


January 2024  
Health Center 5th Floor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div>Resident Birthdays</div> <div>Isabella H. 1/12</div> <div>Arthur C. 1/28</div>	<div>New Year's Day 1</div> <div>10:00 🎮 Action Games with Staff</div>	<div>2</div> <div>9:30 🧩 Campus News [CH81]</div> <div>10:00 🏃 Tuesday Workout</div> <div>10:30 🧩 Daily Chronicle</div> <div>11:00 🎵 Music Therapy</div> <div>2:00 🧩 National Science Fiction Day</div>	<div>3</div> <div>10:00 🚩 Inspirations with Xena</div> <div>10:30 🙏 Devotional with Rev. Mike</div> <div>11:00 🏃 Morning Exercise</div> <div>2:00 🍴 Snack Hour</div> <div>2:30 🧩 Poetry</div>	<div>4</div> <div>10:00 🍝 National Spaghetti Day</div> <div>10:45 🏃 Morning Stretch</div> <div>2:00 🧩 Book Club with Xena</div>	<div>5</div> <div>10:00 🧠 Crafty Connection (Bird House)</div> <div>11:00 🎵 Music Therapy</div> <div>2:15 🎬 Afternoon Cinema</div>	<div>6</div> <div>10:00 🎮 Action Table Self-Paced</div>	
	<div>7</div> <div>11:00 🙏 Worship Service Live Stream from the Point [CH81]</div>	<div>8</div> <div>10:00 🏃 Morning Exercise</div> <div>11:00 🚩 Massage with Jessie</div> <div>2:30 🧠 gratitude Journaling</div> <div>3:00 🧩 Monday Mind Teasers</div>	<div>9</div> <div>9:30 🧩 Campus News [CH81]</div> <div>10:00 🏃 Tuesday Workout</div> <div>10:30 🧩 Daily Chronicle</div> <div>11:00 🎵 Music Therapy</div> <div>2:00 🍴 Snack and Chat</div>	<div>10</div> <div>10:00 🚩 Inspirations with Xena</div> <div>10:30 🙏 Devotional with Rev. Mike</div> <div>11:00 🏃 Morning Exercise</div> <div>2:00 🍴 Snack Hour</div> <div>2:30 🍴 Bittersweet Chocolate Day</div>	<div>11</div> <div>10:00 🧩 Grand Canyon Day Virtual Tour</div> <div>10:45 🏃 Morning Stretch</div> <div>2:00 🧩 Book Club with Xena</div>	<div>12</div> <div>10:30 🏃 Musical Stretch</div> <div>11:00 🎵 Music Therapy</div> <div>2:15 🎬 Afternoon Cinema</div>	
	<div>14</div> <div>11:00 🙏 Worship Service Live Stream from the Point [CH81]</div>	<div>15</div> <div>Martin Luther King, Jr. Day</div> <div>10:00 🏃 Morning Exercise</div> <div>11:00 🚩 Massage with Jessie</div> <div>2:30 🧩 Martin Luther King Facts</div> <div>3:00 🧩 Monday Mind Teasers</div>	<div>16</div> <div>9:30 🧩 Campus News [CH81]</div> <div>10:00 🏃 Tuesday Workout</div> <div>10:30 🧩 Daily Chronicle</div> <div>11:00 🎵 Music Therapy</div> <div>2:00 🍴 Fig Newton Day</div>	<div>17</div> <div>10:00 🚩 Inspirations with Xena</div> <div>10:30 🙏 Devotional with Rev. Mike</div> <div>11:00 🏃 Morning Exercise</div> <div>2:00 🍴 Snack Hour</div> <div>2:30 🧩 Poetry</div>	<div>18</div> <div>10:45 🏃 Morning Stretch</div> <div>11:00 🎵 Music with Mike Frankel</div> <div>2:00 🧩 Book Club with Xena</div>	<div>19</div> <div>10:30 🏃 Musical Stretch</div> <div>11:00 🎵 Music Therapy</div> <div>2:15 🎬 Afternoon Cinema</div>	
	<div>21</div> <div>11:00 🙏 Worship Service Live Stream from the Point [CH81]</div>	<div>22</div> <div>10:00 🏃 Morning Exercise</div> <div>11:00 🚩 Massage with Jessie</div> <div>2:30 🧠 Scrapbooking</div> <div>3:00 🧩 Monday Mind Teasers</div>	<div>23</div> <div>9:30 🧩 Campus News [CH81]</div> <div>10:00 🏃 Tuesday Workout</div> <div>10:30 🧩 Daily Chronicle</div> <div>11:00 🎵 Music Therapy</div> <div>2:00 🍴 Snack and Chat</div>	<div>24</div> <div>10:00 🚩 Inspirations with Xena</div> <div>10:30 🙏 Devotional with Rev. Mike</div> <div>11:00 🏃 Morning Exercise</div> <div>2:00 🍴 Snack Hour</div> <div>2:30 🧩 National Peanut Butter Day</div>	<div>25</div> <div>10:00 🎵 Music with Cowboy Bob</div> <div>10:45 🏃 Morning Stretch</div> <div>2:00 🍴 Snack Hour</div>	<div>26</div> <div>10:30 🏃 Musical Stretch</div> <div>10:45 🧩 What's in the News?</div> <div>11:00 🎵 Music Therapy</div> <div>2:15 🎬 Afternoon Cinema</div>	
<div>28</div> <div>11:00 🙏 Worship Service Live Stream from the Point [CH81]</div>	<div>29</div> <div>9:45 🏃 Morning Exercise</div> <div>10:00 🎵 Music with Toney Walsh</div> <div>11:00 🚩 Massage with Jessie</div> <div>2:00 🧩 Armchair Travel</div> <div>3:00 🧩 Monday Mind Teasers</div>	<div>30</div> <div>9:30 🧩 Campus News [CH81]</div> <div>10:00 🏃 Tuesday Workout</div> <div>10:30 🧩 Daily Chronicle</div> <div>11:00 🎵 Music Therapy</div> <div>2:00 🍴 Snack and Chat</div>	<div>31</div> <div>10:00 🚩 Inspirations with Xena</div> <div>10:30 🙏 Devotional with Rev. Mike</div> <div>11:00 🏃 Morning Exercise</div> <div>2:00 🍴 Snack Hour</div> <div>2:30 🧩 For Giggles</div>		<div>"You must be the change you wish to see in the world." — Mohandas Gandhi</div>	<div>🍳 Cooking</div> <div>🧠 Creative</div> <div>🎮 Games</div> <div>🧩 Intellectual</div> <div>🎵 Music</div> <div>🏃 Physical</div> <div>🚩 Purposeful</div> <div>🍴 Snack</div> <div>🎬 Social</div> <div>🙏 Spiritual</div>	