

February 2025 Memory Support Activities

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							
	Groundhog Day 11:00 † Worship Service - Ch. 81 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	HAPPY Presidents' Day 9:30 ↔ Patricia's Sole Mates (Walking Group) 10:00 ↔ Moving to Heal w/Julie 10:45 † Refresh & Refuel 11:00 ♡ Brain Games 2:00 ↔ Active Afternoons 2:00 FUMC Dallas Worship Service [CH81] 2:30 🎬 Afternoon Cinema: Me before You (Theater) 2:30 🎭 Magic Show 3:00 🎵 Tunes & Melodies (Music Room) 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	Resident of the Month FEBRUARY 2025 Ruthe Cowell	FEBRUARY 9:45 † Devotions w/ Ministry Team 10:00 ♡ Kathy's Cranimum Crunch 10:45 † Refresh & Refuel 11:15 🎵 Choir Practice with Russ 2:30 🎬 Afternoon Cinema: About Time (Theater) 3:00 🎵 Tunes & Melodies (Music Room) 4:00 ↔ Balloon-Noodle w/CNA's 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	BIRTHDAYS THIS MONTH Resident Birthdays Ruthe C. 2/26	2:30 🎬 Saturday Matinee 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	1							
	Groundhog Day 11:00 † Worship Service - Ch. 81 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	2	3	4	5	6	7	8						
	11:00 † Worship Service - Ch. 81 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	9:30 ↔ Patricia's Sole Mates (Walking Group) 10:00 ↔ Moving to Heal w/Julie 10:45 † Refresh & Refuel 11:00 ♡ Brain Games 2:00 ↔ Active Afternoons 2:00 FUMC Dallas Worship Service [CH81] 2:30 🎬 Afternoon Cinema: P.S I Love You (Theater) 3:00 🎵 Tunes & Melodies (Music Room) 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	9:30 ♡ Campus News - Channel 81 9:30 ↔ Patricia's Sole Mates (Walking Group) 10:00 🎵 Music Therapy 10:45 † Refresh & Refuel 11:00 ♡ This Day in History 2:00 ↔ Getting Fit w/Paul Eugene 2:30 🎬 Let's Travel to New York (Theater) 3:00 🎵 Tunes & Melodies (Music Room) 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	9:45 † Devotions w/ Ministry Team 10:00 ♡ Kathy's Cranimum Crunch 10:45 † Refresh & Refuel 11:15 🎵 Choir Practice with Russ 2:30 🎬 Afternoon Cinema: The Notebook (Theater) 3:00 🎵 Tunes & Melodies (Music Room) 4:00 ↔ Balloon-Noodle w/CNA's 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	9:30 ↔ Patricia's Sole Mates (Walking Group) 10:00 🎮 Nought & Crosses War 10:45 † Refresh & Refuel 11:00 🎵 Music Therapy 2:00 ↔ Active Afternoons 2:30 🥤 Soda Tasting 3:00 🎵 Tunes & Melodies (Music Room) 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	Valentine's Day 9:30 ★ Morning Affirmations 10:00 🎬 Valentines Party w/ Dennis Cavilier 10:45 † Refresh & Refuel 11:00 ↔ Exercise with Heidi 2:00 ↔ Grooving w/ Sherry Zak Morris 2:30 🎬 Afternoon Cinema: Valentines' Day (Theater) 3:00 🎵 Tunes & Melodies (Music Room) 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	2:30 🎬 Saturday Matinee 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	9	10	11	12	13	14	15
	11:00 † Worship Service - Ch. 81 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	16	17	18	19	20	21	22						
	11:00 † Worship Service - Ch. 81 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	Presidents' Day 9:30 ↔ Patricia's Sole Mates (Walking Group) 10:00 ↔ Moving to Heal w/Julie 10:45 † Refresh & Refuel 11:00 ♡ Brain Games 2:00 ↔ Active Afternoons 2:00 FUMC Dallas Worship Service [CH81] 2:30 🎬 Afternoon Cinema: Notting Hill (Theater) 3:00 🎵 Tunes & Melodies (Music Room) 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	9:30 ♡ Campus News - Channel 81 9:30 ↔ Patricia's Sole Mates (Walking Group) 10:00 🎵 Music Therapy 10:45 † Refresh & Refuel 11:00 ♡ This Day in History 2:00 ↔ Getting Fit w/Paul Eugene 2:30 🎮 Mani's w/Rickina 2:30 🎮 Mary's Crotchet Diva Club 3:00 🎵 Tunes & Melodies (Music Room) 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	9:45 † Devotions w/ Ministry Team 10:00 ♡ Kathy's Cranimum Crunch 10:45 † Refresh & Refuel 11:15 🎵 Choir Practice with Russ 2:30 🎬 Afternoon Cinema: When Harry met Sally (Theater) 3:00 🎵 Tunes & Melodies (Music Room) 4:00 ↔ Balloon-Noodle w/CNA's 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	9:30 ↔ Patricia's Sole Mates (Walking Group) 10:00 🎮 Jeopardy Rejects 10:45 † Refresh & Refuel 11:00 🎵 Music Therapy 2:00 ↔ Active Afternoons 2:30 🥤 Crafty Corner (Pressed Flower Art) 3:00 🎵 Tunes & Melodies (Music Room) 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	9:30 ★ Morning Affirmations 10:00 🎮 You Be The Judge! 10:45 † Refresh & Refuel 11:00 ↔ Exercise with Heidi 2:00 ↔ Grooving w/ Sherry Zak Morris 2:30 🎬 Afternoon Cinema: The Proposal (Theater) 3:00 🎵 Tunes & Melodies (Music Room) 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	2:30 🎬 Saturday Matinee 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	23	24	25	26	27	28	
	11:00 † Worship Service - Ch. 81 6:00 ★ Outdoor Breeze w/ CNA's (if weather permits)	23	24	25	26	27	28							

- 🍳 Cooking
- 🧠 Creative
- 🎮 Games
- 🧠 Intellectual
- 🎵 Music
- ↔ Physical
- ★ Purposeful
- 🍷 Snack
- 🎭 Social
- † Spiritual