

# THE VISTA

Call **214-258-4000** or visit  
**[ccyoung.org](https://ccyoung.org)** to arrange a  
personal tour of the Vista.

License #146759, #100042, #000532, #140097

ASSISTED LIVING • MEMORY SUPPORT • SKILLED NURSING • LONG-TERM CARE • REHAB & AQUATICS •  
HOSPICE GENERAL INPATIENT (GIP) & SKILLED PALLIATIVE CARE UNIT

3/21/2024





## SKILLED NURSING, REHABILITATION & AQUATICS & LONG-TERM CARE



### HELPING YOU GAIN STRENGTH & CONFIDENCE

For 100 years, CC Young has served seniors who need comprehensive care and support. Our CMS Five-Star Quality rated - the highest rating possible- community is comprised of caring professionals who provide compassionate care and help you gain strength and confidence to live life to the fullest.

Please call us at **214 258-4000** or visit **ccyoung.org** schedule a tour the Vista!



**CC YOUNG**  
SENIOR LIVING

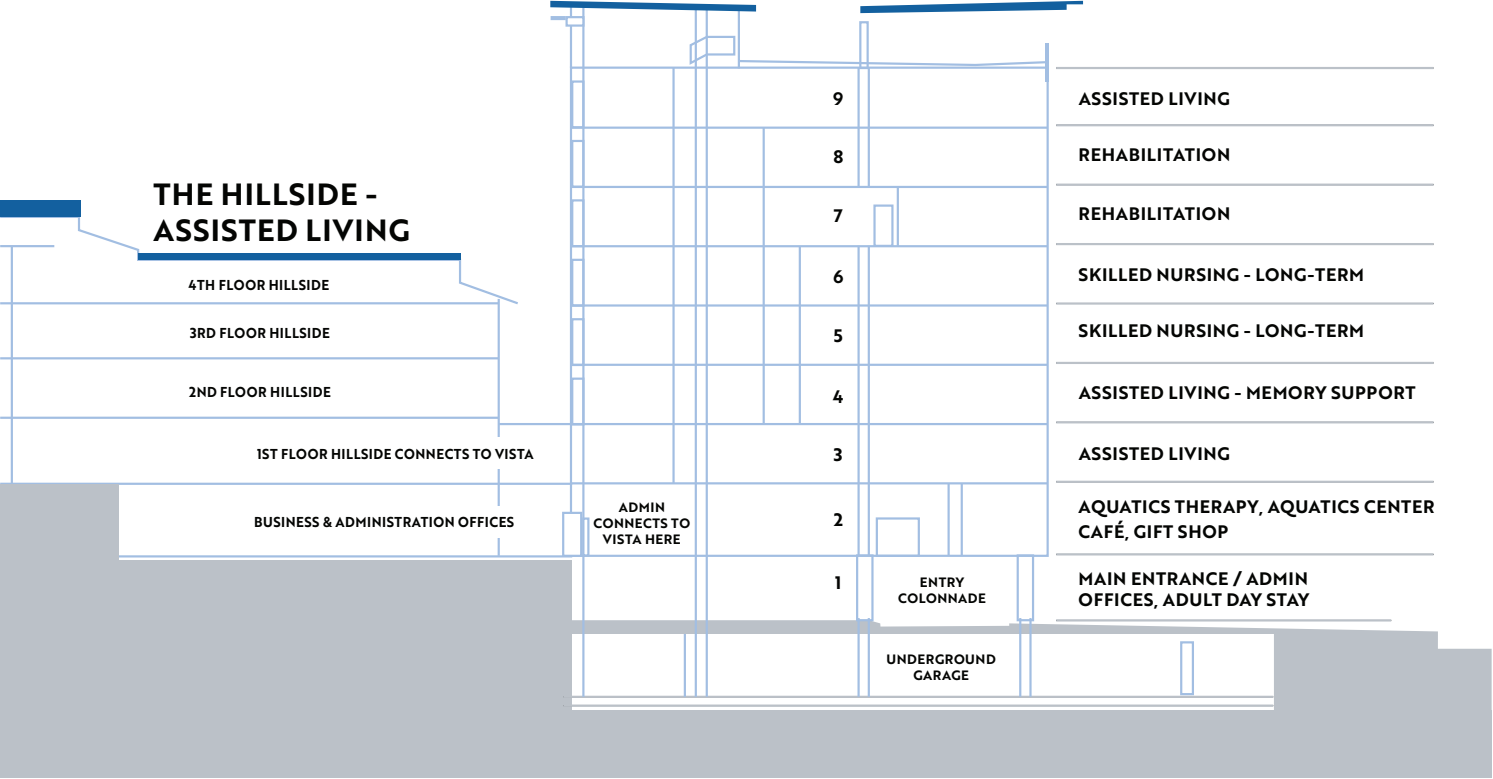
ASSISTED LIVING • MEMORY SUPPORT • SKILLED NURSING LONG-TERM CARE •  
REHAB & AQUATICS





# THE VISTA

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# REHABILITATION

The process of recovering from an injury or illness can sometimes be intimidating. The CC Young Rehabilitation team is with you in every step of your recovery, beginning with building treatment plans to guide you in all phases of healing, from initial diagnosis through the restorative and preventive stages of post-recovery.



## INDOOR WALKING LOOP

encircling a training kitchen, car, bathroom, and stairs



## THE AWARD-WINNING VISTA

has been recognized for raising the bar in post-acute design to provide optimal care. The therapy suite was purposely designed with innovations to improve the patient and staff experience.

## Q&A

**Our Director of Rehabilitation answers a few questions about rehab at CC Young:**

**Q:** What is the average time frame a patient attends rehabilitation?

**A:** Floors 7 and 8 of The Vista are our inpatient rehabilitation floors. These residents typically stay for 21 days. Outpatient varies based upon the therapy needed, but on average we see most patients for 4-6 weeks.

**Q:** What do you think is the most important thing a patient can do to ensure success?

**A:** To be successful, the key is to follow the home exercise program that the therapist sets. This helps a patient progress while in therapy and then maintain what they have achieved after therapy.

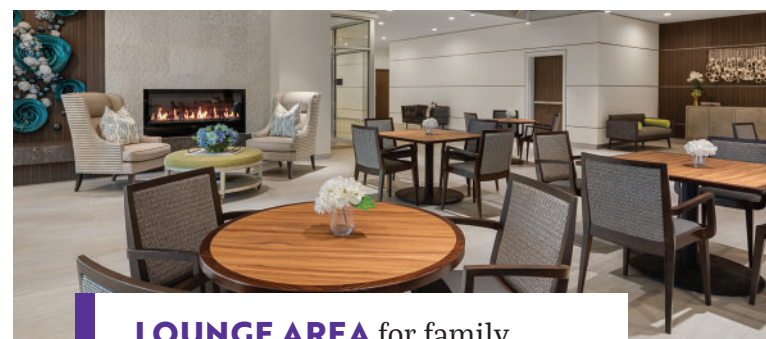
**Q:** Can you tell us what differentiates CC Young rehab from other rehab facilities?

**A:** Most other rehab facilities do not have the resources and continuum of care that we have at CC Young. A patient can be admitted to our rehab facility with an injury or ailment that requires our intervention. They can stay for a few weeks on our rehab floors to get strong enough to return home. Through our Community Service Program we can transition patients to our Home Health team to work with the patient in their own environment and ensure they are functioning safely. Once this is established the patient can transition to our outpatient rehab and aquatic center to maximize their recovery from the injury. Other facilities may offer some of these options but rarely can they match our overall comprehensive care.

## AQUATIC THERAPY AREA

with private changing rooms versus locker rooms for personal privacy.

**PRIVATE SPACES** for particular therapy modalities such as physical and speech therapy.



**LOUNGE AREA** for family members to have a refreshment during therapy sessions.





# COMMUNITY SERVICES

## CMS 5-STAR QUALITY RATED CARE

If you are looking for a way to keep your clients independent, safe, and healthy in their current living environment after an illness or injury, we are here when and where needed, to provide education, help with medications, social services and therapy. We also help with the coordination between clients and insurance companies to arrange services offered.

Home Healthcare, Hospice, and Home Services solutions are available for residents and non-residents of CC Young. We are licensed to serve in 13 counties in North Texas and want to be your choice when you need healthcare support.

**SERVING 13 COUNTIES** - Collin, Cooke, Dallas, Denton, Ellis, Fannin, Grayson, Hunt, Johnson, Kaufman, Rockwall, Tarrant and Wise.





## HOME HEALTHCARE

For those looking to remain independent, safe, and healthy in their current living environment after an illness or injury, CC Young Home Healthcare is here, when and where you need us. We provide education, assistance with medications, social services, and therapy to help you successfully manage your health in your own home. Our Home Healthcare service is available to individuals wherever they call home - on or off the CC Young campus.

For more information, please call:  
**214- 841-2825.**

### SERVICES:

- Therapy services  
(Physical Therapy, Occupational Therapy, Speech-Language Therapy)
- Skilled observation and assessments
- Monitoring of medications
- Diabetic care
- Wound care
- IV therapies

## HOME SERVICES

Occasionally, a little support or assistance is needed to make daily living easier. CC Young Home Services provides a wide range of private pay services to give more freedom to live at home more comfortably. Whatever the needs may be, our Home Service Coordinator will tailor a plan specifically for you. CC Young Home Services are available to individuals on or off campus.

For more information, please call:  
**214-841-2825.**

### OUR LICENSED CAREGIVERS PROVIDE:

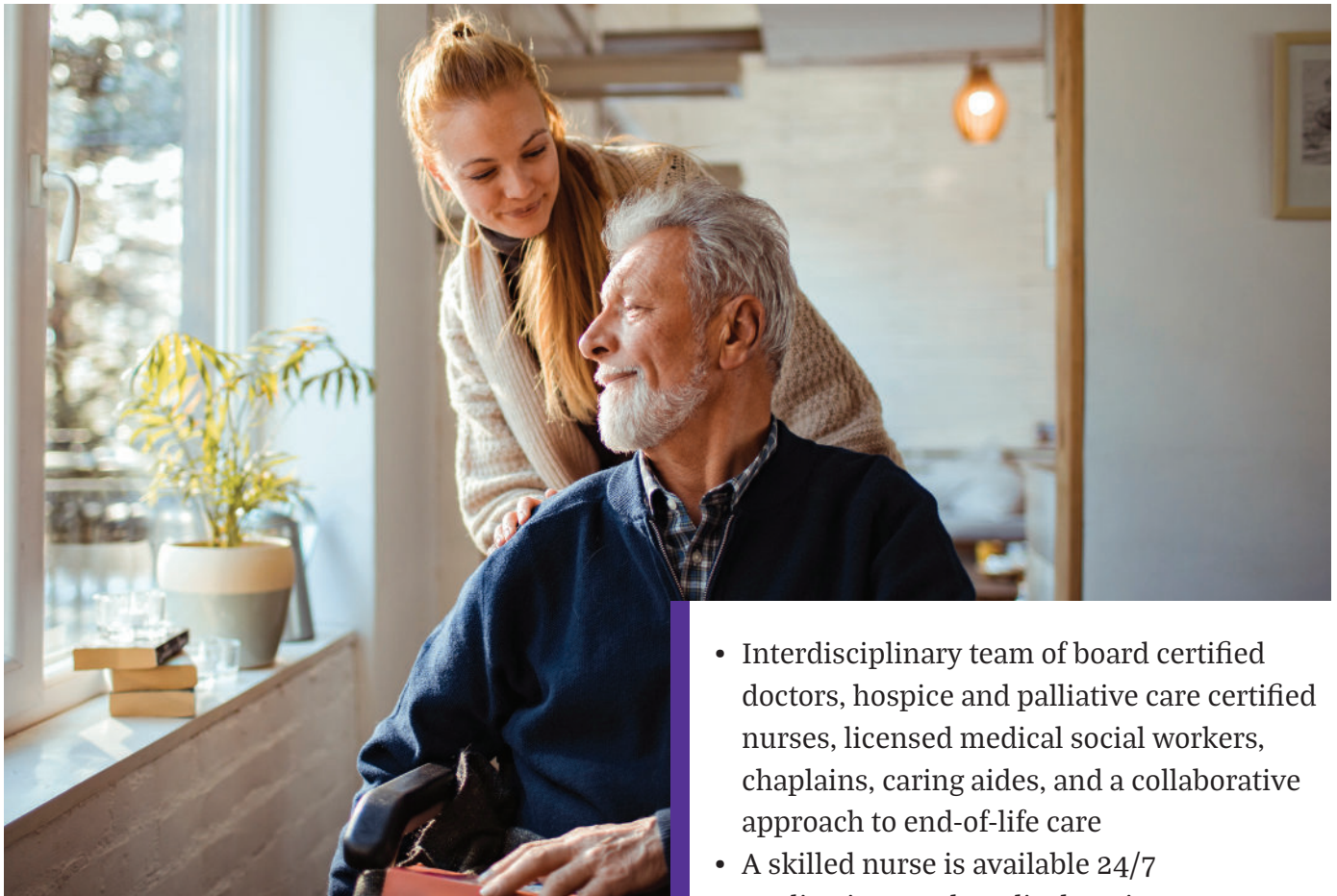
- Companionship and conversation
- Wake-up and tuck in care
- Bathing, dressing, grooming
- Walking, mobility assistance
- Meal planning, preparing and cleanup
- Laundry assistance
- Grocery shopping and preparation
- Medication reminders and pickup
- Arranging transportation and appointments
- Fitness and wellness support
- Other items per request

# HOSPICE

CC Young Hospice care focuses on the quality of life for patients who are experiencing an advanced, terminal illness. Hospice provides compassionate, loving care from a team of professionals working together to manage symptoms for patients so they may live as fully and comfortably as possible. Hospice is not intended to hasten or postpone death, but manages symptoms of the disease so the end of life is spent with dignity and quality, surrounded by love and family. The patient and family are

the center of care. They make the decisions to guide their own path.

Palliative care is offered in hospice care, but it also can be given separately from hospice. Palliative care is sometimes called supportive care, symptom management, pain control, or comfort care. Most often it is used for those who are still pursuing aggressive and curative treatment, but have bothersome symptoms that require expert management.



Our Hospice care is available wherever a person calls home - on or off campus. It is a benefit covered 100% by Medicare and Medicaid and includes the services listed here. For more information, please contact us by calling **214-841-2825.**

- Interdisciplinary team of board certified doctors, hospice and palliative care certified nurses, licensed medical social workers, chaplains, caring aides, and a collaborative approach to end-of-life care
- A skilled nurse is available 24/7
- Medications and medical equipment
- Pain and symptom management
- Emotional and spiritual support
- Music, massage and pet therapy
- Bereavement care for 13 months
- Assistance with activities of daily living, including showering, shaving, dressing





# HOSPICE GENERAL INPATIENT (GIP)

## HOSPICE GENERAL INPATIENT (GIP) & SKILLED PALLIATIVE CARE

The CC Young Hospice Inpatient unit is located on the campus of CC Young in The Vista, our cutting-edge skilled nursing and assisted living building. With GIP and palliative care services, patients and their families will find comfort in the extra layers of clinical, psychosocial, and spiritual support in this high-acuity, comfort-focused setting.

CC Young has assembled an expert interdisciplinary team to care for patients whose symptoms can no longer be managed at home, have medically complex needs, or have experienced a sudden decline in condition and need round-the-clock skilled nursing care. Our GIP unit will help get symptoms under control to experience a better quality of life at the end of life.



## AMENITIES FOR FAMILIES

Kitchen with light refreshments, Amazon Alexa, charging stations, massage, music, and pet therapy.

“You matter because of who you are. You matter to the last moment of your life, and we will do all we can, not only to help you die peacefully, but also to live until you die.”

- DAME CICELY SAUNDERS, founder of the first modern hospice





# THE POINT AND PAVILION

Our 20,000 square foot life enrichment center is the cornerstone for CC Young's mission to enrich the lives of seniors on our campus and in our community. The Point is a destination for ages 55 and better to flourish in body, mind and spirit. The Point includes an art gallery, auditorium, movie theater, fitness center, library, café, meeting and classroom space. The Point offers a full calendar of enriching activities, workshops,

courses, concert performances, a rotating art exhibit and much more.

The Pavilion and Central Park serve as our outdoor entertainment area and gathering space. It is the perfect place to relax, spend time with family members, fellow residents, dine, read, or enjoy one of our many special events.





# GIFT SHOP & BISTRO

## THE BISTRO AND AVENUE C

The Bistro is located on the 2nd floor of the Vista and offers a full menu of items including burgers, chicken tenders, salads, pizza, hot breakfast items, desserts, and much more. Avenue C offers frozen meals (microwave available), drinks and grab-and-go items such as sandwiches and chips. Avenue C is a self-serve check-out and items are available 24/7.



## GIFT SHOP

The CC Young Gift Shop has a wide assortment of gifts, apparel, accessories, balloons and botanicals. Purchases may be made by visiting the gift shop or for a personal concierge experience at **214-370-2844**. Delivery from the gift shop to residents is complimentary. We do not deliver to off-campus locations.



# MINISTRY AT CC YOUNG



In 1922, the pastor of the Tyler Street Methodist Church, Reverend Christopher Conley Young, founded a support ministry for widowed women that

provided housing for those in need. Like the example set by our founder, the CC Young name has become synonymous with providing senior living and senior care, and doing so with an unwavering, compassionate spirit.

*C. C. Young*



## MINISTRY AT CC YOUNG

We see every person as a child of God. We are a community with open hearts, minds, and open doors. At CC Young, our commitment to faith is caring, nurturing, and inclusive. We are here for you as a community of faith. All faiths welcome.

- Ecumenical Worship opportunities
- Wednesday Chapel

## SPECIAL WORSHIP SERVICES OFFERED THROUGHOUT THE YEAR

- Blessing of the Animals
- All Saints service
- Lessons and Carols
- Blue Christmas
- Christmas Eve
- Ash Wednesday
- Maundy Thursday
- Good Friday
- Easter Sunday
- Summer Gospel series

## SUNDAY MORNING WORSHIP BROADCASTS ON CAMPUS TV PLUS:

Annual Lenten and Advent devotionals written by residents and staff  
Bible studies • Funeral planning preparation and Memorial services  
Grief seminar • Pastoral and Spiritual counseling • Putting Your House in Order

For more information, please call **972-755-1837**



# KNOW YOUR TEAM CC YOUNG UNIFORM COLORS



**Assisted Living & Memory Support**  
(Red)



**Community Services**  
Home Healthcare, Hospice,  
Private Care (Purple)



**Nursing**  
(Dark Teal)



**Rehab**  
(Steel Grey)



**Life Enrichment**  
(Teal / Tan)



**Housekeeping**  
(Royal Blue / Black)



**Cooks & Diet Aides**  
(White / Black)  
**Servers** (Black)



**Maintenance**  
(Forest Green / Black)



**Transportation**  
(Burgundy / Black)



## RESIDENT ADVOCATE

At CC Young, we created a special position to assist residents with any compliments or concerns you may have about your stay with us.

**Dess Rolfe** is that special person who is here for you! She will listen to your concerns and contact the appropriate team member to assist resolving those issues. More importantly, she will follow up with residents, family members, and team members to make sure things are running smoothly for you.

Please contact Dess at [drolfe@ccyoung.org](mailto:drolfe@ccyoung.org) or 972-638-8788

## HOUSEKEEPING

At CC Young Housekeeping will service your room each day to empty trash and collect laundry. Please place your soiled laundry in the bag provided.

Your Certified Nurse Aides will tidy your room and change sheets as needed.



## OUR MISSION

To foster premier environments where every life at every age is valued and enriched.



## OUR VISION

To enhance the quality of life for all we serve.

### FAITH

Our faith guides us to see every person as a child of God. With uncommon commitment, we are motivated to follow these culture concepts and to serve with excellence, kindness, respect, integrity, and tolerance.



### SUPPORTIVE WORKPLACE

- We offer regular feedback, training and development
- We work together for success and encourage one another's efforts
- We promote open communication
- We believe each team member matters
- We prioritize employee safety



### RESIDENTS FIRST

- We provide excellent customer service with a hospitality mentality
- We provide compassionate care
- We are fully committed to resident safety
- We create wellness opportunities & life-enriching experiences
- We build relationships through active listening and conversation
- We smile and are helpful



### COMPASSIONATE PROFITABILITY

- We make a profit to continue our mission
- We wisely manage resident and donor funds
- We reinvest profits in residents, team members & facilities



### PERSONAL ACCOUNTABILITY

- I complete my tasks & responsibilities
- I hold our team members accountable
- I find solutions to problems and say "It IS my job"
- When I see something, I do something – or find someone to help
- I am proactive with a sense of urgency
- I use common sense by thinking before I act
- I provide consistent service and hospitality
- I accept change and embrace technology
- I embrace a smoke and drug free work environment



**"Culture is what people do when no one is looking."**

**Herb Kelleher, former CEO Southwest Airlines**





# THE TERRACES

## A BEAUTIFUL FUTURE IS CALLING

If you are looking for unparalleled options and a “lock and go” lifestyle for yourself or loved one, look no further than CC Young. Nestled in the heart of East Dallas, across from White Rock Lake, CC Young is a forward-thinking non-profit community with a continuum of care and a long history of excellence.

CC Young currently has three Independent Living residences and is now taking Priority Reservations for our future Independent Living apartments named The Terraces. These residences will offer exclusive views of White Rock Lake; 1, 2, and 3-bedroom apartments, a top-floor restaurant, and more. All aspects of The Terraces have been thoughtfully designed with your lifestyle in mind.

We create choices for lifelong learning and

unforgettable experiences for our residents, residents’ family members and the community at large. Serving as the hub of our community, The Point building and outdoor performance Pavilion are gathering places for art gallery shows, music, movies, technology classes and more. The Point will connect to The Terraces to protect residents from inclement weather all year. To see a full month’s calendar of events visit: [ccyoung.org/the-point-pavilion](http://ccyoung.org/the-point-pavilion).

Additionally, on campus, we offer Assisted Living, Memory Support, Adult Day Center, Long-Term Care, Short- and Long-Term Rehabilitation & Aquatics Therapy, Home Healthcare and many other services.

To schedule a tour or learn more please call **214-258-4000** or visit **[ccyoung.org](http://ccyoung.org)**.



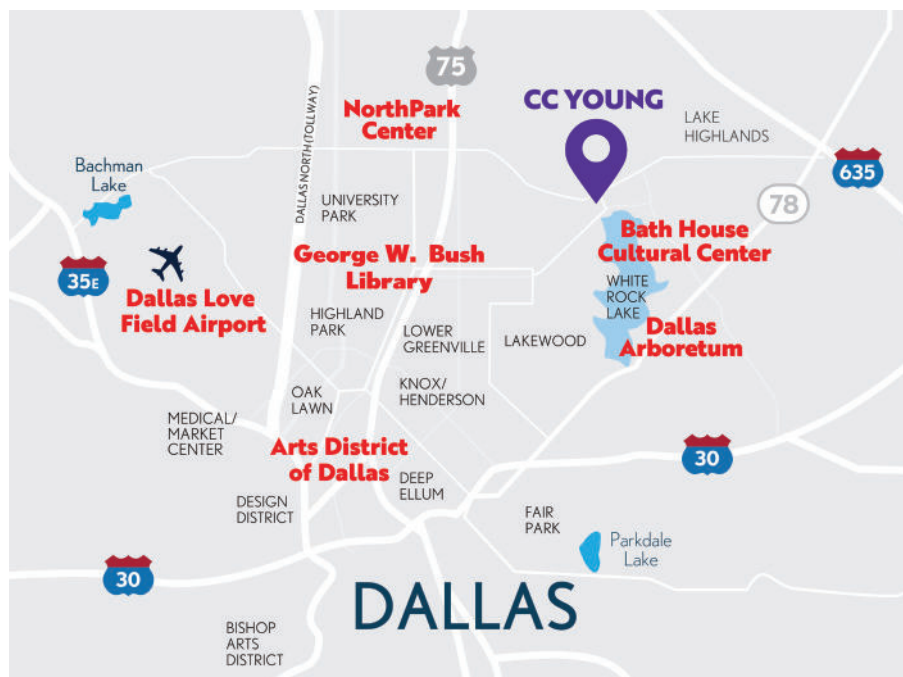
## ALL FAITHS WELCOME

Faith-based, non-profit organization  
serving seniors since 1922.



# CC YOUNG

SENIOR LIVING



## SERVICES OFFERED AT CC YOUNG

- Independent Living
- Assisted Living
- Memory Support
- Long Term Care
- Short Term Rehabilitation
- Aquatics
- Therapy & Wellness
- Respite Care
- Home Healthcare
- Hospice & Palliative Care
- Home Services

4847 WEST LAWATHER DRIVE, #100, DALLAS, TEXAS 75214

214-258-4000 | [WWW.CCYOUNG.ORG](http://WWW.CCYOUNG.ORG)



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