

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Dimensions Of Wellness Legend Social Physical Intellectual Emotional Spiritual Environmental	11:00 Morning Fitness-, 9FL 3:00 Rummikub Group, AR	
Daylight Savings Time Ends- Set Clock Back 1-hour 9:30 Worship Service, CP 11:00 Worship Services live Streaming from the Point, CH81 2:00 Movie Matinee, 9FL	9:00 Balance Class, 9FL 9:30 Morning Fitness , HMR 10:00 Soundscapes & Relaxation , HMR 10:30 Current Events w/ Randy Mayeux , 9FL 2:00 Movement & Music w/ Tammy , 9FL 2:30 Bridge w/ Sharon & Friends, HMR 3:00 Rummikub , HAR 7:15 Cowboys vs. Cardinals - ABC, TV	Election Day 9:30 Campus News, CH81 10:00 Story Telling with Jo Rader , HMR 2:00 Drumba w/ Tammy, HAR 2:30 Bridge w/ Sharon & Friends, 9FL 3:00 Walk & Roll w/ Tammy, 9FL	9:30 Exercise w/ Tammy, HMR 10:45 Table Talk w/ John Hill , 9FL 1:00 Rock Steady Boxing w/ Tammy, 9FL 2:00 Theater Hour w/ Regina, 9FL	9:30 Morning Fitness, HMR 10:00 Hymn Singing w/ Shane, HMP 11:30 Picnic @ White Rock Lake, OC 1:30 Harris Jewelry Repair, PL 2:00 Men's Social Hour w/ Robert , 9FL 2:30 Thanksgiving Bingo, HAR	8:00 Veterans Breakfast, COVR 9:00 New Series: As Time Goes By , 9FL 10:00 The Silver Readers Club , HMR 1:30 Patio Chat, P 2:00 Tri-ominos Game, HAR 2:00 L-C-R Dice Game, HAR 3:00 Happy Hour w/ Walker & Adams, HDR	11:00 Morning Fitness-, 9FL 3:00 Rummikub Group, AR
9:30 Worship Service, CP 11:00 Worship Services live Streaming from the Point, CH81 2:00 Movie Matinee, 9FL 11:45 Martha & Brian at the Piano, HDR	Veteran's Week 9:00 Balance Class, 9FL 9:30 Morning Fitness, HMR 10:00 Soundscapes & Relaxation , HMR 10:00 Musical Mondays, HMP 2:00 Movement & Music w/ Tammy , 9FL 2:30 Bridge w/ Sharon & Friends, HMR 3:00 Veteran Spouses Tea, 4833	Veteran's Day 9:30 Campus News, CH81 10:00 Facebook Shares w/ Janet , HMR 11:00 For Love & Art w/ Wolford, 9FL 11:30 Out to Lunch-Mariano's, OC 2:00 Drumba w/ Tammy, HAR 2:30 Bridge w/ Sharon & Friends, 9FL 3:00 Walk & Roll w/ Tammy, 9FL 3:30 Veterans Day Ceremony - CCY Pavillion, PCP	9:30 Exercise w/ Tammy, HMR 10:00 Food Committee Meeting, HAR 10:45 Table Talk w/ John Hill , 9FL 1:00 Rock Steady Boxing w/ Tammy, 9FL 2:00 Theater Hour w/ Regina, 9FL	9:30 Morning Fitness, HMR 10:00 Hymn Singing w/ Shane, HMP 2:00 Encore Hour w/ Bruce Dunai , 9FL 3:30 Art Walk , V2GA	9:00 New Series: As Time Goes By , 9FL 10:00 The Silver Readers Club - MP, HMR 1:30 Patio Chat, P 2:00 Tri-ominos Game , HAR 2:30 Silver Screen Classics , HMR 4:00 BYO Musicians, 9FL	11:00 Morning Fitness-, 9FL 3:00 Rummikub Group, AR
9:30 Worship Service, CP 11:00 Worship Services live Streaming from the Point, CH81 2:00 Movie Matinee, 9FL	9:00 Balance Class, 9FL 9:30 Morning Fitness, HMR 10:00 Soundscapes & Relaxation , HMR 2:00 Birthday Party w/ David Callahan, 9FL 2:00 Movement & Music w/ Tammy , 9FL 2:30 Bridge w/ Sharon & Friends, HMR 3:00 Rummikub , HAR 7:15 Dallas Cowboys vs. Raiders - ABC, TV	9:30 Campus News, CH81 10:00 Facebook Shares w/ Janet , HMR 10:15 Fit Mind Activity, HAR 2:00 Drumba w/ Tammy, HAR 2:30 Bridge w/ Sharon & Friends, 9FL 3:00 Walk & Roll w/ Tammy, 9FL 4:45 Piano with Russ Rieger, HDR	9:30 Exercise w/ Tammy, HMR 10:45 Table Talk w/ John Hill , 9FL 1:00 Rock Steady Boxing w/ Tammy, 9FL 2:00 Theater Hour w/ Regina, 9FL 4:45 Piano with Russ Rieger, HDR	9:30 Morning Fitness, HMR 10:00 Hymn Singing w/ Shane, HMP 2:00 Thanksgiving Bingo, AR 2:00 Men's Social Hour w/ Robert , 9FL	9:00 New Series: As Time Goes By , 9FL 10:00 The Silver Readers Club - MP, HMR 1:30 Bus Ride Around the Lake, Mail 2:00 Tri-ominos Game, HAR 2:30 Rummikub Game , HAR 3:30 Patio Chat, P 4:45 Music w/ Abe, 9DR	11:00 Morning Fitness-, 9FL 3:00 Rummikub Group, AR
9:30 Worship Service, CP 11:00 Worship Services live Streaming from the Point, CH81 2:00 Movie Matinee, 9FL 3:25 Dallas Cowboys vs. Eagles - FOX, TV	9:00 Balance Class, 9FL 9:30 Morning Fitness, HMR 10:00 Soundscapes & Relaxation , HMR 10:00 Musical Mondays, HMP 2:00 Movement & Music w/ Tammy , 9FL 2:30 Bridge w/ Sharon & Friends, HMR 3:00 Rummikub , HAR	9:30 Campus News, CH81 10:00 Facebook Shares w/ Janet , HMR 10:15 Fit Mind Activity, HAR 2:00 Sweet Kindness & Graduate Hour , Mail 2:30 Bridge w/ Sharon & Friends, 9FL 3:00 Walk & Roll w/ Tammy, 9FL	9:30 Exercise w/ Tammy, HMR 10:45 Table Talk w/ John Hill , 9FL 1:00 Rock Steady Boxing w/ Tammy, 9FL	Happy Thanksgiving 9:30 Morning Fitness, HMR 3:30 Dallas vs. Chiefs - CBS, TV 	1:30 Patio Chat, P 2:00 Tri-ominos Game, HAR 	11:00 Morning Fitness-, 9FL 3:00 Rummikub Group, AR
Advent 9:30 Worship Service, CP 11:00 Worship Services live Streaming from the Point, CH81 2:00 Movie Matinee, 9FL			Happy Birthday Linda W 11/3 Marzelle P 11/7 Suzanne E 11/8 Adriana CF 11/9 Ray V 11/9 John M 11/10 Pat R 11/11 Akiko N 11/12 Nancy W 11/14 Andy D 11/18 Shirley B 11/24 Jo Winton 11/25	THANKSGIVING DAY!  CHIEFS AT COWBOYS Nov.27 4:30PM EST	HMR-Hillside Multipurpose Room AR-Activity Room CC-Christ Chapel HDR-Hillside Dining Room OC-Off Campus 9th-Vista 9	"Thanksgiving is a time of togetherness and gratitude" "Be present in all things and thankful for all things" "Give thanks for a little, and you will find alot"