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FOR IMMEDIATE RELEASE


**CC Young Senior Living Hosts Educational Forums about Planning for and
Navigating the Assisted Living Journey**

DALLAS (Sept. 19, 2023) – [CC Young Senior Living](#), a leading nonprofit Continuing Care Retirement Community, is hosting a resident and adult child panel discussion to address common misconceptions and provide valuable insights into selecting the right assisted living community. This public free event will be held on Thursday, Sept. 28, from 5:30–7 p.m. or on Saturday, Sept. 30, from 10–11:30 a.m. in The Vista, 4849 West Lawther Drive, Dallas, Texas 75214.

“Choosing the right assisted living community is a significant decision, and many older adults and their families are faced with many questions, various myths, and uncertainties that can make the process seem daunting,” said [Russell Crews](#), president and CEO of CC Young. “We’ve found that hearing firsthand, personal stories from people who have made the decision themselves is what helps the most, and that’s what this event offers.”

Event Highlights:

Panel Discussion: CC Young team members will lead a panel discussion dedicated to debunking common myths and misconceptions surrounding assisted living communities. Each session will also feature engaging conversations with CC Young residents and their families. The panelists will discuss their personal journeys in finding an assisted living community and what daily life is like at CC Young.



Attendees will have the opportunity to ask questions and gain a clearer understanding of the benefits and services offered at CC Young and what to expect when choosing a community.

Refreshments and Networking: Light refreshments will be provided, allowing attendees to engage in discussions with fellow guests, staff, and panelists, and connect with others who may also be going through a similar decision-making process.

Crews added, “CC Young Senior Living understands the importance of transparency and education in the process of choosing the right senior living community. This event is part of our ongoing commitment to support older adults and their families in making informed decisions about their future.”

Space for both events is limited and attendees must [RSVP by Sept. 22](#). To RSVP, call 469-820-3859 or visit CCYoung.org/events.

About CC Young Senior Living

For more than 100 years, CC Young has been serving senior adults. The community is nestled in the heart of East Dallas on a lush 20-acre campus across from White Rock Lake. CC Young is a forward-thinking, nonprofit Continuing Care Retirement Community with a long history of excellence. Known for stellar services, the organization holds a 5-Star overall Quality Rating from the Centers of Medicare Services in skilled nursing care, home health and hospice. CC Young provides opportunities for Independent Living, Assisted Living, Memory Support, Long-Term Care, Respite Care, Short-Term Rehabilitation, Aquatics and Outpatient Therapy, and Hospice General Inpatient services. The Community Services Program offers Home Healthcare, Hospice and Palliative Care, and Private Duty Care on- and off campus. Its services are licensed in 13 counties throughout North Texas. The Vista’s opening in 2020 launched a new era of healthcare for residents and surrounding community members. Coming later, The Terraces will be the newest Independent Living residence featuring views of White Rock Lake. Additionally, The Point & Pavilion, located in the heart of the campus, offers creative, educational, recreational, fitness, and spiritual opportunities for residents and the public. To schedule a tour or learn more, call 214-258-4000 or visit ccyoung.org.