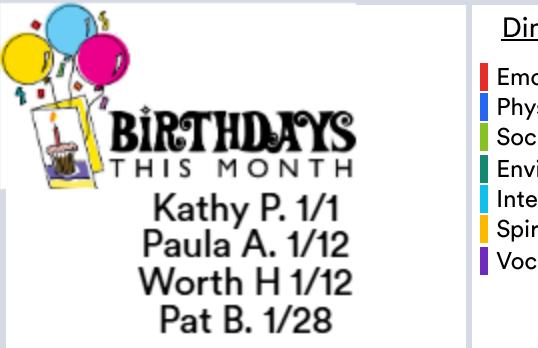
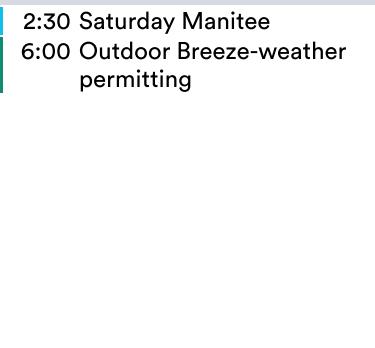
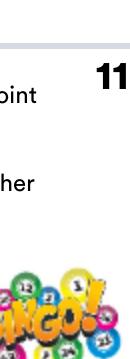
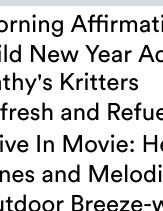




Memory Support Activities



JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<u>Dimensions Of Wellness Legend</u> Emotional Physical Social Environmental Intellectual Spiritual Vocational	 1 9:30 Patricia's Sole Mates- Walking Group 10:45 Refresh and Refuel 2:00 Active Afternoons 2:30 Coloring w/ CNA's 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting	 2 9:30 Morning Affirmations 10:00 Bingo Fun w/CNA's 10:45 Refresh and Refuel 11:00 Exercise with Heidi 2:30 Drive In Movie: Annie (1982) 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting	
11:00 Worship Services live Streaming from the Point Channel 81 6:00 Outdoor Breeze-weather permitting	4 9:30 Patricia's Sole Mates- Walking Group 10:00 Moving to Heal with Jule 10:45 Refresh and Refuel 11:00 Brain Boosters 2:00 Active Afternoons 2:30 Drive In Movie: Singin' in the Rain 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting	5 9:30 Patricia's Sole Mates- Walking Group 10:00 Music Therapy 10:45 Refresh and Refuel 11:00 This Day in History 2:00 Getting Fit with Paul Eugene 2:30 Mani's w/Rickina 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting	6 9:45 Devotionals with Ministry Team 10:00 Kathy's Cranium Crunch 10:45 Refresh and Refuel 2:30 Afternoon Cinema: Oklahoma! 3:00 Tunes and Melodies 4:00 Balloon-Noodle Ball w/CNA's 6:00 Outdoor Breeze-weather permitting	7 9:30 Patricia's Sole Mates- Walking Group 10:00 Kathy's Cranium Crunch 10:45 Refresh and Refuel 2:30 Afternoon Cinema: Oklahoma! 3:00 Tunes and Melodies 4:00 Balloon-Noodle Ball w/CNA's 6:00 Outdoor Breeze-weather permitting	8 9:30 Patricia's Sole Mates- Walking Group 10:00 Singin' with Russ & Fran 10:45 Refresh and Refuel 11:00 Music Therapy 2:00 Active Afternoons 2:30 Crafty Corner: Winter Tree 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting	 3
11:00 Worship Services live Streaming from the Point Channel 81 2:30 YMSL Host Bingo 6:00 Outdoor Breeze-weather permitting	11  11 9:30 Patricia's Sole Mates- Walking Group 10:00 Moving to Heal with Jule 10:45 Refresh and Refuel 11:00 Mind Over Matter 2:00 Active Afternoons 2:30 Drive In Movie: The Sound of Music 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting	12  12 9:30 Patricia's Sole Mates- Walking Group 10:00 Music Therapy 10:45 Refresh and Refuel 11:00 This Day in History 2:00 Getting Fit with Paul Eugene 2:30 ArmChair Travel to Kenya Maasai Mara 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting	13  13 9:45 Devotionals with Ministry Team 10:00 Kathy's Cranium Crunch 10:45 Refresh and Refuel 2:30 Afternoon Cinema: The Music Man 3:00 Tunes and Melodies 4:00 Balloon-Noodle Ball w/CNA's 6:00 Outdoor Breeze-weather permitting	14  14 9:45 Devotionals with Ministry Team 10:00 Kathy's Cranium Crunch 10:45 Refresh and Refuel 2:30 Afternoon Cinema: The Music Man 3:00 Tunes and Melodies 4:00 Balloon-Noodle Ball w/CNA's 6:00 Outdoor Breeze-weather permitting	15  15 9:30 Patricia's Sole Mates- Walking Group 10:00 Singin' with Russ & Fran 10:45 Refresh and Refuel 11:00 Music Therapy 2:00 Active Afternoons 2:30 Crafty Corner: Snow Globes 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting	 16
11:00 Worship Services live Streaming from the Point Channel 81 6:00 Outdoor Breeze-weather permitting	18 9:30 Patricia's Sole Mates- Walking Group 10:00 Moving to Heal with Jule 10:45 Refresh and Refuel 11:00 Clever Connections 2:00 Active Afternoons 2:30 Drive In Movie: Mary Poppins 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting	19 9:30 Patricia's Sole Mates- Walking Group 10:00 Music Therapy 10:45 Refresh and Refuel 11:00 This Day in History 2:00 Getting Fit with Paul Eugene 2:30 Mani's w/Rickina 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting	20 9:45 Devotionals with Ministry Team 10:00 Kathy's Cranium Crunch 10:45 Refresh and Refuel 2:30 Afternoon Cinema: Seven Brides for Seven Brothers 3:00 Tunes and Melodies 4:00 Balloon-Noodle Ball w/CNA's 6:00 Outdoor Breeze-weather permitting	21 9:45 Devotionals with Ministry Team 10:00 Kathy's Cranium Crunch 10:45 Refresh and Refuel 2:30 Afternoon Cinema: Seven Brides for Seven Brothers 3:00 Tunes and Melodies 4:00 Balloon-Noodle Ball w/CNA's 6:00 Outdoor Breeze-weather permitting	22 9:30 Patricia's Sole Mates- Walking Group 10:00 Singin' with Russ & Fran 10:45 Refresh and Refuel 11:00 Music Therapy 2:00 Active Afternoons 2:30 Crafty Corner: Snowflake Door Hanger 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting	 23 9:30 Morning Affirmations 10:00 January Birthday Social 10:45 Refresh and Refuel 11:00 Exercise with Heidi 2:30 Drive In Movie: The Parent Trap (1961) 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting
11:00 Worship Services live Streaming from the Point Channel 81 2:30 YMSL Host Bingo 6:00 Outdoor Breeze-weather permitting	25 9:30 Patricia's Sole Mates- Walking Group 10:00 Moving to Heal with Jule 10:45 Refresh and Refuel 11:00 Brain Games 2:00 Active Afternoons 2:30 Drive In Movie: Willy Wonka & the Chocolate Factory (1971) 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting	26 9:30 Patricia's Sole Mates- Walking Group 10:00 Music Therapy 10:45 Refresh and Refuel 11:00 This Day in History 2:00 Getting Fit with Paul Eugene 2:30 The Cozy Kitchen 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting	27  27 9:45 Devotionals with Ministry Team 10:00 Kathy's Cranium Crunch 10:45 Refresh and Refuel 2:30 Afternoon Cinema: Bye Bye Birdie 3:00 Tunes and Melodies 4:00 Balloon-Noodle Ball w/CNA's 6:00 Outdoor Breeze-weather permitting	28  28 9:45 Devotionals with Ministry Team 10:00 Kathy's Cranium Crunch 10:45 Refresh and Refuel 2:30 Afternoon Cinema: Bye Bye Birdie 3:00 Tunes and Melodies 4:00 Balloon-Noodle Ball w/CNA's 6:00 Outdoor Breeze-weather permitting	29 9:30 Patricia's Sole Mates- Walking Group 10:00 Singin' with Russ & Fran 10:45 Refresh and Refuel 11:00 Music Therapy 2:00 Active Afternoons 2:30 Crafty Corner: Love Bird Canvas 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting	 30 9:30 Morning Affirmations 10:00 Live Entertainer Friday w/David Donahue 10:45 Refresh and Refuel 11:00 Exercise with Heidi 2:30 Drive In Movie: Father of the Bride (1950) 3:00 Tunes and Melodies 6:00 Outdoor Breeze-weather permitting