


May 2025

Assisted Living- Hillside, Vista 3 & 9

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul style="list-style-type: none"> Creative Games Intellectual Music Physical Purposeful Social Spiritual 	Location Key HL-Hillside Lounge MP-Multi-Purpose DRH-Dining Room Hillside 9th-Vista 9 PA-Point Aud		National Day of Prayer/ May Day	1 9:30 Morning Fitness [MP] 10:00 Express Your Voice Class [9th FI] 10:30 Dallas Opera Live: Pepito [9th FI] 2:00 Men's Social w/ Aaron [9th FI] 2:30 New Tai Chi Class w/ David! [MP] 3:00 It's Back-Mahjong Group [9th FI]	2 9:30 New! Series- "Downton Abbey" [9th FI] 2:00 Bridge Group [MP] 2:00 Rummikub [HSA] 3:00 Happy Hour w/ Shane & Friends [DR-H]	3 Kentucky Derby 2025 @ Churchill Downs on NBC @ 1:30 11:00 9th Floor Exercise 2:00 Mexican Train Game [DR-H]
	4 9:30 Church Service-Christ Chapel-Vista 2nd Floor 11:00 Worship Service - Ch. 81 12:15 Piano Music w/ Martha & Brian [DR-H] 2:00 Movie Matinee [9th FI]	5 Cinco De Mayo Cinco De Mayo-Nachos @ 2:30 in Hillside Lounge 9:00 Balance Class with Heidi- [9th FI] 9:30 Morning Fitness [MP] 10:00 Soundscapes & Relaxation [MP] 10:30 Current Events w/ Randy Mayueu [9th FI] 2:00 Movement & Music w/ Tammy Slauson [9th FI] 3:00 Bridge w/Sharon & Friends-All Levels [MP] 3:00 Loteria-Mexican Bingo [HSA]	6 National Nurses Day 9:30 CCY Campus News-Ch. 81 9:30 Morning Fitness [MP] 10:00 Storying Telling w/ Jo Rader [MP] 10:30 Fit Minds w/ Regina [HSA] 3:00 Bridge Group & Beginners Class w/ Sharon [9th FI] 3:00 Rummikub Group [HSA] 10:30 Fit Minds w/ Regina [HSA]	7 9:00 Balance Class with Heidi- [9th FI] 9:30 Morning Fitness [MP] 10:30 Fit Minds w/ Regina [HSA] 10:45 Table Talk w/ John Hill [9th FI] 1:00 Rocksteady Boxing [9th FI] 2:15 Theater Hour w/ Regina [9th FI] 10:30 Fit Minds w/ Regina [HSA]	8 9:30 Morning Fitness [MP] 10:00 Express Your Voice Class [9th FI] 10:00 Hymn Sing w/ Shane [MP] 2:00 Men's Social w/ Aaron [9th FI] 2:30 New Tai Chi Class w/ David! [MP] 3:00 Happy Hour w/ Entertainment [DR-H] 3:00 It's Back-Mahjong Group [9th FI]	9 9:30 New! Series- "Downton Abbey" [9th FI] 11:00 Making Journals [9th FI] 2:00 Bridge Group [MP] 2:00 Rummikub [HSA] 3:00 Painting Roses Class [HSA]	10 11:00 9th Floor Exercise 2:00 Mexican Train Game [DR-H] 2:00 YMSL- Game Day! [HSA]
	11 No Movie Today 9:30 Church Service-Christ Chapel-Vista 2nd Floor 11:00 Worship Service - Ch. 81	12 9:00 Balance Class with Heidi- [9th FI] 9:30 Morning Fitness [MP] 10:00 Soundscapes & Relaxation [MP] 10:30 New! Fit Minds Program [MP] 2:00 Movement & Music w/ Tammy Slauson [9th FI] 3:00 Bridge w/Sharon & Friends-All Levels [MP] 3:00 Rummikub Group [HSA]	13 9:30 CCY Campus News-Ch. 81 9:30 Morning Fitness [MP] 10:00 Facebook Shares w/ Janet [MP] 11:00 For Love & Art w/ Wolford [9th FI] 2:00 Music Event w/ Entertainment [9th FI] 3:00 Bridge Group & Beginners Class w/ Sharon [9th FI] 3:00 Rummikub Group [HSA]	14 Food Committe Meeting 9:00 Balance Class with Heidi- [9th FI] 9:30 Morning Fitness [MP] 10:00 Food Committe Meeting [HSA] 10:45 Table Talk w/ John Hill [9th FI] 1:00 Rocksteady Boxing [9th FI] 2:15 Theater Hour w/ Regina [9th FI]	15 National Chocolate Chip 9:30 Morning Fitness [MP] 10:00 Drumba Class w/ Nena [MP] 10:00 Express Your Voice Class [9th FI] 10:45 Fit Minds w/ Regina [HSA] 2:00 Men's Social w/ Aaron [9th FI] 2:30 New Tai Chi Class w/ David! [MP] 3:00 It's Back-Mahjong Group [9th FI]	16 9:30 New! Series- "Downton Abbey" [9th FI] 11:30 Picnic at the Lake! 2:00 Bridge Group [MP] 2:00 Rummikub [HSA] 4:00 BYO Musicians [9th FI]	17 11:00 9th Floor Exercise 2:00 Mexican Train Game [DR-H]
	18 9:30 Church Service-Christ Chapel-Vista 2nd Floor 11:00 Worship Service - Ch. 81 2:00 Movie Matinee [9th FI]	19 9:00 Balance Class with Heidi- [9th FI] 9:30 Morning Fitness [MP] 10:00 Soundscapes & Relaxation [MP] 10:30 New! Fit Minds Program [MP] 2:00 Movement & Music w/ Tammy Slauson [9th FI] 3:00 Bridge w/Sharon & Friends-All Levels [MP] 3:00 Rummikub Group [HSA]	20 9:30 CCY Campus News-Ch. 81 9:30 Morning Fitness [MP] 10:00 New! Jewelry Making [6FI] 11:30 Out to Lunch 3:00 Bridge Group & Beginners Class w/ Sharon [9th FI] 3:00 Rummikub Group [HSA] 4:45 Piano w/ Russ Reiger [9th FI]	21 9:00 Balance Class with Heidi- [9th FI] 9:30 Morning Fitness [MP] 10:45 Table Talk w/ John Hill [9th FI] 1:00 Rocksteady Boxing [9th FI] 2:15 Theater Hour w/ Regina [9th FI] 4:45 Piano w/ Russ Reiger [DR-H]	22 9:30 Morning Fitness [MP] 10:00 Drumba Class w/ Nena [MP] 10:00 Express Your Voice Class [9th FI] 10:45 Fit Minds w/ Regina [HSA] 2:00 Helping Hands Project [HSA] 2:00 Men's Social w/ Aaron [9th FI] 2:30 New Tai Chi Class w/ David! [MP] 3:00 It's Back-Mahjong Group [9th FI]	23 9:30 New! Series- "Downton Abbey" [9th FI] 11:00 Making Journals [9th FI] 2:00 Birthday Party w/ Guest Entertainment [9th FI] 2:00 Bridge Group [MP] 2:00 Rummikub [HSA]	24 11:00 9th Floor Exercise 2:00 Mexican Train Game [DR-H]
Resident Birthdays Donna R. 5/4 Nancy K. 5/4 George F. 5/5 Chris C. 5/8 Ralph M. 5/16 Ed H. 5/21 Jane D. 5/21 Karolyn P. 5/25 Edwin Y. 5/27 Marlene H. 5/29	25 9:30 Church Service-Christ Chapel-Vista 2nd Floor 11:00 Worship Service - Ch. 81 2:00 Movie Matinee [9th FI]	26 Memorial Day 9:00 Balance Class with Heidi- [9th FI] 9:30 Morning Fitness [MP] 2:00 Movement & Music w/ Tammy Slauson [9th FI] 3:00 Bridge w/Sharon & Friends-All Levels [MP] 3:00 Rummikub Group [HSA]	27 9:30 CCY Campus News-Ch. 81 9:30 Morning Fitness [MP] 10:00 10:00 New! Wowzitude Live Let's Travel Together [9th FI] 2:00 Book Review w/ Richard Stanford-See flyers for Details. [MP] 3:00 Bridge Group & Beginners Class w/ Sharon [9th FI] 3:00 Rummikub Group [HSA]	28 9:00 Balance Class with Heidi- [9th FI] 9:30 Morning Fitness [MP] 10:45 Table Talk w/ John Hill [9th FI] 1:00 Rocksteady Boxing [9th FI] 2:15 Theater Hour w/ Regina [9th FI]	29 9:30 Morning Fitness [MP] 10:00 Drumba Class w/ Nena [MP] 10:00 Express Your Voice Class [9th FI] 10:45 Fit Minds w/ Regina [HSA] 2:00 Men's Social w/ Aaron [9th FI] 2:30 New Tai Chi Class w/ David! [MP] 3:00 It's Back-Mahjong Group [9th FI]	30 9:30 New! Series- "Downton Abbey" [9th FI] 1:30 Shopping Trip 2:00 Bridge Group [MP] 2:00 Rummikub [HSA]	31 11:00 9th Floor Exercise 2:00 Mexican Train Game [DR-H]