| April 2025 Assisted Living- Hillsid   | e, Vista 3 & 9<br>Sunday  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday   |
|---|---|--|---|--|---|--|--|
| Opril Pril  | © Creative     Games     Intellectual     Music     Physical     Purposeful     Snack     Social     Spiritual  | <u> </u>   | April Fool's Day 9:30   | 9:00 ↔ Balance Class with Heidi- [9th FI]  9:30 ↔ Morning Fitness [MP]  10:45 ۞ Table Talk w/ John Hill [9th FI]  1:00 ↔ Rocksteady Boxing [9th FI]  2:00 營 Theater Hour w/ Regina [9th  | 9:30 → Morning Fitness [MP]  10:00 ★ Express Your Voice Class [9th FI]  10:00 ★ Tranquil Manicures [HSA]  10:30 ❖ New! Fit Minds Program [MP]  2:00 ֍ Making Bunnies Craft  2:30 → New Tai Chi Class w/ David! [MP]  3:30 ♣ Open Game Tables [HSA]  | <b>,</b>   | 11:00 → 9th Floor<br>Exercise 5<br>2:00 ♣ BUNCO/<br>GAMES w/ YMSL<br>[HSA]<br>2:00 ♣ Mexican Train<br>Game [DR-H]                    |
| "Make the best use of what is<br>in your power, and take the<br>rest as it happens."<br>— Epictetus | 9:30 Church Service-Christ Chapel-Vista 2nd Floor  11:00 Worship Service - Ch. 81  12:00 Piano Music w/ Martha & Brian- "April Showers Bring May Flowers" [DR-H]  2:00 Movie Matinee [9th FI] | 9:00 ↔ Balance Class with Heidi- [9th FI] 9:30 ↔ Morning Fitness [MP] 10:00 ★ Soundscapes & Relaxation [MP] 10:30 ❖ Current Events w/ Randy Mayeux [9th FI] 2:00 ↔ Movement & Music w/ Tammy Slauson [9th FI] 3:00 ❖ Bridge w/Sharon & Friends-All Levels [MP] | 9:30   OCCY Campus News-Ch. 81  9:30   Morning Fitness [MP]  10:00   Facebook Shares w/ Janet [MP]  11:00   For Love & Art w/ Wolford [9th FI]  2:00   Men's Social w/ Aaron [9th FI]  3:00   Bridge Group & Beginners Class w/ Sharon [9th FI] | 9:30 → Morning Fitness [MP]  10:45 ♦ Table Talk w/ John Hill [9th FI]  1:00 → Rocksteady Boxing [9th FI]  2:00 ♣ Theater Hour w/ Regina [9th FI]  3:00 ★ Smart Knit Wits Group-All Welcome [9th FI]  | 9:30 → Morning Fitness [MP]  10:00 ★ Chef Connection w/ Will [DR-H]  10:00 ★ Express Your Voice Class [9th FI]  10:00 ★ Tranquil Manicures [HSA]  10:30 ❖ New! Fit Minds Program [MP]  2:00 ★ Conversations w/ Nena & Department Heads [DR-H]  2:30 → New Tai Chi Class w/ David! [MP]  3:30 ♣ Open Game Tables [HSA] | National Pet Day 9:30 New! Seriies- "Downton Abbey" [9th FI] 10:45 Hymn Sing w/ Nancy [9th FI] 2:00 Bridge Group [MP] 2:00 Happy Hour w/ Jose Luis Vargus / Sax [9th FI] 2:00 Rummikub [HSA]                   | Passover Begins 11:00 → 9th Floor Exercise 2:00 ♣ Mexican Train Game [DR-H]  |
| Resident Birthdays Annajo J. 4/8 Lossie H. 4/19 Adena J. 4/30                                       | Palm Sunday 9:30 Church Service- Christ Chapel- Vista 2nd Floor 11:00 Worship Service - Ch. 81 2:00 Movie Matinee [9th FI]  | 9:00 → Balance Class with Heidi- [9th Fl] 9:30 → Morning Fitness [MP] 10:00 → Decorating Easter Eggs [HSA] 10:30 ◇ New! Fit Minds Program [MP] 2:00 → Movement & Music w/ Tammy Slauson [9th Fl] 3:00 ◇ Bridge w/Sharon & Friends-All Levels [MP]              | 4:45  | 9:00 → Balance Class with Heidi- [9th FI] 9:30 → Morning Fitness [MP] 10:45 ◇ Table Talk w/ John Hill [9th FI] 1:00 → Rocksteady Boxing [9th FI] 2:00 ※ Theater Hour w/ Regina [9th FI] 3:00 ★ Smart Knit Wits Group-All Welcome [9th FI] 3:30 ♪ New Day! Drumba w/ Nena [MP] 4:45 ♪ Piano Music w/ Russ Rieger [DR-H] | Holy Thursday 9:30 → Morning Fitness [MP] 10:00 ★ Express Your Voice Class [9th FI] 10:00 ★ Tranquil Manicures [HSA] 10:30 ♦ New! Fit Minds Program [MP] 2:30 → New Tai Chi Class w/ David! [MP] 3:30 ♣ Open Game Tables [HSA]  | Good Friday 9:30 New! Seriies- "Downton Abbey" [9th FI] 11:00 Tech Talk w/ Daphne Lee- Get Better Information Using Text [MP] 2:00 Bridge Group [MP] 2:00 Rummikub [HSA] 2:00 SMU Percussion Ensemble [9th FI] | 11:00 → 9th Floor<br>Exercise 2:00 ♣ Mexican<br>Train Game [DR-H] 2:00 ♣ Spring Fling Fam<br>Jam                                     |
|   | 9:30 Church Service- Christ Chapel- Vista 2nd Floor 11:00 Worship Service - Ch. 81 2:00 Movie Matinee [9th FI]  | 9:00 → Balance Class with Heidi- [9th FI] 9:30 → Morning Fitness [MP] 10:00 ★ Soundscapes & Relaxation [MP] 10:30 ◇ New! Fit Minds Program [MP] 2:00 → Movement & Music w/ Tammy Slauson [9th FI] 3:00 ◇ Bridge w/Sharon & Friends-All Levels [MP]             | Earth Day 9:30  | with Heidi- [9th FI] 9:30 → Morning Fitness [MP] 10:45 ◇ Table Talk w/ John Hill [9th FI] 1:00 → Rocksteady Boxing [9th FI] 2:00 馨 Theater Hour w/ Regina [9th FI] 3:00 ★ Smart Knit Wits Group-All Welcome [9th FI]   | 9:30 → Morning Fitness [MP]  10:00 ★ Express Your Voice Class [9th FI]  10:00 ★ Tranquil Manicures [HSA]  10:30 ❖ New! Fit Minds Program [MP]  2:30 → New Tai Chi Class w/ David! [MP]  3:00 ♬ Birthday Party w/ Shane & Friends [DR-H]   | 9:30 New! Seriies- "Downton Abbey" [9th FI]  10:45 Hymn Sing w/ Nancy [9th FI]  2:00 Bridge Group [MP]  2:00 Happy Hour w/ Sax Player Jorge Luis Vargus [9th FI]  2:00 Rummikub [HSA]                          | 11:00 → 9th Floor<br>Exercise 26<br>2:00 ♣ Mexican<br>Train Game [DR-H]  |
| Created on Monday, March 24, 2025 1:5   | 9:30 Church Service- Christ Chapel-Vista 2nd Floor 11:00 Worship Service - Ch. 81 2:00 Movie Matinee [9th FI]   | 9:00 → Balance Class with Heidi- [9th FI]  9:30 → Morning Fitness [MP]  10:00 ★ Soundscapes & Relaxation [MP]  10:30 ❖ New! Fit Minds Program [MP]  2:00 → Movement & Music w/ Tammy Slauson [9th FI]  3:00 ❖ Bridge w/Sharon & Friends-All Levels [MP]        | 9:30  | 9:00 → Balance Class with Heidi- [9th FI] 9:30 → Morning Fitness [MP] 10:45 ◇ Table Talk w/ John Hill [9th FI] 1:00 → Rocksteady Boxing [9th FI] 2:00 ➢ Theater Hour w/ Regina [9th FI] 3:00 ★ Smart Knit Wits Group-All Welcome [9th FI] 3:30 ♪ New Day! Drumba w/ Nena [MP]  |   |  | It is God's Mercy to let us Sinners experience yet another Good Friday. So let us express Gratitude towards Him today and every day. |