May 2024 Health Center 6th Floor Activities



May 2024 Health Center 6th Floor	Activities				5		created with
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Cooking Creative Environmental Games Intellectual Music Physical Purposeful Snack Social Spiritual	CCEMYOUNG SENIOR LIVING	"We must not allow the clock and the calendar to blind us to the fact that each moment of life is a miracle and mystery." — H.G. Wells	10:00 → NEW! Fitness with Heidi 10:30 → Good News Network-Stories that make You Smile! 11:00 ↑ Devotional with Rev. Mike 2:00 ○ One on One Room Visits 3:30 ○ Bingo with Laurie Schrupp!	9:30 → Morning Exercise 10:00 ¶ Snack Demo (Guacamole) 11:00 ♣ Daily Chronicle Discussion 2:00 Men's Group Meeting-9th Floor Activity Room [9th Fl] 2:00 ♠ One on One Room Visits 3:00 ❤ Scrabble	Fitness with Heidi	10:00 P Action Table Self- Paced
	9:30 Puzzles and Games Available Self-Paced in Activity Room 11:00 Worship Service Live Stream from the Point [CH81]	9:30 Morning Exercise 10:00 Round Table Talk with John 2:00 One on One Room Visits 3:00 Charades	9:30 ♣ Campus News [CH81] 9:30 ♣ Morning Exercise 10:00 ♣ Crafty Corner (Bracelets for Mothers) 11:00 ♣ Movie for Mother's (Fried Green Tomatoes) 2:00 ▶ One on One Room Visits 3:00 ♣ Tai Chi with Jessie	10:00 For Love and Art with Wolford 11:00 Devotional with Rev. Mike 2:00 One on One Room Visits 3:00 Yahtzee	9:30 → Morning Exercise 10:00 ▼ Snack Demo (Oreo Truffles) 11:00 ♪ Music with Toney Walsh 2:00 Men's Group Meeting-9th Floor Activity Room [9th Fl] 2:00 ► One on One Room Visits 3:00 ♀ Spoons	10:00 → NEW! Fitness with Heidi 10:30 Mother's Day Manicures and Mocktail Mimosa Spa Day 2:00 Afternoon Cinema with Popcorn (Mr. and Mrs. Loving)	10:00 Action Table Self- Paced
	9:30 Puzzles and Games Available Self-Paced in Activity Room 11:00 Worship Service Live Stream from the Point [CH81]	9:30 → Morning Exercise 10:00 → Round Table Talk with John 2:00 ► One on One Room Visits 3:00 ❤ Famous Mothers Trivia	9:30 ♣ Campus News [CH81] 9:30 ♣ Morning Exercise 10:00 ♣ Crafty Corner (Canvas Painting) 11:00 ► Calendar Meeting 2:00 ► One on One Room Visits	10:00 → NEW! Fitness with Heidi 10:30 → Good News Network-Stories that make You Smile! 11:00 ↑ Devotional with Rev. Mike 2:00 ○ One on One Room Visits 3:30 ○ Bingo with Laurie Schrupp!	9:30 → Morning Exercise 10:00 ▼ Snack Demo (Yogurt Parfaits) 11:00 → Daily Chronicle Discussion 2:00 Men's Group Meeting-9th Floor Activity Room [9th Fl] 2:00 ► One on One Room Visits 3:00 ♀ Sorry	10:00 → NEW! Fitness with Heidi 11:00 ← Cooking Demo (Homemade Banana Bread with Arthur Chase) 2:00 ← Afternoon Cinema (The Phantom of the Opera)	10:00 Action Table Self-Paced
	9:30 Puzzles and Games Available Self-Paced in Activity Room 11:00 Worship Service Live Stream from the Point [CH81]	9:30 → Morning Exercise 20 10:00 → Round Table Talk with John 2:00 ► One on One Room Visits 3:00 ♀ Air Hockey	9:30	10:00 → NEW! Fitness with Heidi 10:30 → Good News Network-Stories that make You Smile! 11:00 ↑ Devotional with Rev. Mike 2:00 One on One Room Visits 3:00 Dominoes	9:30 → Morning Exercise 10:00 ¶ Snack Demo (Cookies) 11:00 ♣ Daily Chronicle Discussion 2:00 Men's Group Meeting-9th Floor Activity Room [9th Fl] 2:00 ♠ One on One Room Visits 3:00 ♠ Life	Fitness 24	10:00 PAction Table Self-Paced
	9:30 Puzzles and Games Available Self-Paced in Activity Room 11:00 Worship Service Live Stream from the Point [CH81]	Games Available Self-Paced in Middle Activity Room Happy Memorial Day Memorial Day	9:30 ♣ Campus News [CH81] 9:30 ♣ Morning Exercise 10:00 ♣ Resident Council 11:00 ♣ Women's Golf Day (Indoor Golf) 2:00 ♣ One on One Room Visits	with Heidi 10:30	9:30 → Morning Exercise 10:00 ¶ Snack Demo (Blueberry Muffins) 11:00 ♣ Daily Chronicle Discussion 2:00 Men's Group Meeting-9th Floor Activity Room [9th Fl] 2:00 ♠ One on One Room Visits 3:00 ♀ Pool	10:00 NEW! Fitness with Heidi 11:00 Living Room Coffee House with Daily Chronicle Discussion 2:00 Afternoon Cinema with Popcorn (Hello Dolly)	