

May 2024 Health Center 5th Floor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<p>"We must not allow the clock and the calendar to blind us to the fact that each moment of life is a miracle and mystery."</p> <p><i>— H.G. Wells</i></p>	<p>9:30  Morning Exercise 1</p> <p>10:00  Facts of the Day</p> <p>10:30  Devotional with Rev. Mike</p> <p>11:00  Chair Exercise with Heidi</p> <p>2:00  One on one Visits</p> <p>2:30  Aromatherapy Hand Massage</p>	<p>9:30  Morning Ball Toss 2</p> <p>10:00  Short Story Discussion</p> <p>10:30  Sensory Bin</p> <p>11:00  Music Therapy</p> <p>2:00  Good News Network-stories to make you smile!</p> <p>2:00  One on one Visits</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Morning Exercise 3</p> <p>10:00  Short Story Discussion</p> <p>11:00  Crafty Corner (Tissue Paper Canvas)</p> <p>2:00  One on one Visits</p> <p>2:30  Afternoon Cinema (Hair Spray)</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>10:00  Action Table Self- Paced 4</p>	
<p>10:00  Action Table Self- Paced (Puzzles Available in Activity Room) 5</p> <p>11:00  Worship Service Live Stream from the Point [CH81]</p>	<p>9:30  Morning Exercise 6</p> <p>10:00  Short Story Discussion</p> <p>10:30  Have You Ever Game</p> <p>11:00  Massage with Jessie</p> <p>2:00  One on one Visits</p> <p>3:00  Musical Memories</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Campus News [CH81] 7</p> <p>9:30  Tuesday Workout</p> <p>10:00  Facts of the Day</p> <p>10:30  Fresh Baked Cookies with Hannah</p> <p>11:00  Music Therapy</p> <p>2:00  One on one Visits</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Morning Exercise 8</p> <p>10:00  Facts of the Day</p> <p>10:30  Devotional with Rev. Mike</p> <p>11:00  Chair Exercise with Heidi</p> <p>2:00  One on one Visits</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Morning Ball Toss 9</p> <p>10:00  Short Story Discussion</p> <p>10:30  Sensory Bin</p> <p>11:00  Music Therapy</p> <p>2:00  Good News Network-stories to make you smile!</p> <p>2:00  One on one Visits</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Morning Exercise 10</p> <p>10:00  Music with David Callahan</p> <p>11:00  Crafty Corner (Clay Sculptures)</p> <p>2:00  One on one Visits</p> <p>2:30  Afternoon Cinema (La La Land)</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>10:00  Action Table Self- Paced 11</p>	
<p>Mother's Day 12</p> <p>10:00  Action Table Self- Paced (Puzzles Available in Activity Room)</p> <p>11:00  Worship Service Live Stream from the Point [CH81]</p>	<p>9:30  Morning Exercise 13</p> <p>10:00  Short Story Discussion</p> <p>10:30  I went to The Market Game</p> <p>11:00  Massage with Jessie</p> <p>2:00  One on one Visits</p> <p>3:00  Musical Memories</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Campus News [CH81] 14</p> <p>9:30  Tuesday Workout</p> <p>10:00  Music with Mike Coldeway</p> <p>11:00  Music Therapy</p> <p>2:00  One on one Visits</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Morning Exercise 15</p> <p>10:00  Short Story Discussion</p> <p>10:30  Devotional with Rev. Mike</p> <p>11:00  Chair Exercise with Heidi</p> <p>2:00  One on one Visits</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Morning Ball Toss 16</p> <p>10:00  Short Story Discussion</p> <p>10:30  Sensory Bin</p> <p>11:00  Music Therapy</p> <p>2:00  Good News Network-stories to make you smile!</p> <p>2:00  One on one Visits</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Morning Exercise 17</p> <p>10:00  Short Story Discussion</p> <p>11:00  Crafty Corner (Button Picture Frames)</p> <p>2:00  One on one Visits</p> <p>2:30  Afternoon Cinema (My Dog the Thief)</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>10:00  Action Table Self- Paced 18</p>	
<p>10:00  Action Table Self- Paced (Puzzles Available in Activity Room) 19</p> <p>11:00  Worship Service Live Stream from the Point [CH81]</p>	<p>9:30  Morning Exercise 20</p> <p>10:00  Short Story Discussion</p> <p>10:30  What Goes in Here Game</p> <p>11:00  Massage with Jessie</p> <p>2:00  One on one Visits</p> <p>3:00  Musical Memories</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Campus News [CH81] 21</p> <p>9:30  Tuesday Workout</p> <p>10:00  Short Story Discussion</p> <p>10:30  Making Chocolate Candy</p> <p>11:00  Music Therapy</p> <p>2:00  One on one Visits</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Morning Exercise 22</p> <p>10:00  Short Story Discussion</p> <p>10:30  Devotional with Rev. Mike</p> <p>11:00  Chair Exercise with Heidi</p> <p>2:00  One on one Visits</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Morning Ball Toss 23</p> <p>10:00  Short Story Discussion</p> <p>10:30  Sensory Bin</p> <p>11:00  Music Therapy</p> <p>2:00  Good News Network-stories to make you smile!</p> <p>2:00  One on one Visits</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Morning Exercise 24</p> <p>10:00  Short Story Discussion</p> <p>11:00  Crafty Corner (Coffee Filter Flowers)</p> <p>2:00  One on one Visits</p> <p>2:30  Afternoon Cinema (Parent Trap)</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>10:00  Action Table Self- Paced 25</p>	
<p>10:00  Action Table Self- Paced (Puzzles Available in Activity Room) 26</p> <p>11:00  Worship Service Live Stream from the Point [CH81]</p>	<p>Games Available Self-Paced in Middle Activity Room 27</p> <p>Happy Memorial Day</p> <p>Memorial Day</p>	<p>9:30  Campus News [CH81] 28</p> <p>9:30  Tuesday Workout</p> <p>10:00  Short Story Discussion</p> <p>10:30  Fresh Baked Cookies with Hannah</p> <p>11:00  Music Therapy</p> <p>2:00  One on one Visits</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Morning Exercise 29</p> <p>10:00  Short Story Discussion</p> <p>10:30  Devotional with Rev. Mike</p> <p>11:00  Chair Exercise with Heidi</p> <p>2:00  One on one Visits</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Morning Ball Toss 30</p> <p>10:00  Short Story Discussion</p> <p>10:30  Sensory Bin</p> <p>11:00  Music Therapy</p> <p>2:00  Good News Network-stories to make you smile!</p> <p>2:00  One on one Visits</p> <p>3:30  Aromatherapy Hand Massage</p>	<p>9:30  Morning Exercise 31</p> <p>10:00  Short Story Discussion</p> <p>10:30  Music with Mike Frankel</p> <p>2:00  One on one Visits</p> <p>2:30  Afternoon Cinema (Mama Mia)</p> <p>3:30  Aromatherapy Hand Massage</p>	<p> Cooking</p> <p> Creative</p> <p> Games</p> <p> Intellectual</p> <p> Music</p> <p> Physical</p> <p> Purposeful</p> <p> Social</p> <p> Spiritual</p>	