

February 2025
Assisted Living- Hillside, Vista 3 & 9

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



Happy Birthday
Patricia C 2/1 Robert H 2/2
Dale J 2/3 Robert T 2/12
Joann G 2/18 Bobby M 2/19
Patti K 2/26 Judy Me 2/26



- Creative
- Games
- Intellectual
- Music
- Physical
- Purposeful
- Snack
- Social
- Spiritual

Location Key
HL-Hillside Lounge
MP-Multi-Purpose
DRH-Dining Room
Hillside
9th-Vista 9
PA-Point Aud



"When it rains, look for rainbows. When it's dark, look for stars."
— Unknown

11:00 9th Floor Exercise **1**
2:00 Mexican Train Game [DR-H]

Groundhog Day 2
9:30 Church Service-Christ Chapel-Vista 2nd Floor
11:00 Worship Service - Ch. 81
12:15 Piano Music w/ Martha & Brian [DR-H]
2:00 Movie Matinee [9th FI]

3
9:00 Balance Class with Heidi- [9th FI]
9:30 Morning Fitness [MP]
10:00 Soundscapes & Relaxation [MP]
10:30 Current Events w/ Randy Mayeux [9th FI]
2:00 Bingo Fun [HSA]
2:00 Bridge w/Sharon & Friends-All Levels [MP]

4
9:30 CCY Campus News-Ch. 81
9:30 Morning Fitness [MP]
10:00 Facebook Shares w/ Janet [MP]
10:00 Storying Telling w/Jo Radar [HSA]
2:00 Men's Social w/ Aaron [9th FI]
2:00 Service Project w/ Regina [HSA]
3:00 Bridge Group [9th FI]
3:15 Drumba Class w/ Nena [MP]

5
9:00 Balance Class with Heidi- [9th FI]
9:30 Morning Fitness [MP]
10:45 Table Talk w/ John Hill [9th FI]
1:00 Rocksteady Boxing [9th FI]
2:00 Theater Hour w/ Regina [MP]
3:00 Smart Knit Wits Group-All Welcome [9th FI]

6
9:30 Morning Fitness [MP]
10:00 Express Your Voice Class [9th FI]
10:00 Tranquil Manicures [HSA]
2:00 Service Project w/ Regina [HSA]
2:30 New Tai Chi Class w/ David! [MP]

7
Wear Red Day
9:30 Morning Fitness [MP]
10:00 Netflix Series-"Man on the Inside" [MP]
11:00 Tech Talk w/ Daphne Lee-Apple News, Stocks & Weather Apps [MP]
2:00 Bridge Group [MP]
2:00 Rummikub [HSA]

8
11:00 9th Floor Exercise
2:00 Mexican Train Game [DR-H]

9
9:30 Church Service-Christ Chapel-Vista 2nd Floor
11:00 Worship Service - Ch. 81
2:00 Movie Matinee [9th FI]
5:30 Super Bowl LIX-FOX or CBS

10
9:00 Balance Class with Heidi- [9th FI]
9:30 Morning Fitness [MP]
10:00 Soundscapes & Relaxation [MP]
10:30 The Chosen Series w/ Rev. Barbara Marcum [MP]
11:30 Out to Lunch-Mariano's
2:00 Bridge w/Sharon & Friends-All Levels [MP]
2:00 New! Meet & Greet and Intro Class w/ Tammy Slaunson [MP]

11
9:30 CCY Campus News-Ch. 81
9:30 Morning Fitness [MP]
10:00 Facebook Shares w/ Janet [MP]
11:00 For Love & Art w/ Wolford [9th FI]
2:00 Men's Social w/ Aaron [9th FI]
3:00 Valentines Happy Hour w/ Ruby Weston [DR-H]

12
9:00 Balance Class with Heidi- [9th FI]
9:30 Morning Fitness [MP]
10:00 Chef Connection [DR-H]
10:45 Table Talk w/ John Hill [9th FI]
1:00 Rocksteady Boxing [9th FI]
2:00 Theater Hour w/ Regina [MP]
3:00 Smart Knit Wits Group-All Welcome [9th FI]

13
9:30 Morning Fitness [MP]
10:00 Express Your Voice Class [9th FI]
10:00 Tranquil Manicures [HSA]
1:30 Conversations w/ Nena & Department Heads [DR-H]
2:30 New Tai Chi Class w/ David! [MP]

14
Valentine's Day
7:30 Sweets for the Sweeties-Donuts in the Hillside Lobby
9:30 Morning Fitness [MP]
10:00 Netflix Series-"Man on the Inside" [MP]
2:00 Movie Matinee-"Lady & the Tramp" Special Treat to Eat [MP]
3:00 Rummikub [HSA]

15
11:00 9th Floor Exercise
2:00 Mexican Train Game [DR-H]

16
9:30 Church Service-Christ Chapel-Vista 2nd Floor
11:00 Worship Service - Ch. 81
2:00 Movie Matinee [9th FI]

17
Presidents' Day
9:00 Balance Class with Heidi- [9th FI]
9:30 Morning Fitness [MP]
10:00 Soundscapes & Relaxation [MP]
10:30 The Chosen Series w/ Rev. Barbara Marcum [MP]
2:00 Bingo Fun [HSA]
2:00 Bridge w/Sharon & Friends-All Levels [MP]

18
9:30 CCY Campus News-Ch. 81
9:30 Morning Fitness [MP]
10:00 Facebook Shares w/ Janet [MP]
2:00 Men's Social w/ Aaron [9th FI]
3:00 Bridge Group [9th FI]
3:15 Drumba Class w/ Nena [MP]
4:45 Piano Music w/ Russ Rieger [9th FI]

19
9:00 Balance Class with Heidi- [9th FI]
9:30 Morning Fitness [MP]
10:45 Table Talk w/ John Hill [9th FI]
1:00 Rocksteady Boxing [9th FI]
2:00 Theater Hour w/ Regina [MP]
3:00 Smart Knit Wits Group-All Welcome [9th FI]
4:45 Piano Music w/ Russ Rieger [DR-H]

20
9:30 Morning Fitness [MP]
10:00 Express Your Voice Class [9th FI]
10:00 Tranquil Manicures [HSA]
11:30 Out to Lunch-Olive Garden
2:00 Painting w/ a Twist w/ Regina [HSA]
2:30 New Tai Chi Class w/ David! [MP]

21
9:30 Morning Fitness [MP]
10:00 Netflix Series-"Man on the Inside" [MP]
11:00 Tech Talk w/ Daphne Lee-Exploring the World of Drones [MP]
2:00 Bridge Group [MP]
2:00 Rummikub [HSA]

22
11:00 9th Floor Exercise
11:00 New Event Name
2:00 Mexican Train Game [DR-H]

23
9:30 Church Service-Christ Chapel-Vista 2nd Floor
11:00 Worship Service - Ch. 81
2:00 Movie Matinee [9th FI]

24
9:00 Balance Class with Heidi- [9th FI]
9:30 Morning Fitness [MP]
10:00 Soundscapes & Relaxation [MP]
10:30 The Chosen Series w/ Rev. Barbara Marcum [MP]
2:00 Bingo Fun [HSA]
2:00 Bridge w/Sharon & Friends-All Levels [MP]

25
9:30 CCY Campus News-Ch. 81
9:30 Morning Fitness [MP]
10:00 Facebook Shares w/ Janet [MP]
2:00 Men's Social w/ Aaron [9th FI]
2:00 New! Bible Study w/ Richard Stanford [MP]
3:00 Bridge Group [9th FI]
3:15 Drumba Class w/ Nena [MP]

26
9:00 Balance Class with Heidi- [9th FI]
9:30 Morning Fitness [MP]
10:45 Table Talk w/ John Hill [9th FI]
1:00 Rocksteady Boxing [9th FI]
2:00 Theater Hour w/ Regina [MP]
3:00 Smart Knit Wits Group-All Welcome [9th FI]

27
9:30 Morning Fitness [MP]
10:00 Express Your Voice Class [9th FI]
10:00 Tranquil Manicures [HSA]
2:00 Cooking w/ Regina [HSA]
2:30 New Tai Chi Class w/ David! [MP]

28
9:30 Morning Fitness [MP]
11:00 Out to Lunch-Jason Deli
2:00 Rummikub [HSA]
3:00 Birthday Happy Hour w/ Guest Jennifer Ernard [DR-H]