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Your Art. Your Words. Your Moment.
CC Young announces call for entries for 25th annual Spirit is Ageless Art & Writing Contest

DALLAS (June 12, 2025) - Now celebrating its 25th anniversary, the [Spirit Is Ageless 2025 Art & Writing Contest](#) returns to [CC Young Senior Living](#), inviting older adults across the Dallas-Fort Worth area to showcase their creativity and submit original art and writing creations. Since its launch in 1999, this beloved competition has become a cultural touchstone, shining a spotlight on the powerful, often untold stories and talents that flourish later in life, reminding us that creativity knows no age limits.

[Online registration](#) begins **Friday, Aug. 1**, with entry drop-offs taking place on Tuesday, Aug. 19 and Wednesday, Aug. 20 from 9 a.m. to 6 p.m. at The Point on the CC Young campus, located at 4847 West Lawther Drive in Dallas. All entries will be included in *The Spirit Is Ageless* exhibition, which will be on display through the awards program on Friday, Oct. 24.

"For 25 years, the Spirit is Ageless Art & Writing Contest has engaged hundreds of artists annually, rewriting society's expectations about aging through brushstrokes and words," says Brian Parman, director of The Point & Pavilion. "This event reminds us it is never too late to surprise yourself. We've seen people pick up a paintbrush, pen, or camera for the very first time in their 70s or 80s and uncover a whole new side of themselves. This contest is about giving those discoveries a place to shine."

Whether it is a first effort or the continuation of a lifelong craft, each submission brings something unique to the gallery. The exhibition honors the act of expression at every stage of life. Together, the works form a meaningful collection that reflects the depth and diversity of the community. To be eligible, all work must have



been created at age 55 or better by the person entering the piece. CC Young residents may submit up to two entries at no cost while all other community participants are limited to one complimentary entry, with the option to submit one additional entry for a \$10 fee payable at drop-off. Written entries must be no more than four, double-spaced pages in 12-point font.

Art will be accepted in the following categories:

- (NEW) Emerging Artist
- (NEW) Echoes of the Masters
- Drawing & Illustration
- Group Entry
- Hard Crafts & Sculpture
- Mixed Media
- Painting (Acrylic)
- Painting (Oil & Oil Pastel)
- Painting (Watercolor)
- Photography
- Soft Crafts (Quilts & Blankets)
- Soft Crafts (Other)

Writing categories include:

- Poetry & Prose
- Personal Essay & Short Story

Full contest details and online entry forms are available at ccyoung.org/events. For additional information, contact Angela Castillo at acastillo@ccyoung.org or [214-841-2831](tel:214-841-2831).

The 2025 Winners' Reception will take place on Friday, October 24 from 2 to 4 p.m. at The Point. The event will feature keynote speaker Dr. Alise Cortez, Chief Ignition Officer at Gusto, Now!, an organizational psychologist, logo therapist, and author of five books. Dr. Cortez also hosts the "Working on Purpose" podcast. She is dedicated to awakening people and organizations to their passion and purpose, inspiring them to make a contribution worthy of their one precious life.



Seating is limited. To RSVP, please email rsvp@ccyoung.org or visit [here](#).

ABOUT CC YOUNG

For more than 100 years, CC Young has been serving senior adults. The community is nestled in the heart of East Dallas on a lush 20-acre campus across from White Rock Lake. CC Young is a forward-thinking, nonprofit Continuing Care Retirement Community with a long history of excellence. Known for stellar services, CC Young holds a 5-Star Quality Rating from the Centers of Medicare Services in skilled nursing care, home health, and hospice. CC Young provides opportunities for Independent Living, Assisted Living, Memory Support, Long Term Care, Respite Care, Short Term Rehabilitation, Aquatics and Outpatient Therapy, and Hospice General Inpatient services. The Community Services Program offers Home Healthcare, Hospice and Palliative Care, and Private Care on- and off-campus. Its services are licensed in 13 counties throughout North Texas. The Vista's opening in 2020 launched a new era of healthcare for residents and surrounding community members. Coming later, The Terraces will be the newest Independent Living residence featuring views of White Rock Lake. Additionally, The Point & Pavilion, located in the heart of the campus, offers creative, educational, recreational, fitness and spiritual opportunities for residents and the public. To schedule a tour or learn more, call 469-947-7498 or visit ccyoung.org.