

		ASSISTED LIVING - PATHWAYS				September 2025 CC Young	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Labor Day 1 	2 9:00 Creative Coloring 9:15 CCY Campus News 9:30 Morning Fitness (MP) 10:00 Story Telling with Jo Rader (MP) 11:00 Lunch-Hillside DR 2:00 Drumba w/ Tammy (MP) 2:30 Bridge Group- Beginners Class with Sharon Edwards (9th) 3:00 Rummikub (HSA) 4:00 Dinner-Hillside DR	3 9:15 CCY Campus News 9:30 Morning Fitness (MP) 10:00 Fit Minds Activity (HSA) 11:00 Lunch-Hillside DR 2:00 Theater Hour w/ Regina (9th) 3:30 Patio-Chat 4:00 Dinner-Hillside DR	4 9:15 CCY Campus News 9:30 Morning Fitness (MP) 10:00 Fit Minds Activity-HSA 11:00 Lunch-Hillside DR 1:30 Mailbox Check 1:30 Singing Group 'Joyful Noise' (HSA) 2:30 Visit from Marilyn Monroe 9th Floor 3:00 Art Walk V2 4:00 Dinner-Hillside DR 7:20 Cowboys Game-NBC	5 Nat'l. Cheese Pizza Day 9:00 Downton Abbey-S:5, E: 7 & 8 (9th) 9:15 CCY Campus News 11:00 Lunch-Hillside DR 1:30 Patio Chat 2:00 Rummikub-HSA 2:00 Snacks for Players 2:30 Bridge Group (MP) 4:00 Dinner-Hillside DR	6 9:15 CCY Campus News 11:00 Lunch-Hillside DR 11:00 Morning Fitness-9th Every Saturday! 4:00 Dinner-Hillside DR	
	7 9:15 CCY Campus News 9:30 Worship Service-CC 11:00 Lunch-Hillside DR 11:00 Worship Service-CC 2:00 Movie Matinee-9th 4:00 Dinner-Hillside DR	8 9:15 CCY Campus News 9:30 Morning Fitness (MP) 10:30 Current Events w/ Randy Mayeux-9th 11:00 Lunch-Hillside DR 2:00 Movement & Music w/ Tammy (9th) 2:00 Rummikub (HSA) 2:30 Bridge w/ Sharon & Friends-MP 4:00 Dinner-Hillside DR	9 9:15 CCY Campus News 9:30 Morning Fitness (MP) 10:00 For Love & Art with Wolford 11:00 Lunch-Hillside DR 2:00 Creative Drawing & Coloring 2:00 Drumba w/ Tammy (MP) 2:30 Bridge Group- Beginners Class with Sharon Edwards (9th) 3:00 Rummikub-HSA 4:00 Dinner-Hillside DR	10 9:15 CCY Campus News 9:30 Morning Fitness (MP) 10:00 Fit Minds Activity (HSA) 11:00 Lunch-Hillside DR 2:00 Theater Hour w/ Regina (9th) 3:30 Patio-Chat 4:00 Dinner-Hillside DR	11 9:15 CCY Campus News 9:30 Morning Fitness (MP) 10:00 Fit Minds Activity-HSA 11:00 Lunch-Hillside DR 1:30 Mailbox Check 1:30 Singing Group 'Joyful Noise' (HSA) 2:00 Book Review w/ Richard Stanford "The Gunfighter" Hillside MP 4:00 Dinner-Hillside DR	12 9:00 Downton Abbey-S:5, E: 9 (9th) 9:15 CCY Campus News 11:00 Lunch-Hillside DR 1:30 Patio Chat 2:00 Rummikub-HSA 2:30 Bridge Group (MP) 3:00 Birthday Happy Hour w/ Guest Singer Sam Baker - Vista 9 4:00 Dinner-Hillside DR	13 9:15 CCY Campus News 11:00 Lunch-Hillside DR 11:00 Morning Fitness-9th Every Saturday! 2:00 YMSL Host Games & Fellowship-HSA 4:00 Dinner-Hillside DR
	14 9:15 CCY Campus News 9:30 Worship Service-CC 11:00 Lunch-Hillside DR 11:00 Worship Service-CC 12:00 Cowboys Game-FOX 2:00 Movie Matinee-9th 4:00 Dinner-Hillside DR	15 Happy Birthday Ella 9:15 CCY Campus News 9:30 Morning Fitness (MP) 10:00 Musical Mondays - MP 11:00 Lunch-Hillside DR 2:00 Movement & Music w/ Tammy (9th) 2:00 Rummikub (HSA) 2:30 Bridge w/ Sharon & Friends-MP 4:00 Dinner-Hillside DR	16 Mexico Independence Day 9:15 CCY Campus News 9:30 Morning Fitness (MP) 11:00 Lunch-Hillside DR 2:00 Creative Drawing & Coloring 2:00 Drumba w/ Tammy (MP) 2:30 Bridge Group- Beginners Class with Sharon Edwards (9th) 3:00 Rummikub-HSA 4:00 Dinner-Hillside DR	17 9:15 CCY Campus News 9:30 Morning Fitness (MP) 10:00 Fit Minds Activity (HSA) 11:00 Lunch-Hillside DR 2:00 Theater Hour w/ Regina (9th) 3:30 Patio-Chat 4:00 Dinner-Hillside DR 4:45 Piano with Russ Rieger-HDR	18 9:15 CCY Campus News 9:30 Morning Fitness (MP) 10:00 Wowzitude Live Travel - Tel Avi 11:00 Lunch-Hillside DR 1:30 Mailbox Check 1:30 Singing Group 'Joyful Noise' (HSA) 2:00 North Texas Giving Day Social-Popcorn and Sodas 2:30 Art Walk V2 4:00 Dinner-Hillside DR	19 9:00 Downton Abbey-S:6, E:1 & 2 (9th) 9:15 CCY Campus News 11:00 Lunch-Hillside DR 1:30 Patio Chat 2:00 Rummikub-HSA 2:30 Snacks for Players-HSA 2:30 Bridge Group (MP) 4:00 Dinner-Hillside DR	20 Oktoberfest Begins 9:15 CCY Campus News 11:00 Lunch-Hillside DR 11:00 Morning Fitness-9th Every Saturday! 4:00 Dinner-Hillside DR 
	21 9:15 CCY Campus News 9:30 Worship Service-CC 11:00 Lunch-Hillside DR 11:00 Worship Service-CC 2:00 Movie Matinee-9th 3:25 Cowboys Game-FOX 4:00 Dinner-Hillside DR	22 Start of Fall (Autumnal Equinox) 9:15 CCY Campus News 9:30 Morning Fitness (MP) 10:00 Table Talk w/ John Hill - 6th Vista 11:00 Lunch-Hillside DR 2:00 Movement & Music w/ Tammy (9th) 2:00 Rummikub (HSA) 2:30 Bridge w/ Sharon & Friends-MP 4:00 Dinner-Hillside DR	23 9:15 CCY Campus News 9:30 Morning Fitness (MP) 11:00 Lunch-Hillside DR 2:00 Creative Drawing & Coloring 2:00 Drumba w/ Tammy (MP) 2:30 Bridge Group- Beginners Class with Sharon Edwards (9th) 3:00 Rummikub-HSA 4:00 Dinner-Hillside DR	24 9:15 CCY Campus News 9:30 Morning Fitness (MP) 10:00 Fit Minds Activity (HSA) 11:00 Lunch-Hillside DR 2:00 Theater Hour w/ Regina (9th) 3:30 Patio-Chat 4:00 Dinner-Hillside DR	25 9:15 CCY Campus News 9:30 Morning Fitness (MP) 10:00 Fit Minds Activity-HSA 11:00 Lunch-Hillside DR 1:30 Mailbox Check 1:30 Singing Group 'Joyful Noise' (HSA) 2:00 Fall Art-Painting a Tree-Hillside Lounge 4:00 Dinner-Hillside DR	26 9:00 Downton Abbey-S:6, E:3 & 4 (9th) 9:15 CCY Campus News 11:00 Lunch-Hillside DR 1:30 Patio Chat 2:00 Rummikub-HSA 2:30 Bridge Group (MP) 4:00 Dinner-Hillside DR	27 9:15 CCY Campus News 10:00 Violin Music with Jane-9th 11:00 Lunch-Hillside DR 11:00 Morning Fitness-9th Every Saturday! 4:00 Dinner-Hillside DR
28 9:15 CCY Campus News 9:30 Worship Service-CC 11:00 Lunch-Hillside DR 11:00 Worship Service-CC 2:00 Movie Matinee-9th 4:00 Dinner-Hillside DR 7:20 Cowboys Game-NBC	29 9:15 CCY Campus News 9:30 Morning Fitness (MP) 10:00 Table Talk w/ John Hill - 6th Vista 10:00 Musical Monday - MP 11:00 Lunch-Hillside DR 2:00 Movement & Music w/ Tammy (9th) 2:00 Rummikub (HSA) 2:30 Bridge w/ Sharon & Friends-MP 4:00 Dinner-Hillside DR	30 9:15 CCY Campus News 9:30 Morning Fitness (MP) 11:00 Lunch-Hillside DR 2:00 Creative Drawing & Coloring 2:00 Drumba w/ Tammy (MP) 2:30 Bridge Group- Beginners Class with Sharon Edwards (9th) 3:00 Happy Hour w/ Tony Walsh-Hillside DR 3:00 Rummikub-HSA 4:00 Dinner-Hillside DR		Location Legend HSA Hillside Activity RM MP Hillside multi-purpose DR Hillside Dining RM 6th VISTA 9th VISTA CC Christ Chapel Vista 2 V2 Art Gallery	Dimensions Of Wellness Legend Social Intellectual Physical Spiritual Emotional	Questions or Concerns Please Contact Regina Bates O: 214-874-7451 E: rbates@ccyoung.org	