

January 2025

Vista 5th Floor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Resident Birthdays Theodore Y. 1/11 Inge S. 1/30			New Year's Day 1 9:30 ★ New Years Wishes 9:45 → Morning Exercises 10:00 ♀ Famous Classical Musician Facts 10:30 🎵 Music with Hannah 11:00 ★ Movie: LA LA LAND	2 9:30 ♀ Readings of Lewis Carroll 9:45 → Morning Exercise 10:00 🎵 Music Therapy 11:00 🧠 Crafts: Centennial High School Volunteers 3:00 ★ Aromatherapy + Hand Massages 3:30 🎵 Poems with Hannah	3 9:30 ♀ Daily Chronicles 9:45 → Morning Exercises 10:00 🌱 Flower Arranging 10:30 🎵 Music with Hannah 11:00 🧠 Crafts: 3:00 🐾 Movie: Alice in Wonderland	4 10:00 🧑‍🎓 Action Table Self-Paced
10:00 ♀ Puzzles Available in Activity Room 5 11:00 ✝️ Worship Service Live Stream from the Point [CH81]	6 9:30 ★ Alice Wonderland Quotes 9:45 → Morning Exercise 10:00 🧠 Art with Tanvi 11:00 ♀ New Year Celebrations Around the World 3:00 ★ Nail Day	7 9:30 ♀ Campus News Channel 81 [CH81] 9:30 ♀ Good News Network 9:45 → Morning Exercises 10:00 🎵 Texas Winds Musical Morning Duo 11:00 🎵 Music Therapy 2:00 → Therapeutic Touch & Reiki with Anna 3:00 🧑‍🎓 Games 3:30 ★ Afternoon 1:1 Activities	8 9:30 ♀ Daily Chronicles 9:45 → Morning Exercises 10:00 ★ Sensory: Down in the Rabbit Hole 10:30 🎵 Music with Hannah 11:00 ♀ Alice in Wonderland Trivia 3:30 🎵 Classical Music from the 1800's	9 9:30 ♀ Readings of Lewis Carroll 9:45 → Morning Exercises 10:00 🎵 Music Therapy 11:00 🍳 Cooking A Mad Hatter Treat: Tarts 3:00 ★ Aromatherapy + Hand Massages 3:30 ♀ Poems with Hannah	10 9:30 ♀ Daily Chronicles 9:45 → Morning Exercise 10:00 🎵 Alice in Wonderland Happy Hour with Music with David Callahan 11:00 🧠 Flower Arrangement: Alice in Wonderland Style. 3:00 ★ Arm Chair Travel: Britain	11 10:00 🧑‍🎓 Action Table Self-Paced
10:00 ♀ Puzzles Available in Activity Room 12 11:00 ✝️ Worship Service Live Stream from the Point [CH81]	13 9:30 ★ Alice Wonderland Quotes 9:45 → Morning Exercise 10:00 ♀ Daily Chronicles 10:30 🧑‍🎓 Games with Hannah 11:00 ★ Armchair Travel: Beautiful Flower view 3:00 ★ Nail Day: Touch up 3:30 ♀ Poems with Hannah	14 9:30 ♀ Campus News Channel 81 [CH81] 9:30 ♀ Good News Network 9:45 → Morning Exercises 10:00 🎵 Texas Winds: Sentimental Journey Sax and Piano 11:00 🎵 Music Therapy 2:00 → Therapeutic Touch & Reiki with Anna 3:00 🧑‍🎓 Games 3:30 ★ Afternoon 1:1 Activities	15 9:30 ♀ Daily Chronicles 9:45 → Morning Exercises 10:00 ★ Good News Network 10:30 ★ Sensory: Tea 11:00 ♀ Art History with Pictures 3:30 🎵 Top 10 Pianist	16 9:30 ♀ Readings of Lewis Carroll 9:45 → Morning Exercise 10:00 🎵 Music Therapy 11:00 🧠 Let's Make Tea Bags 3:00 ★ Aromatherapy + Hand Massages 3:30 ♀ Poems with Hannah	17 9:30 ♀ Daily Chronicles 9:45 → Morning Exercises 10:00 ♀ New Years Old Poems 10:30 🎵 Hand Drum to Music with Hannah 11:00 🧠 Crafts: Let's Go mad 3:00 ★ Movies: Matilda the Musical	18 10:00 🧑‍🎓 Action Table Self-Paced
10:00 ♀ Puzzles Available in Activity Room 19 11:00 ✝️ Worship Service Live Stream from the Point [CH81]	Martin Luther King, Jr. Day 20 9:30 ★ Alice Wonderland Quotes 9:45 → Morning Exercise 10:00 ♀ Facts about the Great Man of Martin King 10:30 🧑‍🎓 Games with Hannah 11:00 ♀ Random Category Trivia 3:00 ★ Nail Day	21 9:30 ♀ Campus News Channel 81 [CH81] 9:30 ♀ Good News Network 9:45 → Morning Exercises 10:00 🧠 Crafts with Hannah 11:00 🎵 Music Therapy 2:00 → Therapeutic Touch & Reiki with Anna 3:00 🧑‍🎓 Games 3:30 ★ Afternoon 1:1 Activities	22 9:30 ♀ Daily Chronicles 9:45 → Morning Exercises 10:00 🧑‍🎓 Games with Hannah 11:00 ♀ History Life in 1865 3:00 ♀ Good News Network 3:30 🎵 Susie Q Sing Along	23 9:30 ♀ Readings of Lewis Carroll 9:45 → Morning Exercise 10:00 🎵 Music Therapy 11:00 🧠 Cup of Tea Lacing Cards 3:00 ★ Aromatherapy + Hand Massages 3:30 ♀ Poems with Hannah	24 9:30 ♀ Daily Chronicles 9:45 → Morning Exercises 10:00 🌱 Flower Arranging 10:00 ♀ Flower Facts for Fun! 11:00 🎵 Happy Hour: Music with Mike Frankel 3:00 ★ Arm Chair Travel: Beautiful Oceans	25 10:00 🧑‍🎓 Action Table Self-Paced
10:00 ♀ Puzzles Available in Activity Room 26 11:00 ✝️ Worship Service Live Stream from the Point [CH81]	27 9:30 ★ Alice Wonderland Quotes 9:45 → Morning Exercise 10:00 ♀ Daily Chronicles 10:30 🧑‍🎓 Games with Hannah 11:00 ★ Armchair Travel: Forest 3:00 ★ Nail Day Touch Up 3:30 ★ Poems with Hannah	28 9:30 ♀ Campus News Channel 81 [CH81] 9:30 ♀ Good News Network 9:45 → Morning Exercises 10:00 🧠 Crafts with Hannah 11:00 🎵 Music Therapy 2:00 → Therapeutic Touch & Reiki with Anna 3:00 🧑‍🎓 Games 3:30 ★ Afternoon 1:1 Activities	29 9:30 ♀ Daily Chronicles 9:45 → Morning Exercises 10:00 ★ Sensory Activity with Flower Petals 10:30 🧑‍🎓 Games with Hannah 11:00 ♀ The Life of Lewis Carroll & Why he Wrote Alice in Wonderland 3:00 ♀ Good News Network 3:30 🎵 Susie Q Sing Along	30 9:30 ♀ Readings of Lewis Carroll 9:45 → Morning Exercise 10:00 🎵 Music Therapy 11:00 🧠 Painted Looking Glass 3:00 ★ Aromatherapy + Hand Massages 3:30 ♀ Poems with Hannah	31 9:30 ♀ Daily Chronicles 9:45 → Morning Exercises 10:00 🧠 Crafts: Let's Go mad 11:00 🎵 Susie Q Sing Along 3:00 ★ Movie: Alice in Wonderland Live Action	🍳 Cooking 🧠 Creative 🌱 Environmental 🧑‍🎓 Games ♀ Intellectual 🎵 Music → Physical ★ Purposeful 🐾 Social ✝️ Spiritual