
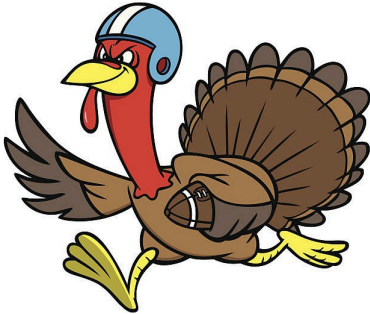


November 2023

Memory Support Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> Cooking Creative Games Intellectual Music Physical Purposeful Snack Social Spiritual 		Resident Birthdays Regina M. 11/1 Valeta G. 11/2 Linda C. 11/3 Susanne L. 11/8 Larry P. 11/13 Ann C. 11/24	9:45 † Devotions with Rev. Mike 1 10:00 + Kathy's Brain Games 10:45 † Refresh & Refuel 11:00 + This Day in History 2:30 † Refreshment Hour 2:45 † Sole Mates (Walking Group) 3:00 † Apple Pie in a Cup 4:00 † Balloon-Noodle w/CNA's 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:30 † Sole Mates (Walking Group) 2 10:00 † Art Therapy 10:00 † Jeopardy 10:45 † Refresh & Refuel 11:00 † Armchair Travel 2:45 † Crafty Corner 3:30 † Seated Exercise w/ Sherry Zak Morris 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:30 † Sole Mates (Walking Group) 3 10:00 † Music Therapy 10:45 † Refresh & Refuel 11:00 † Finish the Phrase... 2:00 † Grooving w/ Sherry Zak Morris 2:45 † Cinema: Home for Harvest 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	2:30 † Saturday Matinee 4 6:00 † Outdoor Breeze w/ CNA's (if weather permits)
Daylight Saving Time Begins 5 11:00 † Worship Service - Ch. 81 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:30 † Sole Mates (Walking Group) 6 10:00 † Jamming Out w/ Cowboy Bob 10:45 † Refresh & Refuel 11:00 † Moving to Heal w/Julie 2:00 † Active Afternoons 2:00 † FUMC Dallas Worship Service [CH81] 2:45 † I am Thankful For... 2:45 † Social Club Mondays 3:00 † Mani Monday's 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	Election Day 7 9:30 † Campus News - Channel 81 9:30 † Sole Mates (Walking Group) 10:00 † Music Therapy 10:45 † Refresh & Refuel 11:00 † Let's Talk About It! 2:00 † Getting Fit w/Paul Eugene 2:45 † Crotchet Diva Club 3:30 † Remember When... 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:45 † Devotions with Rev. Mike 8 10:00 † Kathy's Brain Games 10:45 † Refresh & Refuel 11:00 † This Day in History 2:30 † Refreshment Hour 2:45 † Sole Mates (Walking Group) 3:00 † Karaoke Sing-along 4:00 † Balloon-Noodle w/CNA's 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:30 † Sole Mates (Walking Group) 9 10:00 † Art Therapy 10:00 † Turkey Shooting 10:45 † Refresh & Refuel 11:00 † Armchair Travel 2:45 † Crafty Corner 3:30 † Seated Exercise w/ Sherry Zak Morris 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:30 † Sole Mates (Walking Group) 10 10:00 † Music Therapy 10:45 † Refresh & Refuel 11:00 † Words That Start With... 2:00 † Grooving w/ Sherry Zak Morris 2:45 † Cinema: Autumn in New York 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	Veterans Day 11 2:30 † Saturday Matinee 6:00 † Outdoor Breeze w/ CNA's (if weather permits)
11:00 † Worship Service - Ch. 81 12 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:30 † Sole Mates (Walking Group) 13 10:00 † A Breath of Fresh Air! 10:45 † Refresh & Refuel 11:00 † Moving to Heal w/Julie 2:00 † Active Afternoons 2:00 † FUMC Dallas Worship Service [CH81] 2:45 † Social Club Mondays 3:00 † Mani Monday's 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:30 † Campus News - Channel 81 14 9:30 † Sole Mates (Walking Group) 10:00 † Music Therapy 10:45 † Refresh & Refuel 11:00 † Let's Talk About It! 2:00 † Getting Fit w/Paul Eugene 2:45 † Drama Club 3:30 † Remember When... 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:45 † Devotions with Rev. Mike 15 10:00 † Kathy's Brain Games 10:45 † Refresh & Refuel 11:00 † For Love and Art 11:00 † This Day in History 2:30 † Refreshment Hour 2:45 † Sole Mates (Walking Group) 3:00 † Carmel Apple Bar 4:00 † Balloon-Noodle w/CNA's 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:30 † Sole Mates (Walking Group) 16 10:00 † Art Therapy 10:00 † Wheel of Fortune! 10:30 † Birthday Celebration w/ Mike Frankel 10:45 † Refresh & Refuel 11:00 † Armchair Travel 1:00 † Day Trip to The Bistro 2:45 † Crafty Corner 3:30 † Seated Exercise w/ Sherry Zak Morris 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:30 † Sole Mates (Walking Group) 17 10:00 † Music Therapy 10:45 † Refresh & Refuel 11:00 † Word Calling 2:00 † Grooving w/ Sherry Zak Morris 2:45 † Cinema: Harvest Moon 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	2:30 † Saturday Matinee 18 6:00 † Outdoor Breeze w/ CNA's (if weather permits)
11:00 † Worship Service - Ch. 81 19 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:30 † Sole Mates (Walking Group) 20 10:00 † A Breath of Fresh Air! 10:45 † Refresh & Refuel 11:00 † Moving to Heal w/Julie 2:00 † Active Afternoons 2:00 † FUMC Dallas Worship Service [CH81] 2:45 † Social Club Mondays 3:00 † Mani Monday's 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:30 † Campus News - Channel 81 21 9:30 † Sole Mates (Walking Group) 10:00 † Music Therapy 10:45 † Refresh & Refuel 11:00 † Let's Talk About It! 2:00 † Getting Fit w/Paul Eugene 2:45 † Crotchet Diva Club 3:30 † Remember When... 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:45 † Devotions with Rev. Mike 22 10:00 † Kathy's Brain Games 10:45 † Refresh & Refuel 11:00 † This Day in History 2:30 † Refreshment Hour 2:45 † Sole Mates (Walking Group) 3:00 † Karaoke Sing-along w/ CNA's 4:00 † Balloon-Noodle w/CNA's 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	Thanksgiving 23 9:30 † Sole Mates (Walking Group) 10:45 † Refresh & Refuel 3:30 † Seated Exercise w/ Sherry Zak Morris 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:30 † Sole Mates (Walking Group) 24 10:00 † Music Therapy 10:45 † Refresh & Refuel 11:00 † Word in Words w/ CNA's 2:00 † Grooving w/ Sherry Zak Morris 2:45 † Cinema: Love, Fall & Order 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	2:30 † Saturday Matinee 25 6:00 † Outdoor Breeze w/ CNA's (if weather permits)
11:00 † Worship Service - Ch. 81 26 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:30 † Sole Mates (Walking Group) 27 10:00 † A Breath of Fresh Air! 10:45 † Refresh & Refuel 11:00 † Moving to Heal w/Julie 2:00 † Active Afternoons 2:00 † FUMC Dallas Worship Service [CH81] 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:30 † Campus News - Channel 81 28 9:30 † Sole Mates (Walking Group) 10:00 † Music Therapy 10:45 † Refresh & Refuel 11:00 † Let's Talk About It! 2:00 † Getting Fit w/Paul Eugene 2:45 † Drama Club 3:30 † Remember When... 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:45 † Devotions with Rev. Mike 29 10:00 † Kathy's Brain Games 10:45 † Refresh & Refuel 11:00 † This Day in History 2:30 † Refreshment Hour 2:45 † Sole Mates (Walking Group) 3:00 † Hot Chocolate Bar 4:00 † Balloon-Noodle w/CNA's 6:00 † Outdoor Breeze w/ CNA's (if weather permits)	9:30 † Sole Mates (Walking Group) 30 10:00 † Art Therapy 10:00 † Vista 4 Recent Treasure (Award Ceremony) 10:45 † Refresh & Refuel 11:00 † Armchair Travel 2:45 † Crafty Corner 3:30 † Seated Exercise w/ Sherry Zak Morris 6:00 † Outdoor Breeze w/ CNA's (if weather permits)		FALL means FOOTBALL y'all



Questions or Concerns about the calendar please contact:
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 318-418-5467
rmckinley@ccyoung.org

