



**FOR IMMEDIATE RELEASE**

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**CC Young Garden Club Hosts  
“Digging Deep” with Author and Gardening Expert Felder Rushing  
for Garden Education Day Event Friday, April 5, 2024**

**Who:** CC Young Senior Living

**When:** Friday, April. 5, 2024  
2 to 4 p.m.

**Where:** The Point Auditorium at CC Young Senior Living  
4847 W. Lawther Dr., Dallas, TX 75214

**Speakers:** Felder Rushing, Author and host of NPR's “The Gestalt Gardner”  
Brian Parman, Director, The Point

**On-site contact:** Patty Sullivan

**What:**

- Garden Education Day will teach attendees how to create vibrant gardens from scratch or revitalize existing ones for the 2024 season.
- The event is part of CC Young’s ongoing commitment to enrich the lives of CC Young residents and members of the community by offering engaging and unique lifelong learning opportunities.
- The event is free and open to the public.
- Light refreshments will be served.
- For more information call 214-258-4000.

**About Felder Rushing:**

- Championed by *Southern Living Magazine* as one of the “25 people most likely to change the South,” Rushing is an 11<sup>th</sup> generation Southern gardener from Mississippi who travels worldwide in his quest for practical and inspirational home-gardening ideas to share.
- His belief that too many garden-variety gardeners are put off by strict horticultural rules, he educates and promotes simple and unconventional gardening for gardeners of all ages.

- Felder has written or contributed substantially to 33 gardening books, including national award winners such as *Passalong Plants*, *Slow Gardening*, *Better Homes and Gardens*'s children's gardening book, and *Maverick Gardeners*. The original online Q&A person for HGTV, his garden exploits and philosophy have been featured three times in the *New York Times*.
- The retired colors-outside-the-lines Extension Horticulturist, Felder started the Master Gardener program in his state, continues to write his state-wide syndicated newspaper columns for over 43 years, and for 21 years remains the host the weekly live *Gestalt Gardener* program, one of National Public Radio's most popular gardening programs, broadcast from his travels around the country and world.
- The contributing editor at *Fine Gardening*, *Horticulture*, and *Garden Design* magazines has had his articles and photographs published in dozens of other publications including *Organic Gardening*, *Landscape Architecture*, *Better Homes and Gardens* and *National Geographic*.
- Felder served as a distinctly non-stuffy board member of the American Horticulture Society, member of the Royal Horticulture Society, British Cottage Garden Society, national director of the Garden Writers' Association, and president of several garden organizations including the Mississippi Native Plant Society and the Jackson Men's Garden Club. He is a proud honorary member of the Garden Clubs of Mississippi.

### **About CC Young Senior Living**

For more than 100 years, CC Young has been serving senior adults. The community is nestled in the heart of East Dallas on a lush 20-acre campus across from White Rock Lake. CC Young is a forward-thinking, nonprofit Continuing Care Retirement Community with a long history of excellence. Known for stellar services, CC Young holds a 5-Star overall Quality Rating from the Centers of Medicare Services in skilled nursing care, home health, and hospice. CC Young provides opportunities for Independent Living, Assisted Living, Memory Support, Long-Term Care, Respite Care, Short-Term Rehabilitation, Aquatics and Outpatient Therapy, and Hospice General Inpatient services. The Community Services Program offers Home Healthcare, Hospice and Palliative Care, and Private Duty Care on- and off-campus. Its services are licensed in 13 counties throughout North Texas. The Vista's opening in 2020 launched a new era of healthcare for residents and surrounding community members. Coming later, The Terraces will be the newest Independent Living residence featuring views of White Rock Lake. Additionally, The Point & Pavilion, located in the heart of the campus, offers creative, educational, recreational, fitness and spiritual opportunities for residents and the public. To schedule a tour or learn more, call 214-258-4000 or visit [ccyoung.org](http://ccyoung.org).

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