## **5th Floor LTC**



## September 2025

**CC** Young

SENIOR LIVING						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Welcome FALL	11:00 Balloon Ball 2:30 Daily Chronicles	9:30 Good News Network 10:00 Morning Move & Groove 10:30 Brain Games 11:00 Music Therapy 2:00 In Room Reiki Sessions with Anna- 214-273-9653 to schedule 2:00 Conversation Ball: Tell Us Things We Don't Know About you 2:30 Daily Chronicles 3:00 What's in the Bag? Nature Edition	9:30 Good News Network 10:00 Brain Games 10:30 Devotionals with Ministry Team 11:00 Exercise with Heidi 2:00 Stretch 2:30 Daily Chronicles 3:00 Happiness Program with AJ	9:30 Good News Network 10:00 Music Therapy 11:00 Happy Hour Photo Shoot 2:00 Active Afternoons 2:30 Old Maid 3:00 Musical Memories	9:30 Good News Network 10:00 Morning Move & Groove 10:00 Making Frames 10:30 Daily Chronicles 11:00 Therapeutic Touch with Tammy 2:00 Active Afternoons 2:30 Movie Matinee: Groundhog Day 3:00 Nail Day	Daily Chronicles/Games/Puzzles <b>6</b> available in Activity Room
11:00 Worship Services <b>7</b>	9:30 Good News Network 10:00 Entertainer Robin Willis 11:00 Cracking Jokes with the CNA 1:00 One on One Visits 2:30 Daily Chronicles with Elena 3:00 Musical Memories	9:30 Positive Affirmations 10:00 Good News Network 10:30 Brain Games with Elena 11:00 Music Therapy 2:00 In Room Reiki Sessions with Anna- 214-273-9653 to schedule 2:30 Daily Chronicles 3:00 What's in the Bag? School Edition	9:30 Good New Network 10:00 Musical Fun with Honor 10:30 Devotionals with Ministry Team 11:00 Exercise with Heidi 2:00 Big Stretches with AJ 2:30 Daily Chronicles 3:00 Happiness Program with AJ	9:30 Good News Network 10:00 Music Therapy 2:00 Ball Toss with AJ 2:30 Daily Chronicles 3:00 Music with AJ	9:30 Good News Network 10:00 Brain Games with Honor 10:30 Daily Chronicles 11:00 Therapeutic Touch with Tammy 2:30 Movie Matinee: Ferris Bueller's Day Off	Daily Chronicles/Games/Puzzles available in Activity Room
11:00 Worship Services 14	9:30 Good News Network 10:00 Morning Move & Groove 10:00 Entertainment Sam Baker 10:30 Brain Games 11:00 Laughter is the Best Medicine 1:00 One on One Visits 2:00 Active Afternoons 2:30 Daily Chronicles 3:00 Aromatherapy with Hand Massage	9:30 Good News Network 10:00 Morning Move & Groove 10:30 Brain Games 11:00 Music Therapy 2:00 In Room Reiki Sessions with Anna- 214-273-9653 to schedule 2:00 Active Afternoons: Lets Dance 2:30 Daily Chronicles 3:00 Baking Cookies	9:30 Good News Network 10:00 Brain Games 10:30 Devotionals with Ministry Team 11:00 Exercise with Heidi 2:00 Active Afternoons 2:30 Daily Chronicles 3:00 Happiness Program with AJ	9:30 Good News Network 10:00 Music Therapy 11:00 Sun Flower Pop Ups 2:00 Active Afternoons 2:30 Checkers 3:00 Musical Memories	9:30 Good News Network 10:00 National Talk Like a Pirate Day- Shanty Sing A-long! 10:30 Daily Chronicles/Pirate Facts 11:00 Therapeutic Touch with Tammy 2:00 Active Afternoons 2:30 Movie Matinee: Hook 3:00 Nail Day	Daily Chronicles/Games/Puzzles <b>20</b> available in Activity Room
11:00 Worship Services 21	9:30 Good News Network 10:00 Morning Move & Groove 10:30 Brain Games 11:00 National Rhino Day! 1:00 One on One Visits 2:00 Active Afternoons 2:30 Daily Chronicles 3:00 Aromatherapy with Hand Massage	9:30 Good News Network 10:00 Morning Move & Groove 10:30 Brain Games 11:00 Music Therapy 2:00 In Room Reiki Sessions with Anna- 214-273-9653 to schedule 2:00 Active Afternoons: Balloon Volley Ball 2:30 Daily Chronicles 3:00 Couscous Couscous Meal	9:30 Good News Network 10:00 Brain Games 10:30 Devotionals with Ministry Team 11:00 Exercise with Heidi 2:00 Active Afternoons 2:30 Daily Chronicles 3:00 Happiness Program with AJ	9:30 Good News Network 10:00 Music Therapy 11:00 National Pancake Day! 2:00 Active Afternoons 2:30 Crazy Eights 3:00 Musical Memories	9:30 Good News Network 10:00 Entertainer Sam Baker 10:30 Daily Chronicles 11:00 Therapeutic Touch with Tammy 2:00 Active Afternoons 2:30 Movie Matinee: The Coneheads 3:00 Book Club: Short Stories	Daily Chronicles/Games/Puzzles <b>27</b> available in Activity Room
11:00 Worship Services 28	9:30 Good News Network 10:00 Morning Move & Groove 10:30 Brain Games 11:00 Laughter is the Best Medicine 1:00 One on One Visits 2:00 Active Afternoons 2:30 Daily Chronicles 3:00 Aromatherapy with Hand Massage	9:30 Good News Network 10:00 Morning Move & Groove 10:30 Brain Games 11:00 Music Therapy 2:00 In Room Reiki Sessions with Anna- 214-273-9653 to schedule 2:00 Active Afternoons: Noodle Baseball 2:30 Daily Chronicles 3:00 What's in the Bag? School Edition				Dimensions Of Wellness Legend  Intellectual Emotional Physical Social Spiritual Environmental Vocational