



March 27, 2020 / AL Res.

CC Young has received several questions regarding the CC Young Shelter in Place Policy. We will answer some of them as follows.

Q: Do all residents need to sign the shelter in place acknowledgment even if we don't plan on leaving?

A: Yes, CCY needs everyone to sign the form and as quickly as possible and get that to your administrator.

Q: If I leave to go to the Doctor do I have to self-quarantine?

A: Yes, if you go to the Doctor (of any kind) residents are required to self-quarantine for 7 days.

Q: What if I go to the grocery store or pharmacy?

A: Yes, you are required to self-quarantine for 7 days if you leave for any reason.

Q: What if I have a spouse but they do not leave with me, do they have to quarantine?

A: Yes, because if you have been exposed and you return to your spouse there is a chance you have exposed them also.

Q: What if I have multiple off campus appointments?

A: You must self-quarantine for 7 days. If you go to the Doctor and you begin your self quarantine when you return and then on day 5 of quarantine you go back out to a second Doctor, your quarantine starts all over again.

Q: What if my spouse and I both have Doctor appointments and they are a couple of days apart?

A: You both self-quarantine from the original Doctor's appointment and an additional seven days from the last Doctor's appointment.

Q: Can I have housekeeping during quarantine?

A: No, this is to protect the other residents that our housekeeping team serve.

Q: Can I walk outside during quarantine?


A: Unfortunately No. You may resume campus walks with appropriate social distancing at the conclusion of your quarantine period.

Q: Can I go to the dining room during quarantine?

A: No, but you can have your food delivered to your apartment at no charge.

Q: Can my friends come into my apartment during quarantine?

A: Not unless they all agree to sign a 7 day quarantine agreement when they leave your apartment.



Q: How can I get groceries and medicines if I can't leave?

A: Here are ideas and suggestions:

- Call your family and friends and ask them to purchase and drop off at our front gate.

While we understand the shelter in place policy is extremely inconvenient, we have had unbelievable support for our attempt to keep our residents safe. We love all of you and need everyone to understand we are taking these measures to protect all of you. Some of you have asked why we implemented a quarantine policy. It was not an easy decision, but a quarantine policy is one of the most effective methods to mitigate the spread of COVID – 19 on our campus. If you were living in your own home and you went out during the shelter in place executive order, you would be returning to that home by yourself or with just a spouse. When you leave CC Young you return and interact with potentially 400 other residents who call this place home. CC Young has an obligation to try and protect all of its family.

Please read the attached communication from our campus physician, Dr. Grady Goodwin, in full support of all the precautions we have implemented to protect our residents.

Should you have any additional questions please feel free to reach out to Chastity Barnes, your Assisted Living Administrator.

Thank you!

We will get through this together,

Stacy Hitt
Vice President, Resident Operations