


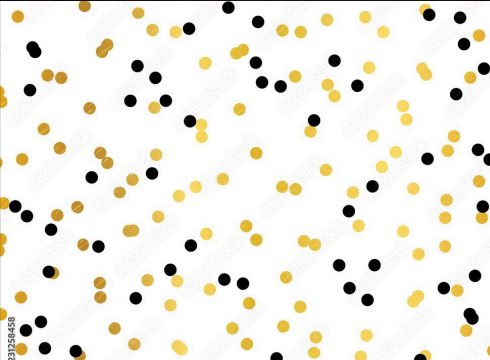



January 2023

Memory Support Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
New Year's Day 11:00 † Worship Service - Ch. 81	9:30 → Grooving w/ Sherry Zak Morris 10:45 † Refresh & Refuel 2:00 → Active Afternoons 2:00 † FUMC Worship Service [CH81] 2:30 🎬 Hallmark Movies	9:30 → Pump it Up Tuesday 10:00 🎵 Music Therapy 10:45 † Daqs & Chat 11:00 📰 The Daily Chronicle 2:00 → Getting Fit w/Paul Eugene 2:30 🎵 Pass the Mic w/Susie Q 3:00 🎮 Bingo Tuesday's	9:45 † Devotions with Rev. Mike 10:00 → Getting Fit & Lit 10:30 † Refresh & Refuel 10:50 📌 Finish The Phrase 2:00 → Kickball 2:30 🗓️ National Bloody Mary Day- Bloody Mary Social 3:00 🎵 Tunes & Groove w/ Alexa	9:30 → Chair Zumba w/ Rickina 10:00 🎲 Jeopardy 10:45 † Refresh & Refuel 11:00 📌 Manicure & Mimosas 2:30 🌐 HomeAgain Virtual Tour 3:00 📌 EZ Does It: Random Trivia 3:30 → Moving to Heal w/Jule	9:30 → Moving Fridays w/Rickina 10:00 🎵 Music Therapy 10:45 † Refresh & Refuel 2:00 → Zumba Gold Fitness 2:30 🎬 Cinema: A New Year's Resolution	2:30 🎬 Saturday Matinee	
11:00 † Worship Service - Ch. 81	9:30 → Grooving w/ Sherry Zak Morris 10:00 📌 You Be The Judge 10:45 † Refresh & Refuel 11:00 🎬 Social Club Mondays 2:00 → Active Afternoons 2:00 † FUMC Worship Service [CH81] 2:30 🗓️ Crafty Corner	9:30 → Pump it Up Tuesday 10:00 🎵 Music Therapy 10:45 † Refresh & Refuel 11:00 📰 The Daily Chronicle 2:00 → Tippy Toe Tuesday 2:30 🎵 Pass the Mic w/Susie Q 3:00 🎮 Bingo Tuesday's	9:45 † Devotions with Rev. Mike 10:00 → Chair Zumba 10:30 † Refresh & Refuel 10:50 📌 Pictionary 2:00 → Grooving w/ Sherry Zak Morris 2:30 🎬 National Milk Day: Milk & Cookies Social 3:00 🎵 Tunes & Groove w/ Alexa	9:30 → Chair Zumba w/ Rickina 10:00 📌 Word Calling 10:45 † Refresh & Refuel 11:00 📌 Manicure & Mimosas 2:30 🌐 HomeAgain Virtual Tour 3:00 🎬 Short Stories w/ Rickina 3:30 → Moving to Heal w/Jule	9:30 → Moving Fridays w/Rickina 10:00 🎵 Music Therapy 10:45 🎵 Jamming Friday w/ Mike Frankel 2:00 → Zumba Gold Fitness 2:30 🎬 Cinema: The Family Stone	2:30 🎬 Saturday Matinee	
11:00 † Worship Service - Ch. 81	Martin Luther King, Jr. Day 9:30 → Grooving w/ Sherry Zak Morris 10:00 📌 Word Scramble 10:45 † Refresh & Refuel 11:00 🎬 Social Club Mondays 2:00 → Active Afternoons 2:00 † FUMC Worship Service [CH81] 2:30 🗓️ Crafty Corner	9:30 → Pump it Up Tuesday 10:00 🎵 Music Therapy 10:45 † Daqs & Chat 2:00 → Tippy Toe Tuesday 2:30 🎵 Pass the Mic w/Susie Q 3:00 🎮 Bingo Tuesday's	9:45 † Devotions with Rev. Mike 10:00 → Move to The Beat 10:30 † Refresh & Refuel 10:50 📌 Word Calling 2:30 → Get Your Bowl On 3:00 🎵 Tunes & Groove w/ Alexa	9:30 → Chair Zumba w/ Rickina 10:00 🎬 National Popcorn Day- Popcorn Social 10:45 📌 Manicure & Mimosas 2:30 🌐 HomeAgain Virtual Tour 3:00 🎬 Short Film: Love At First Sight 3:30 → Moving to Heal w/Jule	9:30 → Moving Fridays w/Rickina 10:00 🎵 Music Therapy 10:45 † Refresh & Refuel 2:00 → Grooving w/ Sherry Zak Morris 2:30 🎬 Cinema: A Good Year	2:30 🎬 Saturday Matinee	
11:00 † Worship Service - Ch. 81	9:30 → Grooving w/ Sherry Zak Morris 10:00 📌 Word Calling 10:45 † Refresh & Refuel 11:00 🎬 National Pie Day- Pie social 2:00 → Active Afternoons 2:00 † FUMC Worship Service [CH81] 2:30 🗓️ Crafty Corner	9:30 → Pump it Up Tuesday 10:00 🎵 Music Therapy 10:45 † National Peanut Butter Day - Social 2:00 → Getting Fit w/Paul Eugene 2:30 🎵 Pass the Mic w/Susie Q 3:00 🎮 Bingo Tuesday's	9:45 † Devotions with Rev. Mike 10:00 → Move Your Muscle Wednesday 10:30 🎵 Western Day w/ Cowboy Bob 2:00 → Work Out Wednesday 2:30 📌 Giant Crossword 3:00 🎵 Tunes & Groove w/ Alexa	9:30 → Chair Zumba w/ Rickina 10:00 📌 Short Stories w/ Rickina 10:45 † Refresh & Refuel 11:00 📌 Manicure & Mimosas 2:30 🌐 HomeAgain Virtual Tour 3:00 📌 EZ Does It: Random Trivia 3:30 → Moving to Heal w/Jule	9:30 → Moving Fridays w/Rickina 10:00 🎵 Music Therapy 10:45 🎬 National Chocolate Cake Day- Social 2:00 → Grooving w/ Sherry Zak Morris 2:30 🎬 Cinema: Breakfast At Tiffany's	2:30 🎬 Saturday Matinee	
11:00 † Worship Service - Ch. 81	9:30 → Grooving w/ Sherry Zak Morris 10:00 📌 Can I Buy a Vowel 10:45 † Refresh & Refuel 11:00 🎬 Social Club Mondays 2:00 → Active Afternoons 2:00 † FUMC Worship Service [CH81] 2:30 🗓️ Crafty Corner	9:30 → Pump it Up Tuesday 10:00 🎵 Music Therapy 10:45 🎬 National Hot Choc. Day- Hot Chocolate Bar 11:00 📰 The Daily Chronicle 2:00 → Get Your Bowl On	🗓️ Cooking 🗓️ Creative 🌐 Environmental 🎮 Games 📌 Intellectual 🎵 Music → Physical 📌 Purposeful 🗓️ Snack 🎬 Social † Spiritual		<p>“Yesterday was not your defining moment. The calendar moved forward; why not you?” – Dr. Steve Maraboli</p>	<p>Resident Anniversaries Mary M. 1/31</p>	