

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Dimensions Of Wellness Legend Social Intellectual Physical Spiritual Emotional Vocational	Int'l. Coffee Day 1 9:00 Balance Classes-9th (9FL) 9:00 Balance Class (9FL) 9:15 CCY Campus News (CH81) 9:30 Morning Fitness (MP) (HMR) 10:45 Table Talk / John Hill - Vista 9 (9FL) 1:00 Rock Steady Boxing w/ Tammy-9th (9FL) 2:00 Theater Hour w/ Regina (9FL)	2 9:30 Morning Fitness (HMR) 10:00 Express Your Voice Class (9FL) 10:00 Hymn Sing w/ Shane (HMR) 1:30 Singing Group 'Joyful Noise' (HAR) 2:00 Men's Social Hour w/ Robert (9FL) 2:00 R & J's Fun Cooking Class (HAR) 2:30 Art Walk V2 (V2GA)	3 9:00 Downton Abbey-S:6, E: 7 & 8 (9FL) 10:00 Blessing of the Animals (PCP) 1:30 Patio Chat (P) 2:00 Tri-ominos Game (HAR) 2:00 Gizmo Guidance - Cellphone Basics (TL) 2:30 Bridge Group (HMR) 3:00 Tri-ominos (AR)	4 11:00 Morning Fitness- (9FL) 12:30 Meet the Artist (V2GA) 3:00 Rummikub Group (AR) 3:00 Tri-ominos (AR)
5 9:30 Worship Service (CP) 11:00 Worship Service (CH81) 12:00 Dallas Cowboys vs. Jets - FOX (TV) 2:00 Movie Matinee (9FL)	6 9:00 Balance Class (9FL) 9:30 Morning Fitness (HMR) 10:00 Soundscapes & Relaxation (HMR) 10:30 Current Events w/ Randy Mayuex (9FL) 2:00 Movement & Music w/ Tammy (9FL) 2:30 Bridge w/ Sharon & Friends (HMR) 3:00 Rummikub (HAR)	7 9:30 Morning Fitness (HMR) 9:30 Campus News-CH: 81 (CH81) 10:00 Story Telling with Jo Rader (HMR) 1:00 Dice Game (Farkel) (AR) 2:00 Drumba w/ Tammy (MP) (HMR) 2:30 Bridge Group- Beginners Class with Sharon Edwards (9FL) 3:00 Rummikub (HAR)	8 9:00 Balance Classes-9th (9FL) 9:30 Morning Fitness (HMR) 10:00 Food Committee Meeting (HAR) 10:45 Table Talk / John Hill - Vista 9 (9FL) 1:00 Rock Steady Boxing w/ Tammy-9th (9FL) 2:00 Theater Hour w/ Regina (9FL)	9 9:30 Morning Fitness (HMR) 10:00 Chef Connection (HDR) 10:00 Express Your Voice Class (9FL) 10:00 Fit Minds Activity (HAR) 1:30 Conversations w/Nena & Dept. Heads (HDR) 1:30 Singing Group 'Joyful Noise' (HAR) 2:00 Men's Social Hour w/ Robert (9FL) 2:30 Art Walk V2 (V2GA)	10 9:00 Downton Abbey-S:6, E:9 Final (HMR) 10:30 Art Walk - Vista 2 (VIS2) 1:30 Patio Chat (P) 2:00 Awakening Wonders w/ Nancy Nolley (HMR) 3:00 Bridge Group (HMR)	11 11:00 Morning Fitness- (9FL) 2:00 Rummikub - HSA (HAR) 2:00 Tri-ominos Game (HAR) 3:00 Rummikub Group (AR)
12 9:30 Worship Service (CP) 11:00 Worship Service (CH81) 12:00 Dallas Cowboys vs. Panthers - FOX (TV) 2:00 Movie Matinee (9FL)	Columbus Day 13 9:00 Balance Class (9FL) 9:30 Morning Fitness (HMR) 10:00 Soundscapes & Relaxation (HMR) 10:00 Musical Mondays - Hillside MP (HMR) 2:30 Bridge w/ Sharon & Friends (HMR) 3:00 Rummikub (HAR) 3:00 Patio-Chat (HIL1)	14 9:30 Morning Fitness (HMR) 9:30 Campus News-CH: 81 (CH81) 10:00 Facebook Shares w/ Janet-MP (HMR) 1:00 Dice Game (Farkel) (AR) 2:00 Book Review w/ Richard Stanford-"The Devil and Daniel Webster" (HMR) 2:30 Bridge Group- Beginners Class with Sharon Edwards (9FL) 3:00 Rummikub (HAR)	15 9:00 Balance Classes-9th (9FL) 9:30 Morning Fitness (HMR) 10:45 Table Talk / John Hill - Vista 9 (9FL) 2:00 Theater Hour w/ Regina (9FL)	16 9:30 Morning Fitness (HMR) 10:00 Express Your Voice Class (9FL) 10:00 Fit Minds Activity (HAR) 1:30 Singing Group 'Joyful Noise' (HAR) 2:00 Men's Social Hour w/ Robert (9FL) 2:30 Art Walk V2 (V2GA) 3:00 Birthday Celebration w/ Special Entertainment- Ruby Weston* (HDR)	17 10:00 Creative Art - HSA (HAR) 1:30 Patio Chat (P) 2:00 Tri-ominos Game (HAR) 2:00 The Final Chapter: A Downton Soirée (9FL) 2:30 Bridge Group (HMR)	Sweetest Day 18 11:00 Morning Fitness- (9FL) 3:00 Rummikub Group (AR)
19 9:30 Worship Service (CP) 11:00 Worship Service (CH81) 2:00 Movie Matinee (9FL) 3:25 Dallas Cowboys vs. Washington - FOX (TV)	20 9:00 Balance Class (9FL) 9:30 Morning Fitness (HMR) 10:00 Music w/ DSO Cares - 9th (9FL) 2:00 Movement & Music w/ Tammy (9FL) 2:30 Bridge w/ Sharon & Friends (HMR) 3:00 Rummikub (HAR)	21 9:30 Morning Fitness (HMR) 9:30 Campus News-CH: 81 (CH81) 10:00 Facebook Shares w/ Janet-MP (HMR) 12:00 Ambassador Luncheon (HAR) 1:00 Dice Game (Farkel) (HMR) 1:30 Dallas Arboretum (OC) 2:00 Drumba w/ Tammy (HMR) 2:30 Bridge Group- Beginners Class with Sharon Edwards (9FL) 3:00 Rummikub (HAR) 4:45 Piano Music with Russ Reiger (9DR)	22 9:00 Balance Classes-9th (9FL) 9:30 Morning Fitness (HMR) 10:45 Table Talk / John Hill - Vista 9 (9FL) 1:00 Rock Steady Boxing w/ Tammy-9th (9FL) 2:00 Theater Hour w/ Regina (9FL) 4:45 Piano Music w/ Russ Reiger (HDR)	23 9:30 Morning Fitness (HMR) 10:00 Express Your Voice Class (9FL) 1:30 Singing Group 'Joyful Noise' (HAR) 2:00 Men's Social Hour w/ Robert (9FL) 2:00 Hymn Sing w/ Shane (HMR) 2:30 Art Walk V2 (V2GA) 3:30 New Welcome Residents Meeting (9FL)	24 9:30 Morning Fitness - MP (HMR) 10:00 Fit Minds Activity - HSA (HAR) 1:30 Patio Chat (P) 2:00 Tri-ominos Game (HAR) 2:00 Halloween Crafts (AR) 2:30 Bridge Group (HMR)	25 11:00 Morning Fitness- (9FL) 2:00 YMSL Host-Halloween Party (HAR)
26 9:30 Worship Service (CP) 11:00 Worship Service (CH81) 2:00 Movie Matinee (9FL) 3:25 Dallas Cowboys vs. Broncos - CBS (TV)	27 9:00 Balance Class (9FL) 9:30 Morning Fitness (HMR) 10:00 Soundscapes & Relaxation (HMR) 10:00 Musical Mondays - MP (HMR) 2:00 Halloween Games Hosted by-BMSC (AR) 2:30 Bridge w/ Sharon & Friends (HMR) 3:00 Rummikub (HAR)	28 9:30 Morning Fitness (HMR) 9:30 Campus News-CH: 81 (CH81) 10:00 Facebook Shares w/ Janet-MP (HMR) 10:00 Facebook Shares w/ Janet - MP (HMR) 1:00 Dice Game (Farkel) (AR) 2:00 CC Young Uns Choir Concert: All About The Mouse! (AN) 2:00 Drumba w/ Tammy (HMR) 2:30 Bridge Group- Beginners Class with Sharon Edwards (9FL) 3:00 Rummikub (HAR) 3:30 Richard Stanford Book Review (A)	29 9:00 Balance Classes-9th (9FL) 9:30 Morning Fitness (HMR) 10:45 Table Talk / John Hill - Vista 9 (9FL) 1:00 Rock Steady Boxing w/ Tammy-9th (9FL) 2:00 Theater Hour w/ Regina (9FL) 3:30 Patio-Chat (P)	30 9:30 Morning Fitness (HMR) 10:00 Express Your Voice Class (9FL) 10:00 Hymn Sing w/ Shane (HMR) 1:30 Singing Group 'Joyful Noise' (HAR) 2:00 Men's Social Hour w/ Robert (9FL) 2:30 Art Walk V2 (V2GA)	Happy Halloween 31 10:00 Halloween Bingo & More - HSA (HAR) 11:30 Trick or Treaters-2nd Graders- Little Goblins (HDR) 1:30 Patio Chat (P) 2:00 Tri-ominos Game (HAR) 3:00 Halloween Happy Hour* (HDR) 	Happy Birthday Bettie F 10/1 Betty F 10/17 Sally C 10/6 Patti S 10/20 Lloyd L 10/11 Dona W 10/20 Martha N 10/12 Betsy F 10/22 Jeanette k 10/24 Philip B 10/24