



# What You Need to Know About Hospice Care

## *What is hospice care, and when is the right time to consider hospice over other types of medical care?*

Hospice care is recommended when there are signs of frequent hospitalizations, unmanaged symptoms, weight loss, excessive fatigue, or decline in daily functioning, and when treatments no longer improve the quality of life. A prognosis of six months or less must be determined by a physician, who will then write an order for hospice services.

CC Young offers specialized hospice care – in-home and inpatient – focused on comfort, dignity, and quality of life for those facing terminal illness. The care shifts focus from curative treatments to pain and symptom management, emotional and spiritual support, and family care. Hospice is not intended to hasten or postpone death. It is used to manage symptoms of the disease so the end of life is spent with grace and respect, surrounded by love and family.

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## *What hospice services does CC Young provide and what are the differences from other hospice providers?*

First and foremost, CC Young hospice care is available wherever a person calls home – in-home or inpatient. We offer expedited admissions 24/7, and an interdisciplinary team of board-certified doctors, hospice and palliative care certified nurses, licensed medical social workers, chaplains, caring aides, and a collaborative approach to end-of-life care. Individual care plans are discussed and approved based on the patient's and the family's needs and desires.

The CC Young hospice team coordinates delivery of needed medical equipment such as beds, oxygen, and wound care supplies through Medicare and hospice benefits. The hospice team works with the patient's primary physician and other care providers to establish continuity and coordinate all aspects of care. CC Young manages transitions between care levels seamlessly as part of its full care continuum, including palliative care, home health, and skilled nursing.

When a patient's symptoms can no longer be managed at home, CC Young has an inpatient hospice unit with a dedicated team who cares for patients with medically complex needs, or who have experienced a sudden decline in their condition and need round-the-clock skilled nursing care.

## ***Who pays for hospice? Is it covered by insurance?***

CC Young is Medicare-certified; most hospice services are fully covered by Medicare, Medicaid, and many private insurances. Medicare generally covers nearly all costs related to hospice care, equipment, and medications related to the terminal diagnosis.

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## ***Are CC Young Hospice services available at home or do I need to live at CC Young?***

CC Young hospice care is available to patients wherever they call home including CC Young residents, non-residents in their homes, inpatient at CC Young, other facilities (independent living, assisted living communities, and nursing facilities), and hospitals.

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## ***How do I know when hospice care is needed versus other levels of care?***

First, it is important to understand hospice care is not solely for individuals who are in their final days of life. This is not the case. In fact, hospice care is designed to support patients over extended periods, allowing them to embrace quality of life for as long as possible.

When the time comes to explore whether hospice care is appropriate, the CC Young hospice team is available to answer questions, provide guidance, and support families in making informed decisions about what is right for the patient and family. You can begin the conversation by calling 214-651-4038.

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## ***How does CC Young Hospice manage symptoms, pain, discomfort, and medications through hospice care and services?***

Care plans are individualized and specifically tailored for the patient's needs. CC Young manages pain/symptoms and comfort measures in collaboration with physicians and skilled nurses.

Additionally, CC Young Inpatient Hospice offers massage, aroma, music, and pet therapies as part of holistic care.



## *What other services does CC Young provide for hospice care?*

Spiritual care counselors and social workers provide emotional, spiritual, and psychosocial support tailored to the patient's values and needs. Bereavement support is offered to families for 13 months following a death, including counseling, educational materials, and grief support groups.

CC Young offers assistance in finding respite care options for family members when caregiving breaks are needed.

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## *What are CC Young's Hospice credentials?*

For more than 100 years, CC Young has been providing care to seniors and their families in Dallas and has earned a reputation for excellence in all levels of care.

CC Young holds a Five-Star Quality Rating—the highest rating possible—from the Centers for Medicare & Medicaid Services (CMS) for our skilled nursing, home healthcare, and hospice.



*Call 214-651-4038 to talk with our care team about a plan that fits your needs.*

