



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Be sure to check out all our live stream options on our in-house TV station- Channel 81! Detailed descriptions of offerings are located in your Lifestyle Guide.



Life Enrichment is happy to provide the following upon request:

- Reading Materials
- Word Games
- Art Supplies
- Puzzles
- Note Cards/Stationary
- Snacks
- Pastoral Support Referral
- CCY Lifestyle Guide for in house TV programming

<p>Music Therapy Room Visits Wednesday 7th Floor 1:00pm 8th Floor 2:00pm</p> <p> <span>🧠 Intellectual</span>  <span>🎵 Music</span>  <span>➡️ Physical</span>  <span>★ Purposeful</span>  <span>† Spiritual</span> </p> <p>If you would like a visit, let a teammate Know.</p>			<p>Activities are subject to change. The most up to date activities will be found on your in-room electronic whiteboard.</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>1</b></p> <p>2:00 🧠 Body and Mind with Restorative Team [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>2</b></p> <p>10:00 ➡️ Group Exercise w/ Therapy [8th fl] 2:00 🧠 Body and Mind with Restorative Team [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>3</b></p>
<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>4</b></p> <p>11:00 † Worship Service live stream from The Point [CH81]</p>	<p><b>Cinco De Mayo</b> <b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>5</b></p> <p>11:00 🧠 Room to Room Activity Cart 2:00 ★ Welcome Visits</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>6</b></p> <p>9:30 🧠 Campus News [CH81] 2:00 🧠 Body and Mind with Restorative Team [7th fl] 3:00 ➡️ In-Room Therapeutic Touch and Reiki with Anna- call 214-273-9653 to schedule a 20min session</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>7</b></p> <p>10:00 ➡️ Group Exercise w/ Therapy [8th fl] 12:30 🎵 Music Therapy Room Visits [7th fl] 1:30 🎵 Music Therapy Room Visits [8th fl] 2:00 🧠 Body and Mind with Restorative Team [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>8</b></p> <p>2:00 🧠 Body and Mind with Restorative Team [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>9</b></p> <p>10:00 ➡️ Group Exercise w/ Therapy [8th fl] 12:00 🎵 Piano with Denny Robinson in dining room [8th fl] 2:00 🧠 Body and Mind with Restorative Team [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>10</b></p>
<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>11</b></p> <p><b>Mother's Day</b> 11:00 † Worship Service live stream from The Point [CH81]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>12</b></p> <p>11:00 🧠 Room to Room Activity Cart 2:00 ★ Welcome Visits 3:00 🎵 Music with Mike Frankel [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>13</b></p> <p>9:30 🧠 Campus News [CH81] 2:00 🧠 Body and Mind with Restorative Team [7th fl] 3:00 ➡️ In-Room Therapeutic Touch and Reiki with Anna- call 214-273-9653 to schedule a 20min session 3:30 🎵 Music Therapy Room Visits [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>14</b></p> <p>10:00 ➡️ Group Exercise w/ Therapy [8th fl] 2:00 🧠 Body and Mind with Restorative Team [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>15</b></p> <p>2:00 🧠 Body and Mind with Restorative Team [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>16</b></p> <p>10:00 ➡️ Group Exercise w/ Therapy [8th fl] 2:00 🧠 Body and Mind with Restorative Team [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>17</b></p>
<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>18</b></p> <p>11:00 † Worship Service live stream from The Point [CH81]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>19</b></p> <p>11:00 🧠 Room to Room Activity Cart 2:00 ★ Welcome Visits</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>20</b></p> <p>9:30 🧠 Campus News [CH81] 2:00 🧠 Body and Mind with Restorative Team [7th fl] 3:00 ➡️ In-Room Therapeutic Touch and Reiki with Anna- call 214-273-9653 to schedule a 20min session</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>21</b></p> <p>10:00 ➡️ Group Exercise w/ Therapy [8th fl] 12:30 🎵 Music Therapy Room Visits [7th fl] 1:30 🎵 Music Therapy Room Visits [8th fl] 2:00 🧠 Body and Mind with Restorative Team [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>22</b></p> <p>2:00 🧠 Body and Mind with Restorative Team [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>23</b></p> <p>10:00 ➡️ Group Exercise w/ Therapy [8th fl] 1:00 🎵 Mike Frankel Strolling Accordion [8th fl] 2:00 🧠 Body and Mind with Restorative Team [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>24</b></p>
<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>25</b></p> <p>11:00 † Worship Service live stream from The Point [CH81]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>26</b></p> <p><b>Memorial Day</b> 11:00 🧠 Room to Room Activity Cart 2:00 ★ Welcome Visits</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>27</b></p> <p>9:30 🧠 Campus News [CH81] 2:00 🧠 Body and Mind with Restorative Team [7th fl] 2:00 🎵 Music Therapy Room Visits [8th fl] 3:00 ➡️ In-Room Therapeutic Touch and Reiki with Anna- call 214-273-9653 to schedule a 20min session</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>28</b></p> <p>10:00 ➡️ Group Exercise w/ Therapy [8th fl] 2:00 🧠 Body and Mind with Restorative Team [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>29</b></p> <p>2:00 🧠 Body and Mind with Restorative Team [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>30</b></p> <p>10:00 ➡️ Group Exercise w/ Therapy [8th fl] 2:00 🧠 Body and Mind with Restorative Team [7th fl]</p>	<p><b>Individual Pursuits: Puzzles and More available in the Activity Room</b> <b>31</b></p>