

<div><div><div><div>CC</div><div>Y</div></div><div>CC YOUNG</div><div>SENIOR LIVING</div></div></div>			<h1>Vista 7 & 8 Activities</h1>				<h2>January 2026</h2> <p>CC Young</p>	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
				<p>Puzzles and More Available at South End Puzzle Station and By Request 1</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 2</p> <p>10:00 Group Exercise with Therapy 10:00 Mobile Activity Cart</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 3</p>		
<p>Puzzles and More Available at South End Puzzle Station and By Request 4</p> <p>9:30 Worship Service 11:00 Worship Services live Streaming from the Point Channel 81</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 5</p> <p>1:00 One on One Visits</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 6</p> <p>10:00 Mobile Activity Cart 2:00 In Room Reiki Sessions with Anna- 214-273-9653 to schedule 3:30 Music Therapy Room Visits- 7th Floor</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 7</p> <p>10:00 Group Exercise with Therapy 10:00 Mobile Activity Cart</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 8</p> <p>10:00 Strolling Flutist-7th floor 11:00 Strolling Flutist- 8th floor</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 9</p> <p>10:00 Group Exercise with Therapy 10:00 Mobile Activity Cart</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 10</p>		
<p>Puzzles and More Available at South End Puzzle Station and By Request 11</p> <p>9:30 Worship Service 11:00 Worship Services live Streaming from the Point Channel 81</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 12</p> <p>1:00 One on One Visits 3:00 Strolling Accordion</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 13</p> <p>10:00 Mobile Activity Cart 2:00 In Room Reiki Sessions with Anna- 214-273-9653 to schedule 3:30 Music Therapy Room Visits- 7th Floor</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 14</p> <p>10:00 Group Exercise with Therapy 10:00 Mobile Activity Cart</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 15</p> <p>2:30 Bingo With Brittany - 7th Fl</p> 	<p>Puzzles and More Available at South End Puzzle Station and By Request 16</p> <p>10:00 Group Exercise with Therapy 10:00 Mobile Activity Cart 2:30 Bingo With Brittany - 8th Fl 3:30 Me Stephen Pre</p> 	<p>Puzzles and More Available at South End Puzzle Station and By Request 17</p>		
<p>Puzzles and More Available at South End Puzzle Station and By Request 18</p> <p>9:30 Worship Service 11:00 Worship Services live Streaming from the Point Channel 81</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 19</p> <p>1:00 One on One Visits</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 20</p> <p>10:00 Mobile Activity Cart 2:00 In Room Reiki Sessions with Anna- 214-273-9653 to schedule 3:30 Music Therapy Room Visits- 7th Floor</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 21</p> <p>10:00 Group Exercise with Therapy 10:00 Mobile Activity Cart</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 22</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 23</p> <p>10:00 Group Exercise with Therapy 10:00 Mobile Activity Cart 1:00 Strolling Accordion with Mike Frankel</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 24</p>		
<p>Puzzles and More Available at South End Puzzle Station and By Request 25</p> <p>9:30 Worship Service 11:00 Worship Services live Streaming from the Point Channel 81</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 26</p> <p>1:00 One on One Visits</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 27</p> <p>10:00 Mobile Activity Cart 2:00 In Room Reiki Sessions with Anna- 214-273-9653 to schedule 3:30 Music Therapy Room Visits- 7th Floor</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 28</p> <p>10:00 Group Exercise with Therapy 10:00 Mobile Activity Cart</p>	<p>Puzzles and More Available at South End Puzzle Station and By Request 29</p> <p>2:30 Bingo With Brittany-7th Fl</p> 	<p>Puzzles and More Available at South End Puzzle Station and By Request 30</p> <p>10:00 Group Exercise with Therapy 10:00 Mobile Activity Cart 2:30 Bingo With Brittany - 8th Fl</p> 	<p>Puzzles and More Available at South End Puzzle Station and By Request 31</p>		