




ASSISTED LIVING PATHWAYS Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><u>Dimensions Of Wellness Legend</u></p> <ul style="list-style-type: none"> ■ Social ■ Physical ■ Intellectual ■ Spiritual ■ Emotional ■ Environmental 	<p><u>Location Legend</u></p> <ul style="list-style-type: none"> ■ HAR Hillside Activity RM ■ HMR Hillside MP RM ■ DR Hillside Dining ■ 9th Vista 9th fl. ■ V2 Art Gallery Walk ■ CC Christ Chapel-Vista 2 ■ PW 3rd fl. Pathways Office 	<p>April Fool's Day 1</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Exercise w/ Tammy (HMR) 10:45 Table Talk w/ John Hill (9FL) 11:00 Lunch (HDR) 2:00 Theater Hour (9FL) 	<p>Holy Thursday 2</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Morning Fitness (HMR) 10:00 Art Therapy w/ Andrea (HAR) 11:00 Lunch (HDR) 1:03 Conversations w/ Nena & Department Heads (HMP) 1:30 Music Therapy w/ Carey (HAR) 2:00 Meet and Greet w/ John Hill (9FL) 	<p>Good Friday 3</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Netflix Series: The Crown, S: 3, E: 6 & 7 (HMP) 11:00 Lunch (HDR) 1:30 Trip to Dallas Arboretum (OC) 2:30 Courtyard Conversations (HIL1) 	<ul style="list-style-type: none"> 7:30 Breakfast (HDR) 11:00 Lunch (HDR) 1:03 Dallas Handweavers Demonstration Class (HAR)
<p>Easter 5</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Worship Service (CC) 11:00 Lunch (HDR) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Movie Matinee (9FL) 	<p>6</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Bible Study w/ Rev. Allison (HMR) 10:30 Current Events w/ Randy Mayeux (9FL) 11:00 Lunch (HDR) 2:00 Movement & Music w/ Tammy (9FL) 3:00 Fit Mind Activity (HAR) 	<p>7</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Morning Fitness (HMR) 10:00 The Chosen Series w/ Rev. Raelynn (HMP) 11:00 Lunch (HDR) 1:30 Mailbox Check (Mail) 2:00 Drumba w/ Tammy (HMP) 2:30 Walk & Roll w/ Tammy (HMP) 	<p>8</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Exercise w/ Tammy (HMR) 10:00 Chef Connection w/ Residents (HDR) 10:45 Table Talk w/ John Hill (9FL) 11:00 Lunch (HDR) 2:00 Theater Hour (9FL) 	<p>Master's Tournament Begins 9</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Morning Fitness (HMR) 10:00 Art Therapy w/ Andrea (HAR) 11:00 Lunch (HDR) 1:30 Music Therapy w/ Carey (HAR) 2:00 Men's Social Hour (9FL) 2:00 Encore Hour w/ Brad Ackland (HDR) 	<p>Master's Tournament Begins 10</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Netflix Series: The Crown, S: 3, E: 8 & 9 (HMP) 11:00 Lunch (HDR) 2:00 The Master's Tee Party-Golf, Drinks & Appetizers (9FL) 	<p>Master's Tournament Begins 11</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 11:00 Lunch (HDR) 2:00 YMSL 'Spring Crafts' (HAR)
<p>Master's Tournament Begins 12</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Worship Service (CC) 11:00 Lunch (HDR) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Movie Matinee (9FL) 	<p>13</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Bible Study w/ Rev. Allison (HMR) 11:00 Lunch (HDR) 2:00 Movement & Music w/ Tammy (9FL) 3:00 Fit Mind Activity (HAR) 	<p>14</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Morning Fitness (HMR) 10:00 The Chosen Series w/ Rev. Raelynn (HMP) 11:00 Lunch (HDR) 11:15 For Love & Art w/ Wolford (9FL) 1:30 Mailbox Check (Mail) 2:00 Drumba w/ Tammy (HMP) 2:30 Walk & Roll w/ Tammy (HMP) 2:30 Group Crossword (HAR) 	<p>15</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Exercise w/ Tammy (HMR) 10:45 Table Talk w/ John Hill (9FL) 11:00 Lunch (HDR) 2:00 Theater Hour (9FL) 3:30 Meet the Artist (V2GA) 4:45 Piano with Russ Rieger (HDR) 	<p>16</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Morning Fitness (HMR) 10:00 Art Therapy w/ Andrea (HAR) 11:00 Lunch (HDR) 1:30 Music Therapy w/ Carey (HAR) 2:00 Men's Social (HAR) 3:00 New Residents Welcome Meeting (9FL) 	<p>17</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Netflix Series: The Crown, S: 3, E: 10 & S: 4, E: 1 (HMP) 11:00 Lunch (HDR) 2:00 Happy Hour w/ Michael Perkins (HDR) 	<p>18</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 11:00 Lunch (HDR)
<ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Worship Service (CC) 11:00 Lunch (HDR) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Movie Matinee (9FL) 	<p>19</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Bible Study w/ Rev. Allison (HMR) 11:00 Lunch (HDR) 2:00 Movement & Music w/ Tammy (9FL) 3:00 Fit Mind Activity (HAR) 	<p>20</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Bible Study w/ Rev. Allison (HMR) 11:00 Lunch (HDR) 2:00 Movement & Music w/ Tammy (9FL) 3:00 Fit Mind Activity (HAR) 	<p>21</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Morning Fitness (HMR) 10:00 The Chosen Series w/ Rev. Raelynn (HMP) 11:00 Lunch (HDR) 1:30 Mailbox Check (Mail) 1:30 Trip to Biblical Arts Center (Mail) 2:00 Drumba w/ Tammy (HMP) 2:30 Walk & Roll w/ Tammy (HMP) 	<p>Earth Day 22</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Exercise w/ Tammy (HMR) 10:45 Table Talk w/ John Hill (9FL) 11:00 Lunch (HDR) 2:00 Theater Hour (9FL) 	<p>23</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Morning Fitness (HMR) 10:00 Art Therapy w/ Andrea (HAR) 11:00 Lunch (HDR) 1:30 Music Therapy w/ Carey (HAR) 2:00 Men's Social Hour (9FL) 2:00 Painting w/ David Schultz (HAR) 	<p>24</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Netflix Series: The Crown, S: 4, E: 2 & 3 (HMP) 11:00 Lunch (HDR) 2:00 Happy Hour w/ Lionel Johnston (HDR)
<ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Worship Service (CC) 11:00 Lunch (HDR) 11:00 Worship Services live Streaming from the Point Channel 81 (CH81) 2:00 Movie Matinee (9FL) 	<p>26</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Bible Study w/ Rev. Allison (HMR) 11:00 Lunch (HDR) 2:00 Movement & Music w/ Tammy (9FL) 3:00 Fit Mind Activity (HAR) 	<p>27</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Bible Study w/ Rev. Allison (HMR) 11:00 Lunch (HDR) 2:00 Movement & Music w/ Tammy (9FL) 3:00 Fit Mind Activity (HAR) 	<p>28</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Morning Fitness (HMR) 10:00 The Chosen Series w/ Rev. Raelynn (HMP) 11:00 Lunch (HDR) 1:30 Mailbox Check (Mail) 2:00 Drumba w/ Tammy (HMP) 2:00 Happy Hour w/ Shane (HDR) 2:30 Walk & Roll w/ Tammy (HMP) 2:30 Group Crossword (HAR) 	<p>29</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Exercise w/ Tammy (HMR) 10:45 Table Talk w/ John Hill (9FL) 11:00 Lunch (HDR) 2:00 Theater Hour (9FL) 	<p>30</p> <ul style="list-style-type: none"> 7:30 Breakfast (HDR) 9:30 Morning Fitness (HMR) 10:00 Art Therapy w/ Andrea (HAR) 11:00 Lunch (HDR) 11:00 Out to Lunch Babe's Chicken (Mail) 1:30 Music Therapy w/ Carey (HAR) 2:00 Men's Social Hour (9FL) 	