May 2025 Vista 5th Floor Activities

							Vista 5th Floor Activities
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Resident Birthdays Johnnie P. 5/8 Francis C. 5/18 Ruth K. 5/21	Mother's Day	MEMORIAL DAY	Cooking Creative Games Intellectual Music Physical Purposeful Spiritual	9:30 Working It!: Exercise with Hannah 10:00 Music Therapy 11:00 Aromatherapy + Hand Massages 2:30 Smarty Pants: Trivia 3:00 A Big World	9:30 ♣ Morning Tunes & Groove 10:00 ♦ Good News Network 10:30 ➡ Morning Exercise 11:00 ★ Therapeutic Touch with Tammy 2:30 ★ Movie: Uncle Buck	10:00 Action Table Self- Paced	3
10:00 Puzzles Available in Activity Room 11:00 Worship Service Live Stream from the Point [CH81]	Cinco De Mayo 9:30 ★ Positive	9:30	9:30	9:30 Thursdays Fun with Poems 10:00 Music Therapy 11:00 Aromatherapy + Hand Massages 2:30 Smarty Pants: Trivia 3:00 A Big World	9:30	Self- Paced 10:00 🎜 Muisc with Cia Hagert (violinis	
Mother's Day 10:00 Puzzles Available in Activity Room 11:00 Worship Service Live Stream from the Point [CH81]	9:30 ★ Positive Affirmation 9:45 ↔ Working It!: Exercise with Hannah 10:00 ★ Girl Scout Month 11:00 ♬ Sway with Me: Music with Hannah 2:30 ❖ Goofy Fun for Limerick Month 3:00 ♬ Waltz Night Away	9:30	9:30	9:30 Working It!: Exercise with Hannah 10:00 Music Therapy 11:00 Aromatherapy + Hand Massages 2:30 Smarty Pants: Trivia 3:00 A Big World	9:30	Self-	*Hello* *Mo.3
10:00 Puzzles Available in Activity Room 11:00 Worship Service Live Stream from the Point [CH81]	9:30 ★ Positive Affirmation 9:45 ↔ Working It!: Exercise with Hannah 10:00 ᠅ History Marker of Queen Victoria 11:00 ♪ Sway with Me: Music with Hannah 3:00 ★ Nail Day	9:30 ♦ Working It!: Exercise with Hannah [CH81] 10:00 ★ Let's Party !! 11:00 ♬ Music Therapy 2:00 ➡ Therapeutic Touch & Reiki with Anna 2:30 ★ Sensory Fun! 3:00 ★ Activity 1:1 Afternoon	9:30 ♣ Morning Tunes & 21 Groove 10:00 ♣ Smarty Pants Trivia 10:30 ♣ Worship Service 11:00 ♣ Exercise with Heidi 2:30 ★ Water Bar 3:00 ♬ Waltz Wednesday	9:30	9:30 ♣ Morning Tunes & Groove 10:00 ♦ Good News Network 10:30 ♣ Morning Exercise 11:00 ★ Therapeutic Touch with Tammy 2:30 ★ Movie:The Miracle Club	Self-	4
10:00 Puzzles Available in Activity Room 11:00 Worship Service Live Stream from the Point [CH81]	9:30 ★ Positive Affirmations 9:30 ᠅ Working It!: Exercise with Hannah 10:00 ♬ Music with Jorge L Vargas (Sax Player) 11:00 ★ Cards of Thank You 2:00 ★ Movie: Greater	9:30	9:30	10:00 🎜 Music Therapy	9:30 Morning Tunes & Groove 10:00 Good News Network 10:30 Morning Exercise 11:00 Therapeutic Touch with Tammy 2:30 Movie: Judy	Self- Paced	