

January 2024
Memory Support Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>Cooking</div><div>Creative</div><div>Games</div><div>Intellectual</div><div>Music</div><div>Physical</div><div>Purposeful</div><div>Snack</div><div>Social</div><div>Spiritual</div></div>	<div>New Year's Day</div> <div>9:30 Sole Mates (Walking Group)</div> <div>10:45 Refresh & Refuel</div> <div>2:00 Active Afternoons</div> <div>2:00 FUMC Dallas Worship Service [CH81]</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Campus News - Channel 81</div> <div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Music Therapy</div> <div>10:45 Refresh & Refuel</div> <div>11:00 The Brainy Bunch</div> <div>2:00 Getting Fit w/Paul Eugene</div> <div>2:45 Crotchet Diva Club</div> <div>3:30 Remember When...</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Sole Mates (Walking Group)</div> <div>9:45 Devotions with Rev. Mike</div> <div>10:00 Kathy's Cranimum Crunch</div> <div>10:45 Refresh & Refuel</div> <div>11:00 This Day in History</div> <div>2:00 Active Afternoons</div> <div>2:30 Refreshment Hour</div> <div>3:00 Mani's & Mimosas</div> <div>4:00 Balloon-Noodle w/CNA's</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Aaron's Oh So Fun Segment</div> <div>10:00 Art Therapy</div> <div>10:30 Brain Ticklers with Aaron</div> <div>10:45 Refresh & Refuel</div> <div>11:00 Dealer's Choice with Aaron</div> <div>2:30 Stretch Into The Oldies</div> <div>3:00 Xena's Famous Brownies</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Music Therapy</div> <div>10:45 Refresh & Refuel</div> <div>11:00 The Great Debate..</div> <div>2:00 Grooving w/ Sherry Zak Morris</div> <div>2:45 Afternoon Cinema: The King's Speech</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>2:30 Saturday Matinee</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>
<div>11:00 Worship Service - Ch. 81</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Coffee & Conversations</div> <div>10:45 Refresh & Refuel</div> <div>11:00 Moving to Heal w/Jule</div> <div>2:00 Active Afternoons</div> <div>2:00 FUMC Dallas Worship Service [CH81]</div> <div>2:45 Crafty Corner (Bird House)</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Campus News - Channel 81</div> <div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Music Therapy</div> <div>10:45 Refresh & Refuel</div> <div>11:00 Quizzly Bears</div> <div>2:00 Getting Fit w/Paul Eugene</div> <div>2:45 Drama Club</div> <div>3:30 Remember When...</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Sole Mates (Walking Group)</div> <div>9:45 Devotions with Rev. Mike</div> <div>10:00 Kathy's Cranimum Crunch</div> <div>10:45 Refresh & Refuel</div> <div>11:00 This Day in History</div> <div>2:00 Active Afternoons</div> <div>2:30 Refreshment Hour</div> <div>3:00 Mani's & Mimosas</div> <div>4:00 Balloon-Noodle w/CNA's</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Armchair Travel to the Grand Canyon</div> <div>10:00 Art Therapy</div> <div>10:45 Refresh & Refuel</div> <div>11:00 Brain Games</div> <div>2:30 Stretch Into The Oldies</div> <div>3:00 Cake Dip</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Music Therapy</div> <div>10:45 Refresh & Refuel</div> <div>11:00 Jamming Out w/ Cowboy Bob</div> <div>2:00 Grooving w/ Sherry Zak Morris</div> <div>2:45 Afternoon Cinema: Shine</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>2:30 Saturday Matinee</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>
<div>11:00 Worship Service - Ch. 81</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>Martin Luther King, Jr. Day</div> <div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Coffee & Conversations</div> <div>10:45 Refresh & Refuel</div> <div>11:00 Moving to Heal w/Jule</div> <div>2:00 Active Afternoons</div> <div>2:00 FUMC Dallas Worship Service [CH81]</div> <div>2:45 Crafty Corner (Paper Flowers)</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Campus News - Channel 81</div> <div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Music Therapy</div> <div>10:45 Refresh & Refuel</div> <div>11:00 Jeopardy Rejects</div> <div>2:00 Getting Fit w/Paul Eugene</div> <div>2:45 Crotchet Diva Club</div> <div>3:30 Remember When...</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Sole Mates (Walking Group)</div> <div>9:45 Devotions with Rev. Mike</div> <div>10:00 Kathy's Cranimum Crunch</div> <div>10:45 Refresh & Refuel</div> <div>11:00 This Day in History</div> <div>2:00 Active Afternoons</div> <div>2:30 Refreshment Hour</div> <div>3:00 Mani's & Mimosas</div> <div>4:00 Balloon-Noodle w/CNA's</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Aaron's Crazy Segment</div> <div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Aaron's Oh So Fun Segment</div> <div>10:00 Art Therapy</div> <div>10:00 Pop Up Shop</div> <div>10:30 Brain Ticklers with Aaron</div> <div>10:45 Refresh & Refuel</div> <div>11:00 Dealer's Choice with Aaron</div> <div>2:30 Stretch Into The Oldies</div> <div>3:00 Paint and Sip</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Music Therapy</div> <div>10:45 Refresh & Refuel</div> <div>11:00 The Great Debate..</div> <div>2:00 Grooving w/ Sherry Zak Morris</div> <div>2:45 Afternoon Cinema: Billy Elliot</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>2:30 Saturday Matinee</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>
<div>11:00 Worship Service - Ch. 81</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Coffee & Conversations</div> <div>10:45 Refresh & Refuel</div> <div>11:00 Moving to Heal w/Jule</div> <div>2:00 Active Afternoons</div> <div>2:00 FUMC Dallas Worship Service [CH81]</div> <div>2:45 Crafty Corner (Flower Arrangements)</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Campus News - Channel 81</div> <div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Music Therapy</div> <div>10:45 Refresh & Refuel</div> <div>11:00 Word Calling</div> <div>2:00 Getting Fit w/Paul Eugene</div> <div>2:45 Drama Club</div> <div>3:30 Remember When...</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Sole Mates (Walking Group)</div> <div>9:45 Devotions with Rev. Mike</div> <div>10:00 Kathy's Cranimum Crunch</div> <div>10:45 Refresh & Refuel</div> <div>11:00 This Day in History</div> <div>2:00 Active Afternoons</div> <div>2:30 Refreshment Hour</div> <div>3:00 Mani's & Mimosas</div> <div>4:00 Balloon-Noodle w/CNA's</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Art Therapy</div> <div>10:00 Jamming Out w/ David Callahan</div> <div>10:45 Refresh & Refuel</div> <div>11:00 Brain Games</div> <div>11:00 Brain Games</div> <div>2:30 Stretch Into The Oldies</div> <div>3:00 Japanesse Cherry Blossoms</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Music Therapy</div> <div>10:45 Refresh & Refuel</div> <div>11:00 The Great Debate..</div> <div>2:00 Grooving w/ Sherry Zak Morris</div> <div>2:45 Afternoon Cinema: The Sound Music</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>2:30 Saturday Matinee</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>
<div>11:00 Worship Service - Ch. 81</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Coffee & Conversations</div> <div>10:45 Refresh & Refuel</div> <div>11:00 Moving to Heal w/Jule</div> <div>2:00 Active Afternoons</div> <div>2:00 FUMC Dallas Worship Service [CH81]</div> <div>2:45 Sweetheart Letters</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Campus News - Channel 81</div> <div>9:30 Sole Mates (Walking Group)</div> <div>10:00 Music Therapy</div> <div>10:45 Refresh & Refuel</div> <div>11:00 Trivial Pursuits</div> <div>2:00 Getting Fit w/Paul Eugene</div> <div>2:45 Crotchet Diva Club</div> <div>3:30 Remember When...</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>9:30 Sole Mates (Walking Group)</div> <div>9:45 Devotions with Rev. Mike</div> <div>10:00 Kathy's Cranimum Crunch</div> <div>10:45 Refresh & Refuel</div> <div>11:00 This Day in History</div> <div>2:00 Active Afternoons</div> <div>2:30 Refreshment Hour</div> <div>3:00 Mani's & Mimosas</div> <div>4:00 Balloon-Noodle w/CNA's</div> <div>6:00 Outdoor Breeze w/ CNA's (if weather permits)</div>	<div>CCYOUNG SENIOR LIVING</div> <div>Resident Birthdays</div> <div>Patricia B. 1/27</div> <div>Helen A. 1/27</div>		



Questions or Concerns about the calendar please contact.
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