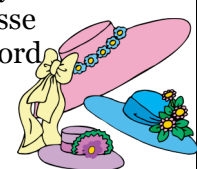














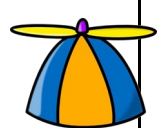



Life Enrichment – The Cove



Hats Off to Spring!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hats Off to Spring!	May Day 1	2	3	4	5	Kentucky Derby 6
This month we'll celebrate the Kentucky Derby with all its fabulous hats and our Mothers and all the hats they wear. Wear your sailor hats for "All Aboard the C. C. Young Cruise Ship" during C. C. Young Week, and your military hats to honor Memorial Day!	9:30 Devotion & Exercise 10:00 Monday Madness! 1:00 Spruce Up 2:00 Birthday Party for Martha! 3:00 Tai Chi w/ Jesse 4:00 Giant Crossword 	9:30 Exercise 10:00 Brain Games 10:30 Sing Along w/ Linda 1:00 Spruce Up 2:00 Smoothie Fest with Angie 3:00 Color Me Happy! 3:30 Chat w/ Chaplain—ADC 4:00 Happy Hour 	10:30 Spring Party with the Methodist Ladies Circle 1:00 Spruce Up 1:30 Field Trip 2:00 Music Appreciation – The Point 3:15 Dallas Academy Crafts 4:00 Angie's Beauty Shop	9:30 Exercise 10:00 Peanut Butter & Jam Band! - The Point 11:30 Luna Visits! 1:00 Spruce Up 1:30 Dominoes w/ Floyd 2:30 Derby Hats & Horseshoes 3:30 Wii Games 4:00 Animal Antics 	9:30 Morning Fitness 10:00 Book Lovers Unite –The Point 11:00 Bible Fun 1:00 Spruce Up 1:30 Pet Visits 2:00 Cinco De Mayo Party! 4:00 Music & Muse	9:30 Exercise 10:00 Spirit is Ageless Awards Presentation—The Point 11:00 Exercise w/ Kathy 1:00 Spruce Up! 2:00 Games w/ Kathy 4:30 Dinner Set Up
7	8	9	10	11	12	13
9:30 Worship Service—Chapel 10:00 Exercise 10:30 Trivia with Staff 11:15 Worship Service—The Point 11:30 Hymn Sing w/ Kathy 3:00 FUMC—Ch 62.4 4:00 Hymns & Spirituals	9:30 Devotion & Exercise 10:00 Kentucky Derby Recap & Horse Races 1:00 Spruce Up 2:00 Timeless Trivia 3:00 Tai Chi w/ Jesse 4:00 Giant Crossword 	9:30 Exercise 10:00 Belle Tones Choir—The Point 10:30 Sing Along w/ Linda 1:00 Spruce Up 2:00 Wii Games 3:00 Color Me Happy! 4:00 Happy Hour 	9:30 North Mesquite High School Volunteers 11:00 Music, Manicures & Munchies 1:00 Spruce Up 1:30 Field Trip 2:30 Sentimental Reflections 4:00 Angie's Beauty Shop 	9:30 Exercise 10:00 Quirky Quilts at The Point 11:30 Luna Visits! 1:00 Spruce Up 1:30 Dominoes w/ Floyd 2:30 Beach Ball Bonanza! 3:30 Wii Games 4:00 Animal Antics 	9:30 Morning Fitness 10:00 Book Lovers Unite –The Point 11:00 Bible Fun 1:00 Spruce Up 1:30 Pet Visits 3:00 Mother's Day Tea! 4:00 Music & Muse 	9:30 Exercise 10:00 Manicures 11:00 Exercise w/ Angie 1:00 Spruce Up! 2:00 Games with Angie 4:30 Dinner Set Up
Mother's Day 14	15	16	17	18	19	20
9:30 Worship Service—Chapel 10:00 Exercise 10:30 Trivia with Staff 11:15 Worship Service—The Point 1:00 Spruce Up! 2:00 Word Games/White Board 3:00 FUMC—Ch 62.4 4:00 Hymns & Spirituals	9:30 Devotion & Exercise 10:00 Cruise Ship to Paradise! 1:00 Spruce Up 2:00 Service Projects 3:00 Tai Chi w/ Jesse 4:00 Giant Crossword 	9:30 Exercise 10:00 Cruise Ship Games! 10:30 Sing Along w/ Linda 1:00 Spruce Up 2:30 "Booze" Cruise Mocktails with Angie 3:00 Color Me Happy! 4:00 Happy Hour & Player Piano	9:30 Exercises 10:00 Toney Walsh Cruise Tunes! 11:00 Music, Manicures & Munchies 1:00 Spruce Up 2:30 Sentimental Reflections 4:00 Angie's Beauty Shop 	9:30 Exercise 10:00 Fruit Carving 11:30 Luna Visits! 1:00 Spruce Up 1:30 Dominoes w/ Floyd 2:30 Cruise Ship Buffet! 3:00 Life at Sea Videos 4:30 Animal Antics 6:30 Lent Service—The Point	9:30 Morning Fitness 10:00 Bible Study 10:30 Sentimental Reflections 1:00 Spruce Up 2:00 Movie & Popcorn 4:00 Music & Muse 	9:30 Exercise 10:00 Manicures 11:00 Exercise 1:00 Spruce Up! 2:00 Music Recital—The Point 2:00 Games 4:30 Dinner Set Up
21	22	23	24	25	26	27
9:30 Worship Service—Chapel 10:00 Exercise 10:30 Trivia with Staff 11:15 Worship Service—The Point 11:30 Hymn Sing w/ Kathy 1:00 Spruce Up! 2:00 Word Games/White Board 3:00 FUMC—Ch 62.4 4:00 Hymns & Spirituals	9:30 Devotion & Exercise 10:30 Morning Madness with Angie! 1:00 Spruce Up 2:00 Service Projects 3:00 Tai Chi w/ Jesse 4:00 Giant Crossword Aaron Out Today	9:30 Exercise 10:00 Brain Games 10:30 Sing Along w/ Linda 2:00 Wii Games with Angie 3:00 Color Me Happy! 4:00 Happy Hour Aaron Out Today 	9:30 Exercise 10:00 Refugee Services Program at The Point 1:00 Spruce Up 2:00 Young Un's Concert at The Point 4:00 Angie's Beauty Shop Aaron Out Today 	9:30 Exercise 10:00 Memorial Day Program—The Point 11:30 Luna Visits! 1:00 Spruce Up 1:30 Dominoes w/ Floyd 2:00 Parachute with Angie! 3:30 Wii Games! 4:30 Animal Antics	9:30 Morning Fitness 10:00 Bible Study 10:30 Hymn and Her Sing 11:00 Bible Fun 1:00 Spruce Up 1:30 Pet Visits 2:00 Movie & Popcorn 4:00 Music & Muse 	9:30 Exercise 10:00 Manicures 11:00 Exercise with Angie 1:00 Spruce Up! 2:00 Games with Angie 4:30 Dinner Set Up
28	Memorial Day 29	30				
9:30 Worship Service—Chapel 10:00 Exercise 10:30 Trivia with Staff 11:15 Worship Service—The Point 11:30 Hymn Sing w/ Deborah 1:00 Spruce Up! 2:00 Word Games 4:00 Hymns & Spirituals	9:30 Exercise with Staff 11:00 Memorial Day Fun! 1:00 Spruce Up 2:00 Memorial Day Treats! 3:00 Manicures and Movies with Staff 	9:30 Exercise 10:00 Brain Games 10:30 Sing Along w/ Linda 1:00 Spruce Up 2:00 Smoothie Fest with Angie 3:00 Color Me Happy! 3:30 Chat w/ Chaplain—ADC 4:00 Happy Hour	9:30 Exercises 10:00 Travel the World 11:30 Lunch out! 1:00 Spruce Up 2:00 Music Appreciation—The Point 4:00 Guess Who? 	 C. C. Young Senior Living · Senior Care Where the Spirit is Ageless®	All activities are subject to change. Changes will be noted on the large hall calendars. Families are welcome to join us for events! Spontaneous/unstructured activities can and will happen every day!	Every day we will have 9:00 Fresh Start 1:00 Spruce Up! 5:00 Dinner Set up Gardening and Outdoor activities occur spontaneously as weather permits.