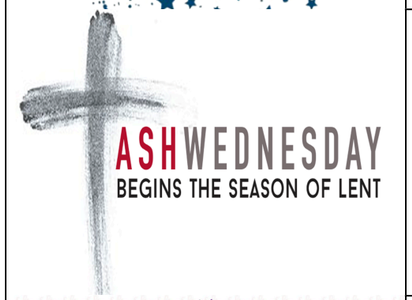
February 2023
HILLSIDE,VISTA 3 AND VISTA 9



"Surrender to what is. Let go of what was. Have faith in what will be."

— Sonia Ricotti

CC YOUNG SENIOR LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cooking Creative Games Intellectual Music Physical Purposeful Snack Social Spiritual	**Happy Birthday!** Patricia C 2/1 Shirley W 2/2 George H 2/2 Virginia S 2/6 Janet S 2/7 Colleen G 2/7	Larry C 2/9 Carolyn B 2/19 Gay P 2/20 Joan S 2/24 Judith M 2/26	**1** 9:30 Fitness First 10:00 Knock Out Parkinson's [9th Fl] 11:00 Drumba w/ Aaron [PFC] 2:00 Shuffleboard Game [9th Fl] 3:00 Knit Wits [SLR]	**2** Groundhog Day **Harris Jewelers Today @ 1:30-2:30 The Point** 9:30 Fitness First 10:00 Express Yourself! Voice Exercise Group [9th Fl] 10:00 Let's Nail It [MP] 2:00 Men's Social- Vista 9 2:30 Moving to Heal w/Jule [MP] 4:00 Happy Hour @ The Point-All Welcome 6:00 Bridge Group-Hillside AR	**3** 9:30 Fitness First 9:50 Tai Chi w/ Jesse-New Time [9th Fl] 10:30 Hymn Sing w/ Patricia [MP] 1:30 Ride A Round White Rock, Hope to see some Peacocks!	**4** **TV, Games, Puzzles & Shuffleboard 9th Floor AR** 11:00 9th Floor Exercise w/Lyle-DR 2:00 Mexican Train Game [DR-H]
5 9:30 Church Service w/ Rev. Mike-Christ Chapel-Vista 2nd Floor *11:00 Worship Service - Ch. 81*	**6** 9:30 Fitness First 10:00 Tai Chi Class w/ Jesse [MP] 10:30 Current Events w/ Randy Mayeux [MP] 2:00 Bingo Fun [HS Activity Room] *2:00 FUMC Worship Service [CH81]* 3:00 Tai Chi w/Jesse [MP]	**7** 9:30 Fitness First [MP] 10:00 Introduction to Drumba w/ Aaron [MP] 10:00 OLLI: The Annexation of Texas and the US-Mexican War 1:30 Shopping Trip to Target 6:00 Bridge Group	**8** 9:30 Fitness First 10:00 Knock Out Parkinson's [9th Fl] 10:00 Texas Winds- Guitar Duo [9th Fl] 11:00 Drumba w/ Aaron [PFC] 2:00 Shuffleboard Game [9th Fl] 3:00 Knit Wits [SLR]	**9** 9:30 Fitness First 10:00 Express Yourself! Voice Exercise Group [9th Fl] 10:00 Let's Nail It [MP] 2:00 Men's Social- Vista 9 2:30 Moving to Heal w/Jule [MP] 4:00 Happy Hour @ The Point-All Welcome 6:00 Bridge Group-Hillside AR	**10** 9:30 Fitness First 9:50 Tai Chi w/ Jesse-New Time [9th Fl] 10:30 Hymn Sing w/ Patricia [MP] 3:00 Happy Hour-Love Songs w/ Tonya & Adams Music [9th Fl]	**11** **TV, Games, Puzzles & Shuffleboard 9th Floor AR** 11:00 9th Floor Exercise w/Lyle-DR 2:00 Mexican Train Game [DR-H] 3:00 Clare & The Ladies [HS Activity Room]
12 **The BIG Game 6:30 pm-Eagles vs. Chiefs on Fox** 9:30 Church Service w/ Rev. Mike-Christ Chapel-Vista 2nd Floor *11:00 Worship Service - Ch. 81*	**13** 9:30 Fitness First 10:00 Tai Chi w/ Jesse [MP] 2:00 Bingo Fun [HS Activity Room] *2:00 FUMC Worship Service [CH81]* 4:00 Ruby Weston	**14** Valentine's Day 9:30 Fitness First [MP] 10:00 OLLI: From Jericho to Jerusalem: The Archaeology of the Holy Land 11:30 Out to Lunch-Rex's Seafood 2:00 Art's & Crafts-Abstract Heart Art [HS Activity Room] 6:00 Bridge Group	**15** 9:30 Fitness First 10:00 J & J's Fun Cooking Class [HS Activity Room] 10:00 Knock Out Parkinson's [9th Fl] 11:00 Drumba w/ Aaron [PFC] 2:00 Shuffleboard Game [9th Fl] 3:00 Knit Wits [SLR]	**16** 9:30 Fitness First 10:00 Express Yourself! Voice Exercise Group [9th Fl] 10:00 Let's Nail It [MP] 2:00 Men's Social- Vista 9 2:30 Moving to Heal w/Jule [MP] 4:00 Happy Hour @ The Point-All Welcome 6:00 Bridge Group-Hillside AR	**17** 9:30 Fitness First 9:50 Tai Chi w/ Jesse-New Time [9th Fl] 10:30 Hymn Sing w/ Patricia [MP] 2:00 Birthday Honorees Celebration [HS Activity Room]	**18** **TV, Games, Puzzles & Shuffleboard 9th Floor AR** 11:00 9th Floor Exercise w/Lyle-DR 2:00 Mexican Train Game [DR-H]
19 9:30 Church Service w/ Rev. Mike-Christ Chapel-Vista 2nd Floor *11:00 Worship Service - Ch. 81*	**20** Presidents' Day 9:30 Fitness First 10:00 Tai Chi w/Jesse [MP] 2:00 Bingo Fun [HS Activity Room] *2:00 FUMC Worship Service [CH81]*	**21** **Mardi Gras/Fat Tuesday** 9:30 Fitness First [MP] 10:00 Introduction to Drumba w/ Aaron [MP] — OLLI: From Jericho to Jerusalem: The Archaeology of the Holy Land 3:00 Happy Hour w/ Guest Singer [DR-H] 6:00 Bridge Group	**22** 9:30 Fitness First 10:00 Knock Out Parkinson's [9th Fl] 11:00 Drumba w/ Aaron [PFC] 2:00 Shuffleboard Game [9th Fl] 3:00 Knit Wits [SLR]	**23** 9:30 Fitness First 10:00 Express Yourself! Voice Exercise Group [9th Fl] 10:00 Let's Nail It [MP] 2:00 Men's Social- Vista 9 2:30 Moving to Heal w/Jule [MP] 4:00 Happy Hour @ The Point-All Welcome 6:00 Bridge Group-Hillside AR	**24** 9:30 Fitness First 9:50 Tai Chi w/ Jesse-New Time [9th Fl] 10:30 Hymn Sing w/ Patricia [MP] 1:30 Shopping City View Mall	**25** **TV, Games, Puzzles & Shuffleboard 9th Floor AR** 11:00 9th Floor Exercise w/Lyle-DR 2:00 Mexican Train Game [DR-H]
26 9:30 Church Service w/ Rev. Mike-Christ Chapel-Vista 2nd Floor *11:00 Worship Service - Ch. 81*	**27** 9:30 Fitness First 10:00 Tai Chi w/ Jesse [MP] 2:00 Bingo Fun [HS Activity Room] *2:00 FUMC Worship Service [CH81]*	**28** 9:30 Fitness First [MP] 10:00 OLLI: From Jericho to Jerusalem: The Archaeology of the Holy Land 6:00 Bridge Group				

Welcome New Residents

Susan Rutherford Hillside
Foncie Foote Hillside
Patsy Caughran Vista
Leila & Van James Hillside
Margaret Tinker Vista
Ramona Simons Vista
Rosemary Soderstrom Hillside
Anita Webber Hillside
Betty Blackwell Hillside
Donald Thomason Hillside
Lloyd Lueking Vista