Available at North End Puzzle Station and By Request **8**

2:30 Game Day (8fl)  
3:00 Strolling Accordion (R2R)

Puzzles and More Available at North End Puzzle Station and By Request **9**

10:00 Mobile Activity Cart (R2R)  
10:00 OLLI Class Channel 81 "Film Soundtracks" (PON)  
11:00 Group Exercise with Therapy (8fl)  
2:00 Music Therapy Room Visits- 8th Floor (8fl)  
3:30 Music Therapy Room Visits-7th Floor (R2R)

Puzzles and More Available at North End Puzzle Station and By Request **10**

10:00 Mobile Activity Cart (R2R)  
1:30 Wreath Making (8fl)

Puzzles and More Available at North End Puzzle Station and By Request **11**

10:00 Strolling Flutist-7th floor (R2R)  
10:00 OLLI Channel 81 "Film Soundtracks" (CH81)  
11:00 Strolling Flutist- 8th floor (R2R)  
11:00 Group Exercise with Therapy (8fl)  
2:00 Bingo w/ Brittany 8th Fl (8fl)

Puzzles and More Available at North End Puzzle Station and By Request **12**

10:00 Mobile Activity Cart (R2R)  
10:30 One on One Visits (R2R)  
11:00 Flower Arranging (8fl)  
1:30 Movie Matinee: Chef Ch.81 (CH81)  
2:30 Cinema Hour (8fl)

Puzzles and More Available at North End Puzzle Station and By Request **13**

Puzzles and More Available at North End Puzzle Station and By Request **14**

9:30 Worship Service (CC)  
11:00 Worship Services live Streaming from the Point Channel 81 (CH81)

Puzzles and More Available at North End Puzzle Station and By Request **15**

3:30 Meet the Artist (V2GA)

Puzzles and More Available at North End Puzzle Station and By Request **16**

10:00 Mobile Activity Cart (R2R)  
10:00 OLLI Class Channel 81 "Can Computers Think?" (PON)  
11:00 Group Exercise with Therapy (8fl)  
2:00 In Room Reiki Sessions with Anna- 972-977-7012 to schedule (R2R)  
3:30 Music Therapy Room Visits-7th Floor (R2R)

Puzzles and More Available at North End Puzzle Station and By Request **17**

10:00 Mobile Activity Cart (R2R)  
2:00 Sip & Paint (8fl)

Puzzles and More Available at North End Puzzle Station and By Request **18**

10:00 OLLI Channel 81 "Can Computer Think?" (CH81)  
11:00 Group Exercise with Therapy (8fl)  
2:00 Bingo w/ Brittany 8th Fl (8fl)

**19**

10:00 Mobile Activity Cart (R2R)  
10:30 One on One Visits (R2R)  
12:00 Live Entertainment (8fl)  
1:30 Movie Matinee: Nuremberg Ch.81 (CH81)  
2:30 Cinema Hour (8fl)

Puzzles and More Available at North End Puzzle Station and By Request **20**

**21**

9:30 Worship Service (CC)  
11:00 Worship Services live Streaming from the Point Channel 81 (CH81)

Puzzles and More Available at North End Puzzle Station and By Request **22**

2:30 Game Day (8fl)

Puzzles and More Available at North End Puzzle Station and By Request **23**

10:00 Mobile Activity Cart (R2R)  
10:00 OLLI Class Channel 81 "Social Media Paradox" (PON)  
10:00 Music Therapy Room Visits- 8th Floor (8fl)  
11:00 Group Exercise with Therapy (8fl)  
2:00 In Room Reiki Sessions with Anna- 972-977-7012 to schedule (R2R)  
3:30 Music Therapy Room Visits-7th Floor (R2R)

Puzzles and More Available at North End Puzzle Station and By Request **24**

10:00 Mobile Activity Cart (R2R)  
2:30 Wednesday Watch Party (8fl)

Puzzles and More Available at North End Puzzle Station and By Request **25**

10:00 OLLI Channel 81 "Mystery of the Parthenon" (CH81)  
11:00 Group Exercise with Therapy (8fl)  
2:00 Bingo w/ Brittany 8th Fl (8fl)

Puzzles and More Available at North End Puzzle Station and By Request **26**

10:00 Mobile Activity Cart (R2R)  
10:30 One on One Visits (R2R)  
1:00 Strolling Accordion with Mike Frankel (8fl)  
1:30 Movie Matinee: Honest Thief Ch.81 (CH81)  
2:30 Cinema Hour (8fl)

Puzzles and More Available at North End Puzzle Station and By Request **27**

Puzzles and More Available at North End Puzzle Station and By Request **28**

9:30 Worship Service (CC)  
11:00 Worship Services live Streaming from the Point Channel 81 (CH81)

Puzzles and More Available at North End Puzzle Station and By Request **29**

Puzzles and More Available at North End Puzzle Station and By Request **30**

10:00 Mobile Activity Cart (R2R)  
10:00 OLLI Class Channel 81 "Medicare 101" (PON)  
11:00 Group Exercise with Therapy (8fl)  
2:00 In Room Reiki Sessions with Anna- 972-977-7012 to schedule (R2R)  
3:30 Music Therapy Room Visits-7th Floor (R2R)

*Reiki Session with Anna*

Offered the last three Tuesdays of each month

Call 972-977-7012 to schedule

**Group Therapy every Tuesday & Thursday at 11:00am**

OLLI Classes every Tuesday & Thursday at 10:00 AM at The Point! Can't make it in person? Classes are also streaming live on Channel 81.

Dimensions Of Wellness Legend

- Emotional
- Social
- Intellectual
- Physical
- Spiritual
- Vocational

Be sure to explore all of our live-stream options available on our in-house TV station, Channel 81! For detailed descriptions of each offering, please refer to your Lifestyle Guide.