


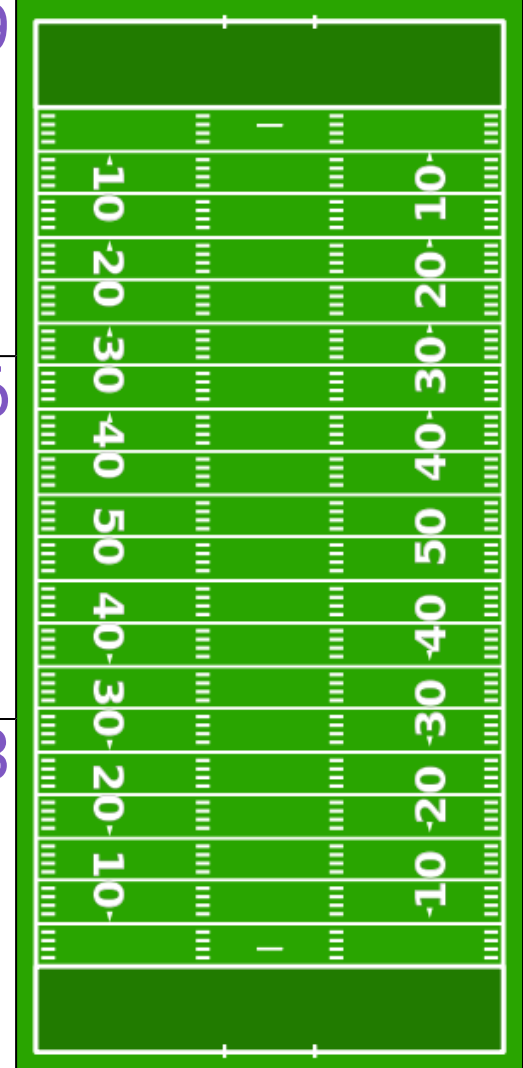


# September 2023 Memory Support Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> <li>Cooking</li> <li>Creative</li> <li>Games</li> <li>Intellectual</li> <li>Music</li> <li>Physical</li> <li>Purposeful</li> <li>Snack</li> <li>Social</li> <li>Spiritual</li> </ul>		<b>Resident Birthdays</b> Betty N. 9/3 Yachie M. 9/20 Mary R. 9/23			9:30 Moving Fridays w/ Rickina 1 10:00 Music Therapy 10:45 Refresh & Refuel 11:00 Words in Words 2:00 Grooving w/ Sherry Zak Morris 2:30 Cinema: A Day in a Life 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 This Day in History w/ Kara 2 10:00 Fun Bingo w/Kara 2:30 Saturday Matinee 6:00 Outdoor Breeze w/ CNA's (if weather permits)
11:00 Worship Service - Ch. 81 3 6:00 Outdoor Breeze w/ CNA's (if weather permits)	<b>Labor Day</b> 4 9:30 Grooving w/ Sherry Zak Morris 10:00 Bingo w/ Kara 10:45 Refresh & Refuel 11:00 Social Club Mondays 2:00 Active Afternoons 2:00 FUMC Dallas Worship Service [CH81] 2:30 The Price is Right w/ CNA's 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 Campus News - Channel 81 5 9:30 Pump it Up Tuesday 10:00 Music Therapy 10:45 Refresh & Refuel 11:00 Let's Talk About It! 2:00 Getting Fit w/Paul Eugene 2:30 Rock Garden 3:30 Remember When... 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:45 Devotions with Rev. Mike 6 10:00 Kathy's Brain Games 10:45 Refresh & Refuel 11:00 National Read a Book Day w/ Kara 2:00 Tone it Up Wednesday 2:30 Rickina's Crazy Science Experiment 3:30 Memozor 4:00 Balloon-Noodle w/CNA's 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 Chair Zumba w/ Rickina 7 10:00 Art Therapy 10:00 Let's Go Fishing! 10:45 Refresh & Refuel 11:00 Armchair Travel 2:30 Moving to Heal w/Jule 3:30 Family Feud 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 Moving Fridays w/ Rickina 8 10:00 Music Therapy 10:45 Refresh & Refuel 11:00 Finish The Phrase... 2:00 Grooving w/ Sherry Zak Morris 2:30 Cinema: Julie & Julia 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 This Day in History w/ Kara 9 10:00 Fun Bingo w/Kara 2:30 Saturday Matinee 6:00 Outdoor Breeze w/ CNA's (if weather permits)
11:00 Worship Service - Ch. 81 10 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 Grooving w/ Sherry Zak Morris 11 10:00 Bingo w/ Kara 10:45 Refresh & Refuel 11:00 Social Club Mondays 2:00 Active Afternoons 2:00 FUMC Dallas Worship Service [CH81] 2:30 Paint and Sip 3:30 Mani's by Rickina 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 Campus News - Channel 81 12 9:30 Pump it Up Tuesday 10:00 Music Therapy 10:45 Refresh & Refuel 11:00 National Chocolate Milkshake Day Social 2:00 Getting Fit w/Paul Eugene 2:30 Crochet Diva Club 3:30 Remember When... 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:45 Devotions with Rev. Mike 13 10:00 Kathy's Brain Games 10:45 Refresh & Refuel 11:00 This Day in History w/ Kara 2:00 Tone it Up Wednesday 2:30 Karaoke Sing-along 3:30 Memozor 4:00 Balloon-Noodle w/CNA's 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 Chair Zumba w/ Rickina 14 10:00 Art Therapy 10:00 National Coloring Day (Activity) 10:45 Refresh & Refuel 11:00 Armchair Travel 2:30 Moving to Heal w/Jule 3:30 Women's Club 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 Moving Fridays w/ Rickina 15 10:00 Music Therapy 10:45 Refresh & Refuel 11:00 Pictionary 2:00 Grooving w/ Sherry Zak Morris 2:30 Cinema: Top Gun: Maverick 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 This Day in History w/ Kara 16 10:00 Fun Bingo w/Kara 2:30 Saturday Matinee 6:00 Outdoor Breeze w/ CNA's (if weather permits)
11:00 Worship Service - Ch. 81 17 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 Grooving w/ Sherry Zak Morris 18 10:00 K & K Cooking Class (National Cheeseburger Day) 10:45 Refresh & Refuel 11:00 Social Club Mondays 2:00 Active Afternoons 2:00 FUMC Dallas Worship Service [CH81] 2:30 Family Feud 3:30 Mani's by Rickina 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 Campus News - Channel 81 19 9:30 Pump it Up Tuesday 10:00 Music Therapy 10:45 Refresh & Refuel 11:00 Let's Talk About It! 2:00 Getting Fit w/Paul Eugene 2:30 Bird House Craft 3:30 Remember When... 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:45 Devotions with Rev. Mike 20 10:00 Kathy's Brain Games 10:45 Refresh & Refuel 11:00 For Love and Art 11:00 This Day in History w/ Kara 2:00 Tone it Up Wednesday 2:30 Rickina's Crazy Science Experiment 3:30 Memozor 4:00 Balloon-Noodle w/CNA's 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 Chair Zumba w/ Rickina 21 10:00 Art Therapy 10:30 Jamming w/ Mike Frankel 10:45 Refresh & Refuel 11:00 Armchair Travel 2:30 Moving to Heal w/Jule 3:30 Flute Concert! 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 Moving Fridays w/ Rickina 22 10:00 Music Therapy 10:45 Refresh & Refuel 2:00 Grooving w/ Sherry Zak Morris 2:30 Art Gallery Walk 2:30 Cinema: My Man Godfrey 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 This Day in History w/ Kara 23 10:00 Fun Bingo w/Kara 2:30 Saturday Matinee 6:00 Outdoor Breeze w/ CNA's (if weather permits)
11:00 Worship Service - Ch. 81 24 3:00 Family Tailgate 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 Grooving w/ Sherry Zak Morris 25 10:00 Bingo w/ Kara 10:45 Refresh & Refuel 11:00 Social Club Mondays 2:00 Active Afternoons 2:00 FUMC Dallas Worship Service [CH81] 2:30 Fall Wreath 3:30 Mani's by Rickina 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 Campus News - Channel 81 26 9:30 Pump it Up Tuesday 10:00 Music Therapy 10:45 Refresh & Refuel 11:00 Let's Talk About It! 2:00 Getting Fit w/Paul Eugene 2:30 Crochet Diva Club 3:30 Remember When... 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:45 Devotions with Rev. Mike 27 10:00 Kathy's Brain Games 10:45 Refresh & Refuel 11:00 This Day in History w/ Kara 2:00 Tone it Up Wednesday 2:30 Karaoke Sing-along 3:30 Memozor 4:00 Balloon-Noodle w/CNA's 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 Chair Zumba w/ Rickina 28 10:00 Art Therapy 10:00 Tattoos & Brewski w/ David Callahan 10:45 Refresh & Refuel 11:00 Armchair Travel 2:30 Moving to Heal w/Jule 3:30 Women's Club 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 Moving Fridays w/ Rickina 29 10:00 Music Therapy 10:45 Refresh & Refuel 11:00 Coffee Bar Social 2:00 Grooving w/ Sherry Zak Morris 2:30 Cinema: Molly and Me 6:00 Outdoor Breeze w/ CNA's (if weather permits)	9:30 This Day in History w/ Kara 30 10:00 Fun Bingo w/Kara 2:30 Saturday Matinee 6:00 Outdoor Breeze w/ CNA's (if weather permits)



**Questions or Concerns about the calendar please contact.**  
**Life Enrichment Director Rickina McKinley**  
 318-418-5467  
[rmckinley@ccyoung.org](mailto:rmckinley@ccyoung.org)