

ESSENTIAL CAREGIVER EDUCATION

CC Young Memorial Home



Signs & Symptoms of COVID-19

Most common symptoms include:

- Fever/ Chills
- Dry cough
- Fatigue
- Muscle/ Body Aches
- Sore throat
- Diarrhea
- Loss of taste or smell
- Headache
- Difficulty breathing or shortness of breath
- Nausea or vomiting
- Congestion/ Runny Nose (not allergy related)

Infection Control Precautions

At CC Young we utilize standard precautions at all times

- Perform hand hygiene before and after every resident contact
- Use personal protective equipment when risk of body fluids
- Use and dispose of sharps safely
- Perform routine environmental cleaning
- Follow respiratory hygiene and cough etiquette
- Use clean technique
- Handle and dispose of waste and used linen safely

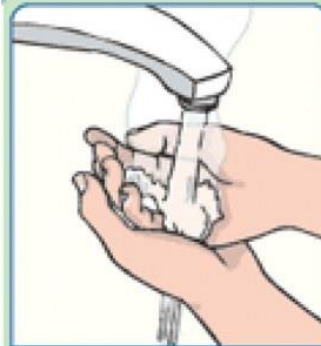
What if I do have symptoms?

- If you or any members in your household have any symptoms for COVID-19, you may not participate in your visit.
- You will need to reschedule your Essential Caregiver visit at a time when you are not experiencing symptoms.

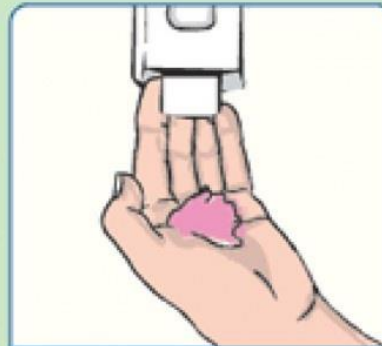


Hand Hygiene Procedures

FIGHT GERMS BY WASHING YOUR HANDS!



1 Wet your hands



2 Soap



3 Lather and scrub - 20 sec



4 Rinse - 10 sec



5 Turn off tap



6 Dry your hands

DONT FORGET TO WASH:

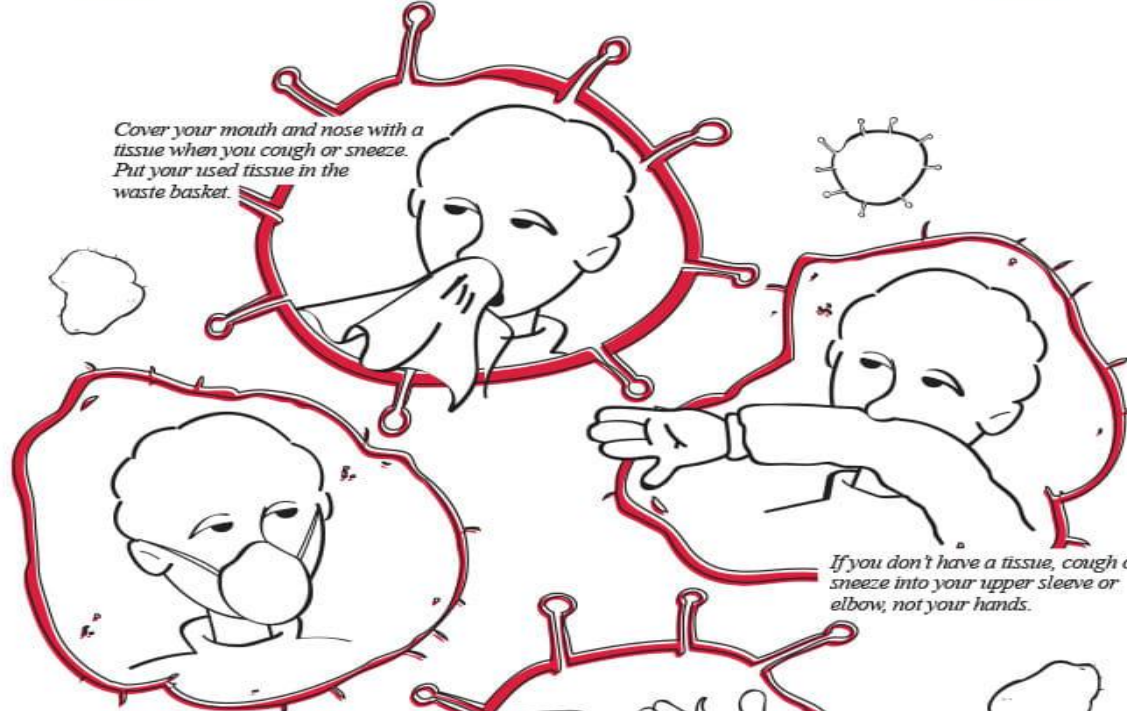
- between your fingers
- under your nails
- the tops of your hands

Cough & Sneeze Etiquette

Cover Cough

— Stop the spread of germs that can make you and others sick! —

Cover your mouth and nose with a tissue when you cough or sneeze. Put your used tissue in the waste basket.



If you don't have a tissue, cough or sneeze into your upper sleeve or elbow, not your hands.

You may be asked to put on a facemask to protect others.

Wash hands often with soap and warm water for 20 seconds. If soap and water are not available, use an alcohol-based hand rub.



Personal Protective Equipment

Please see the Covid-19 antigen testing and billing agreement for charges associated with PPE.

CCY issued mask must be worn
at all times



CCY issued face shield must be worn at
all times

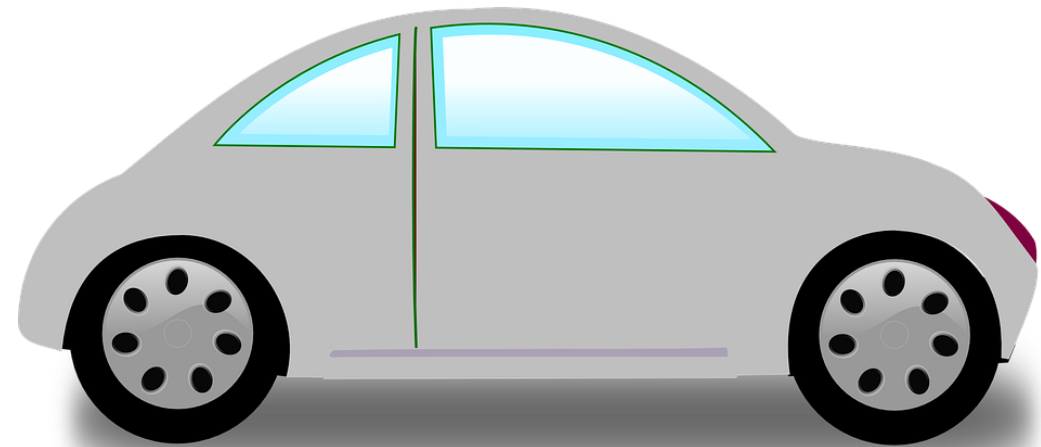


COVID-19 Antigen Test Requirement

- Essential caregivers are required to have a negative Covid-19 prior to their visit.
- CC Young will provide the Covid-19 test to you each week upon arrival.
- The test will be administered to the Essential Caregiver at their car window prior to entering the facility.
- A positive Covid-19 test will automatically cancel the essential caregiver that week.

Parking- Entry and Exit

- Turn into the CCY campus
- Pull into screening area to be screened
- CCY team will direct you into the parking garage for testing.
- Upon exit, you will leave the parking garage and turn right.
- The CCY staff will move the cones and allow you to exit.



Designated Visitation Area

- An essential caregiver may not leave the designated visitation area unescorted at anytime.
- If assistance is needed, the essential caregiver must utilize the nurse call/pendant or telephone.
- This time has been reserved to the residents essential caregiver visit. Unfortunately, the essential caregiver visit may not be used as a time to meet with any staff members.
- Please call to schedule any meetings.

Cancellation of Essential Caregiver Visit

- CC Young reserves the right to cancel the essential caregiver visit if he or she fails to comply with this policy or any applicable requirements.
- PPE must be worn at all times
- CCY issued name badge must be worn at all times
- Sign up for a visit on our Sign Up Genius at <http://www.tinyurl.com/ecvisits>

Disinfection of Items Process

- Essential Caregivers will not be allowed to bring any items into the visit.
- Any items brought for the resident will need to be dropped at the screening area and go through the normal disinfection process.
- Those items will be delivered to the resident at a later time.

