




March 2025  
Assisted Living- Hillside, Vista 3 & 9

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>March cont'd</b> <b>30</b></p> <p>9:30 † Church Service-Christ Chapel-Vista 2nd Floor</p> <p>11:00 † <i>Worship Service - Ch. 81</i></p> <p>2:00 Movie Matinee [9th FI]</p>	<p><b>31</b></p> <p>9:00 → Balance Class with Heidi- [9th FI]</p> <p>9:30 → Morning Fitness [MP]</p> <p>10:00 ★ Soundscapes &amp; Relaxation [MP]</p> <p>10:30 ♀ New! Fit Minds Program [MP]</p> <p>2:00 → Movement &amp; Music w/ Tammy Slauson [9th FI]</p> <p>3:00 ♀ Bridge w/Sharon &amp; Friends-All Levels [MP]</p>	<p><b>Creative</b></p> <p><b>Games</b></p> <p><b>Intellectual</b></p> <p><b>Music</b></p> <p><b>Physical</b></p> <p><b>Purposeful</b></p> <p><b>Snack</b></p> <p><b>Social</b></p> <p><b>Spiritual</b></p>	<p><b>Location Key</b></p> <p>HL-Hillside Lounge MP-Multi-Purpose DRH-Dining Room Hillside 9th-Vista 9 PA-Point Aud</p>			<p>11:00 → 9th Floor Exercise <b>1</b></p> <p>2:00 ♀ Mexican Train Game [DR-H]</p> <p>2:00 ♀ YMSL Spring Fling Visit [HSA]</p>
	<p><b>2</b></p> <p>9:30 † Church Service-Christ Chapel-Vista 2nd Floor</p> <p>11:00 † <i>Worship Service - Ch. 81</i></p> <p>12:00 ♪ Piano Music w/ Martha &amp; Brian [DR-H]</p> <p>2:00 Movie Matinee [9th FI]</p>	<p><b>3</b></p> <p>9:00 → Balance Class with Heidi- [9th FI]</p> <p>9:30 → Morning Fitness [MP]</p> <p>10:00 ★ Soundscapes &amp; Relaxation [MP]</p> <p>10:30 ♀ Current Events w/ Randy Mayeux [9th FI]</p> <p>2:00 → Movement &amp; Music w/ Tammy Slauson [9th FI]</p> <p>3:00 ♀ Bridge w/Sharon &amp; Friends-All Levels [MP]</p>	<p><b>Fat Tuesday</b></p> <p>9:30 ♀ CCY Campus News-Ch. 81</p> <p>9:30 → Morning Fitness [MP]</p> <p>10:00 ♀ Story Telling w/ Jo Rader [MP]</p> <p>2:00 ♀ Men's Social w/ Aaron [9th FI]</p> <p>3:00 ♀ Bridge Group &amp; Beginners Class w/ Sharon [9th FI]</p>	<p><b>Ash Wednesday</b></p> <p>9:00 → Balance Class with Heidi- [9th FI]</p> <p>9:30 → Morning Fitness [MP]</p> <p>10:45 ♀ Table Talk w/ John Hill [9th FI]</p> <p>1:00 → Rocksteady Boxing [9th FI]</p> <p>2:30 ♀ Theater Hour w/ Regina [9th FI]</p> <p>3:00 ★ Smart Knit Wits Group-All Welcome [9th FI]</p> <p>3:30 † Ash Wednesday Service [CC]</p> <p>3:30 ♪ New Day! Drumba w/ Nena [MP]</p> <p>6:30 † Ash Wednesday Service [PA]</p>	<p><b>6</b></p> <p>9:30 → Morning Fitness [MP]</p> <p>10:00 ★ Express Your Voice Class [9th FI]</p> <p>10:00 ♪ Texas Winds-Blue Bonnet Duo [9th FI]</p> <p>10:30 ♀ Fit Minds w/ Regina [MP]</p> <p>2:30 → New Tai Chi Class w/ David! [MP]</p> <p>3:30 ♀ Open Game Tables [HSA]</p>	<p><b>7</b></p> <p>9:30 ♀ New! Series-"Downton Abbey" [9th FI]</p> <p>11:00 ♀ Tech Talk w/ Daphne Lee [MP]</p> <p>2:00 ♪ Birthday Party w/ Guest Lionel Johnson [9th FI]</p> <p>2:00 ♀ Bridge Group [MP]</p> <p>3:00 ♀ Rummikub Game [HSA]</p>	<p><b>International Women's Day</b></p> <p>11:00 → 9th Floor Exercise</p> <p>2:00 ♀ Mexican Train Game [DR-H]</p>
	<p><b>Daylight Saving Time Begins</b> <b>9</b></p> <p>9:30 † Church Service-Christ Chapel-Vista 2nd Floor</p> <p>11:00 † <i>Worship Service - Ch. 81</i></p> <p>2:00 Movie Matinee [9th FI]</p>	<p><b>10</b></p> <p>9:00 → Balance Class with Heidi- [9th FI]</p> <p>9:30 → Morning Fitness [MP]</p> <p>10:00 ★ Soundscapes &amp; Relaxation [MP]</p> <p>10:30 ♀ New! Fit Minds Program [MP]</p> <p>2:00 → Movement &amp; Music w/ Tammy Slauson [9th FI]</p> <p>3:00 ♀ Bridge w/Sharon &amp; Friends-All Levels [MP]</p>	<p><b>11</b></p> <p>9:30 ♀ CCY Campus News-Ch. 81</p> <p>9:30 → Morning Fitness [MP]</p> <p>10:00 ♀ Facebook Shares w/ Janet [MP]</p> <p>11:00 ♀ For Love &amp; Art w/ Wolford [9th FI]</p> <p>2:00 ♀ Men's Social w/ Aaron [9th FI]</p> <p>2:00 ♀ Painting Class w/ David [HSA]</p> <p>3:00 ♀ Bridge Group &amp; Beginners Class w/ Sharon [9th FI]</p>	<p><b>Food Committee Meeting</b></p> <p>9:00 → Balance Class with Heidi- [9th FI]</p> <p>9:30 → Morning Fitness [MP]</p> <p>10:00 ★ Food Committee Meeting [HSA]</p> <p>10:45 ♀ Table Talk w/ John Hill [9th FI]</p> <p>1:00 → Rocksteady Boxing [9th FI]</p> <p>2:30 ♀ Theater Hour w/ Regina [9th FI]</p> <p>3:00 ★ Smart Knit Wits Group-All Welcome [9th FI]</p> <p>3:30 ♪ New Day! Drumba w/ Nena [MP]</p>	<p><b>13</b></p> <p>9:30 → Morning Fitness [MP]</p> <p>10:00 ★ Express Your Voice Class [9th FI]</p> <p>10:00 ★ Tranquil Manicures [HSA]</p> <p>10:30 ♀ New! Fit Minds Program [MP]</p> <p>11:30 ♀ Lunch Out-Birdies</p> <p>2:30 → New Tai Chi Class w/ David! [MP]</p> <p>3:30 ♀ Helping Hands Project [HSA]</p>	<p><b>14</b></p> <p>9:30 ♀ New! Series-"Downton Abbey" [9th FI]</p> <p>10:30 ♪ Hymn Sing w/ Nancy [MP]</p> <p>2:00 ♀ Bridge Group [MP]</p> <p>2:00 ♀ Rummikub [HSA]</p> <p>3:00 ♪ Happy Hour w/ Shane &amp; Friends [DR-H]</p>	<p>11:00 → 9th Floor Exercise</p> <p>2:00 ♀ Mexican Train Game [DR-H]</p>
<p><b>Happy Birthday</b></p> <p>3/1 Doyle S 3/1 Dieter G 3/10 Ruth B 3/10 Pat L 3/11 Lauren B 3/12 Nancy J 3/25 Margie B 3/25 Jack S</p>	<p><b>16</b></p> <p>9:30 † Church Service-Christ Chapel-Vista 2nd Floor</p> <p>11:00 † <i>Worship Service - Ch. 81</i></p> <p>2:00 Movie Matinee [9th FI]</p>	<p><b>St. Patrick's Day</b> <b>17</b></p> <p>7:30 ♀ Irish Coffee &amp; Pastries-Hillside Lobby</p> <p>9:00 → Balance Class with Heidi- [9th FI]</p> <p>9:30 → Morning Fitness [MP]</p> <p>10:00 ★ Soundscapes &amp; Relaxation [MP]</p> <p>10:30 ♀ New! Fit Minds Program [MP]</p> <p>2:00 → Movement &amp; Music w/ Tammy Slauson [9th FI]</p> <p>3:00 ♀ Bridge w/Sharon &amp; Friends-All Levels [MP]</p>	<p><b>18</b></p> <p>9:30 ♀ CCY Campus News-Ch. 81</p> <p>9:30 → Morning Fitness [MP]</p> <p>10:00 ♀ Facebook Shares w/ Janet [MP]</p> <p>2:00 ♪ Music w/ Toney Marconi [9th FI]</p> <p>3:00 ♀ Bridge Group &amp; Beginners Class w/ Sharon [9th FI]</p> <p>4:45 ♪ Piano w/ Russ Reiger [9th FI]</p>	<p><b>19</b></p> <p>9:00 → Balance Class with Heidi- [9th FI]</p> <p>9:30 → Morning Fitness [MP]</p> <p>10:45 ♀ Table Talk w/ John Hill [9th FI]</p> <p>1:00 → Rocksteady Boxing [9th FI]</p> <p>2:30 ♀ Theater Hour w/ Regina [9th FI]</p> <p>3:00 ★ Smart Knit Wits Group-All Welcome [9th FI]</p> <p>3:30 ♪ New Day! Drumba w/ Nena [MP]</p> <p>4:45 ♪ Piano w/ Russ Reiger [DR-H]</p>	<p><b>20</b></p> <p>9:30 → Morning Fitness [MP]</p> <p>10:00 ★ Express Your Voice Class [9th FI]</p> <p>10:00 ♪ Hymn Sing w/ Shane [MP]</p> <p>10:00 ★ Tranquil Manicures [HSA]</p> <p>10:30 ♀ New! Fit Minds Program [MP]</p> <p>2:30 → New Tai Chi Class w/ David! [MP]</p> <p>3:30 ♀ New Welcome Meeting [9th FI]</p> <p>3:30 ♀ Origami w/ Regina [HSA]</p>	<p><b>21</b></p> <p>9:30 ♀ New! Series-"Downton Abbey" [9th FI]</p> <p>11:00 ♀ Tech Talk w/ Daphne Lee [MP]</p> <p>2:00 ♀ Bridge Group [MP]</p> <p>2:00 ♀ Rummikub [HSA]</p> <p>4:00 ♪ BYO Musicians [9th FI]</p>	<p>11:00 → 9th Floor Exercise</p> <p>2:00 ♀ Mexican Train Game [DR-H]</p>
	<p><b>23</b></p> <p>9:30 † Church Service-Christ Chapel-Vista 2nd Floor</p> <p>11:00 † <i>Worship Service - Ch. 81</i></p> <p>2:00 Movie Matinee [9th FI]</p>	<p><b>24</b></p> <p>9:00 → Balance Class with Heidi- [9th FI]</p> <p>9:30 → Morning Fitness [MP]</p> <p>10:00 ★ Soundscapes &amp; Relaxation [MP]</p> <p>10:30 ♀ New! Fit Minds Program [MP]</p> <p>2:00 → Movement &amp; Music w/ Tammy Slauson [9th FI]</p> <p>3:00 ♀ Bridge w/Sharon &amp; Friends-All Levels [MP]</p> <p>3:30 ♀ Meet Jocelyn Dorsely-See Flyers for Details [PA]</p>	<p><b>25</b></p> <p>9:30 ♀ CCY Campus News-Ch. 81</p> <p>9:30 → Morning Fitness [MP]</p> <p>10:00 ♀ Facebook Shares w/ Janet [MP]</p> <p>2:00 ♀ Book Review w/ Richard Stanford- "Revenge of the Tipping Point". [MP]</p> <p>2:00 ♀ Men's Social w/ Aaron [9th FI]</p> <p>3:00 ♀ Bridge Group &amp; Beginners Class w/ Sharon [9th FI]</p>	<p><b>26</b></p> <p>9:00 → Balance Class with Heidi- [9th FI]</p> <p>9:30 → Morning Fitness [MP]</p> <p>10:45 ♀ Table Talk w/ John Hill [9th FI]</p> <p>1:00 → Rocksteady Boxing [9th FI]</p> <p>2:30 ♀ Theater Hour w/ Regina [9th FI]</p> <p>3:00 ★ Smart Knit Wits Group-All Welcome [9th FI]</p> <p>3:30 ♪ New Day! Drumba w/ Nena [MP]</p>	<p><b>27</b></p> <p>9:30 → Morning Fitness [MP]</p> <p>10:00 ★ Express Your Voice Class [9th FI]</p> <p>10:00 ★ Tranquil Manicures [HSA]</p> <p>10:30 ♀ New! Fit Minds Program [MP]</p> <p>11:30 ♀ Lunch Out</p> <p>2:30 → New Tai Chi Class w/ David! [MP]</p> <p>3:30 ♀ Open Game Tables [HSA]</p>	<p><b>28</b></p> <p>9:30 ♀ New! Series-"Downton Abbey" [9th FI]</p> <p>10:30 ♪ Hymn Sing w/ Nancy [MP]</p> <p>2:00 ♀ Bridge Group [MP]</p> <p>2:00 ★ Pen Pals Get Together! [HSA]</p> <p>3:00 ♀ Rummikub [HSA]</p>	<p>11:00 → 9th Floor Exercise</p> <p>2:00 ♀ Mexican Train Game [DR-H]</p>

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