



August 14, 2020

**TO OUR RESIDENTS, RESIDENT CONTACTS, TEAM MEMBERS, BOARDS OF DIRECTORS, AND PHYSICIANS:**

We are happy to announce a “light” reopening of services and activities on campus!

**Effective Monday, August 17, 2020**, the following will be available for our residents:

- Full Housekeeping service all over campus (normal schedule)
- All Information Technology (IT) services
- Dining Rooms open for Vista residents needing feeding assistance
- \*Small Group gatherings of 4-5 throughout Life Enrichment venues
- \*Assisted Living in Hillside and Vista “Light” Bingo & Exercise in Dining Room
- \*Manicures available for Hillside and Vista, Floors 3-9
- Salon appointments, as needed, for Vista residents, Floors 4-8
- Limited access to Therapy Gym (determined by Therapy Team)

*\*LE Team must wear KN95 mask and face shield in small groups.*

*\* Life Enrichment will continue one-on-one visits.*

The Point “Light” Opening:

**Wellness Classes**

In-person wellness classes are held in The Point Auditorium with a max capacity of 10 residents. Sign-up limit 2 times per week, per person. **Sign-up required to reserve spot. (Walk-ins welcome, based on availability.)**

Morning Stretch	7:15am	Monday – Thursday
Chair Yoga	8:00am	Monday - Thursday
Chair Aerobics	10:00am	Monday - Thursday
Balance Class	10:45am	Monday & Wednesday
Get Energized	10:45am	Tuesday & Thursday
Sit & Get Fit	1:00pm	Monday - Thursday

**Workout at Fitness Center**

Work outs available in thirty minute increments by appointment with a max capacity of 4 residents. Sign-up limit 2 times per week, per person. **Sign-up required to reserve spot. (Walk-ins for open times or extended work outs are based on availability.)**

8:30am – 11:00am & 1:30pm – 4:00pm / Monday – Friday

**Movie Matinee**

In-person attendance in The Point Theater will be limited to a max capacity of 10 residents at each show. Sign-up limit 1 time per week, per person. The same movie will be shown both days, with a different movie shown each week. **Sign-up required to reserve spot. (Walk-ins for open times or extended work outs are based on availability.)**

1:30pm – 3:30pm / Thurs. & Fri. (unless noted)



**Waitress PG (2007) PG-13 1hr 48min Comedy, Drama, Romance**

Thursday, August 20 & Friday, August 21 at 1:30pm – The Point Theater

Don't miss director Adrienne Shelley's sweet, sassy comedy about the power of friendship, motherhood and second chances. Starring the radiant Keri Russell who serves up a hilarious and heartfelt performance.

**The Mirror Has Two Faces (1996) PG-13 2hr 6min Comedy, Drama, Romance**

Thursday, August 27 & Friday, August 28 at 1:30pm – The Point Theater

A shy, middle-aged professor enters a romantic but non-physical relationship with an unlucky-in-love colleague. Starring Barbra Streisand, Jeff Bridges & Lauren Bacall

**Library, Dakim Brain Fitness & PC Computer Use**

The Point Library is open with limited hours with one computer and one Dakim machine available.

Max capacity of 4 residents.

8:30am – 11:00am / 1:30pm – 4:00pm /Monday - Friday

**Small Group Meetings**

Held in The Fitness Classroom with a max capacity of 10 residents.

**Sign-up required. (Walk-ins welcome, based on availability.)**

Happy Hookers	9:30am	Mondays
Senior Scribblers	9:30am	Wednesdays
Knotty Knitters	9:30am	Thursdays
Resident Led Bible Study	3:00pm	Thursdays

And finally:

- The Point Café opens August 24, 2020.
- The Woodshop opens August 17, 2020.
- Quarantine is reduced from 14 days to 10 days on hospital admissions in accordance with CDC guidelines.

We will continue to monitor area statistics for new cases and hospitalizations and adjust as appropriate. We will also continue creative conversation about additional special events which can be held safely.

Thank you for your continued patience and support throughout this pandemic. We are grateful for the partnership!

Russell Crews  
President and CEO



