


















































































| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|---|--|---|--|
| <p>Be sure to check out all our live stream options on our in-house TV station- Channel 81! Detailed descriptions of offerings are located in your Lifestyle Guide.</p> |  | <p>Activities are subject to change. The most up to date activities will be found on your in-room electronic whiteboard.</p> | <ul style="list-style-type: none">  Intellectual  Music  Physical  Purposeful  Spiritual | <p>Individual Pursuits: Puzzles and More available in the Activity Room 1</p> <p>10:00  Group Exercise w/ Therapy [8th fl]</p> <p>1:00  Music Therapy Room Visits [7th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> <p>2:00  Music Therapy Room Visits [8th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 2</p> <p>10:00  Group Fitness Class with Heidi [8th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 3</p> <p>10:00  Group Exercise w/ Therapy [8th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 4</p> |
| | <p>Individual Pursuits: Puzzles and More available in the Activity Room 5</p> <p>11:00  Worship Service live stream from The Point [CH81]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 6</p> <p>10:00  Group Fitness Class with Heidi [7th fl]</p> <p>11:00  Group Fitness Class with Heidi [8th fl]</p> <p>11:00  Welcome Visits</p> <p>2:00  Room to Room Activity Cart</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 7</p> <p>9:30  Campus News [CH81]</p> <p>10:00  Group Fitness Class with Heidi [7th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 8</p> <p>10:00  Group Exercise w/ Therapy [8th fl]</p> <p>1:00  Music Therapy Room Visits [7th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> <p>2:00  Music Therapy Room Visits [8th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 9</p> <p>10:00  Group Fitness Class with Heidi [8th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 10</p> <p>10:00  Group Exercise w/ Therapy [8th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 11</p> |
|  <p>Life Enrichment is happy to provide the following upon request:</p> <ul style="list-style-type: none"> Reading Materials Word Games Art Supplies Puzzles Note Cards/Stationary Snacks Pastoral Support Referral CCY Lifestyle Guide for in house TV programming <p>Call: 469-828-3454</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 12</p> <p>11:00  Worship Service live stream from The Point [CH81]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 13</p> <p>10:00  Group Fitness Class with Heidi [7th fl]</p> <p>11:00  Group Fitness Class with Heidi [8th fl]</p> <p>11:00  Welcome Visits</p> <p>2:00  Room to Room Activity Cart</p> <p>3:00  Music with Mike Frankel [7th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 14</p> <p>9:30  Campus News [CH81]</p> <p>10:00  Group Fitness Class with Heidi [7th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 15</p> <p>10:00  Group Exercise w/ Therapy [8th fl]</p> <p>1:00  Music Therapy Room Visits [7th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> <p>2:00  Music Therapy Room Visits [8th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 16</p> <p>10:00  Group Fitness Class with Heidi [8th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 17</p> <p>10:00  Group Exercise w/ Therapy [8th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 18</p> |
| | <p>Individual Pursuits: Puzzles and More available in the Activity Room 19</p> <p>11:00  Worship Service live stream from The Point [CH81]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 20</p> <p>10:00  Group Fitness Class with Heidi [7th fl]</p> <p>11:00  Group Fitness Class with Heidi [8th fl]</p> <p>11:00  Welcome Visits</p> <p>2:00  Room to Room Activity Cart</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 21</p> <p>9:30  Campus News [CH81]</p> <p>10:00  Group Fitness Class with Heidi [7th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 22</p> <p>10:00  Group Exercise w/ Therapy [8th fl]</p> <p>1:00  Music Therapy Room Visits [7th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> <p>2:00  Music Therapy Room Visits [8th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 23</p> <p>10:00  Group Fitness Class with Heidi [8th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 24</p> <p>10:00  Group Exercise w/ Therapy [8th fl]</p> <p>11:00  Music with Mike Frankel [8th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 25</p> |
| <p>Individual Pursuits: Puzzles and More available in the Activity Room 26</p> <p>11:00  Worship Service live stream from The Point [CH81]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 27</p> <p>10:00  Group Fitness Class with Heidi [7th fl]</p> <p>11:00  Group Fitness Class with Heidi [8th fl]</p> <p>11:00  Welcome Visits</p> <p>2:00  Room to Room Activity Cart</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 28</p> <p>9:30  Campus News [CH81]</p> <p>10:00  Group Fitness Class with Heidi [7th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 29</p> <p>10:00  Group Exercise w/ Therapy [8th fl]</p> <p>1:00  Music Therapy Room Visits [7th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> <p>2:00  Music Therapy Room Visits [8th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 30</p> <p>10:00  Group Fitness Class with Heidi [8th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> | <p>Individual Pursuits: Puzzles and More available in the Activity Room 31</p> <p>10:00  Group Exercise w/ Therapy [8th fl]</p> <p>2:00  Body and Mind with Restorative Team [7th fl]</p> | <p>"We must not allow the clock and the calendar to blind us to the fact that each moment of life is a miracle and mystery." — H.G. Wells</p> | |