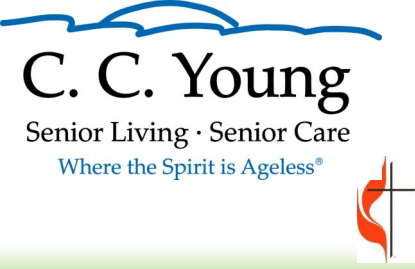





Life Enrichment – The Cove		September 2017				Active in Autumn	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					Betty's Birthday 1	2	
 <p>C. C. Young Senior Living · Senior Care Where the Spirit is Ageless®</p>	<p>Every day we will have 9:00 Fresh Start 1:00 Spruce Up! 5:00 Dinner Set up</p> <p>Gardening and Outdoor activities occur spontaneously as weather permits.</p>	<p>All activities are subject to change. Changes will be noted on the large hall calendars. Families are welcome to join us for events! Spontaneous/unstructured activities can and will happen every day!</p>	<p><b>Celebrate Active Aging Week! Sept. 4th-8th! Join us at The Cove and The Point for events that celebrate seniors being active in body, mind, and spirit!</b></p> 		<p>9:30 Morning Fitness 10:00 Bible Fun 11:00 Proverbs 1:00 Spruce Up 1:30 Pet Visits 2:00 Betty Party! 3:00 Movie/Popcorn</p>	<p>9:30 Exercise 10:00 Manicures 11:00 Exercise w/ Charity 1:00 Spruce Up! 2:00 Games w/ Charity 4:30 Dinner Set Up</p>	
3	LABOR DAY! 4	5	6	Bee Bee's Birthday 7	8	9	
<p>9:30 Worship Service—Chapel 10:00 Exercise 10:30 Trivia with Staff 11:15 Worship Service—The Point 11:30 Hymn Sing w/ Deborah 2:00 Word Games/White Board 3:00 FUMC—Ch 62.4 4:00 Hymns &amp; Spirituals</p>	<p>10:00 Exercise with Staff 11:00 Sing Along with Charity 2:00 Labor Day Snacks 3:00 Games with Staff</p> <p>Enjoy your day of rest and watching College Football! Games are available at the nurses' station.</p>	<p>9:30 Exercise 10:00 Mental Aerobics—The Point 10:30 Songs with Linda 1:00 Spruce Up 1:30 Chat with Chaplain— ADC 2:00 Balloon Bash 3:45 Coloring Club—The Point 4:00 Active Aging</p>	<p>9:30 Exercises 10:00 Brain Fitness 10:30 Bowling 1:00 Spruce Up 1:30 Out for Healthy Snacks 3:00 Gabby's 1st Ladies – LPE1 4:30 Active Aging</p>	<p>9:30 Exercise 10:00 Wacky Sports 10:00 Retirement Presentation – The Point 11:30 Luna Visits! 1:00 Spruce Up 1:30 Dominoes w/ Floyd 2:00 Bee Bee Party! 3:30 Game Show 4:30 Active Aging</p>	<p>9:30 Morning Fitness 10:00 Bible Fun 11:00 Health &amp; Fitness 1:00 Spruce Up 1:30 Pet Visits 2:00 Movie &amp; Popcorn</p> 	<p>9:30 Exercise 10:00 Manicures 11:00 Exercise w/ Angie 1:00 Spruce Up! 2:00 Games w/ Angie 4:30 Dinner Set Up</p>	
10	PATRIOT DAY! 11	Margaret's Birthday! 12	13	N. T. GIVING DAY 14	15	16	
<p>9:30 Worship Service—Chapel 10:00 Exercise 10:30 Trivia with Staff 11:15 Worship Service—The Point 11:30 Hymn Sing w/ Kathy 1:00 Spruce Up! 2:00 White Board Games</p>	<p>9:30 Exercise 10:00 Monday Madness 11:00 Chaplain Kellie 1:00 Spruce Up 2:00 Armed Services 3:00 Tai Chi w/ Jesse 4:00 Patriotic Videos 6:30 FUMC Worship Service—The Point</p>	<p>9:30 Exercise 10:00 Brain Fitness 10:30 Songs with Linda 1:00 Spruce Up 2:00 Margaret Party! 3:30 White Board Games</p>	<p>9:30 Exercises 10:00 Brain Fitness 11:00 Music &amp; Munchies 11:30 Lunch Outing 1:00 Spruce Up 3:00 Gabby's 1st Ladies— LPE1 4:00 Angie's Beauty Shop</p>	<p>9:30 Exercise 10:00 Taste Testers 11:00 Brain Fitness 11:30 Luna Visits! 1:00 Spruce Up 1:30 Dominoes w/ Floyd 2:00 CHANGE the World! 3:30 Meet The Artist—The Point</p>	<p>9:30 Morning Fitness 10:00 Bible Fun 11:00 Proverbs 1:00 Spruce Up 1:30 Pet Visits 2:00 Folklore Art—The Point 3:00 Movie &amp; popcorn Happy 10th Anniversary to The Point</p>	<p>9:30 Exercise 10:00 Manicures 11:00 Exercise w/ Charity 1:00 Spruce Up! 2:00 Games w/ Charity 4:30 Dinner Set Up</p>	
17	18	19	PICNIC! 20	ROSH HASHANA 21	AUTUMN BEGINS 22	23	
<p>9:30 Easter Service—Chapel 10:00 Exercise 10:30 Trivia with Staff 11:15 Worship Service—The Point 11:30 Hymn Sing w/ Deborah 1:00 Spruce Up! 2:00 White Board Games 3:00 FUMC—Ch 62.4 4:00 Hymns &amp; Spirituals</p>	<p>9:30 Exercise 10:00 Monday Madness 11:00 Chaplain Kellie 1:00 Spruce Up 2:00 Sentimental Reflections 3:00 Tai Chi w/ Jesse 3:00 Iris Place Singers</p>	<p>9:30 Exercise 10:00 Texas Winds 10:30 Songs with Linda 1:30 Chat with Chaplain— ADC 2:00 Poker! 3:45 Coloring Club—The Point 4:00 Happy Hour</p>	<p>9:30 Exercises 10:00 Brain Fitness 11:00 TWU Challenge 1:00 Spruce Up 3:00 Gabby's 1st Ladies 4:00 Angie's Beauty Shop</p>	<p>9:30 Exercise 10:00 Taste Testers 11:00 Toney Walsh Sings! 11:30 Luna Visits! 1:00 Spruce Up 1:30 Dominoes w/ Floyd 2:00 Music &amp; Art 3:30 Game Show</p>	<p>9:30 Morning Fitness 10:00 Proverbs 11:00 TWU Challenge 1:00 Spruce Up 1:30 Pet Visits 2:00 Movie &amp; Popcorn 4:00 Music &amp; Muse</p> 	<p>9:30 Exercise w/ Kathy 10:00 Manicures 1:00 Spruce Up! 2:00 Games w/ Kathy 4:30 Dinner Set Up</p>	
24	25	26	27	29	29	YOM KIPPUR 30	
<p>9:30 Worship Service—Chapel 10:00 Exercise 10:30 Trivia with Staff 11:15 Worship Service—Point 11:30 Hymn Sing w/ Kathy 1:00 Spruce Up! 2:00 Young Men Service League 4:00 Hymns &amp; Spirituals</p>	<p>9:30 Exercise 10:00 Chaplain Kellie 11:00 Texas Winds 1:00 Spruce Up 2:00 Leaf Art 3:00 Tai Chi w/ Jesse 4:00 Summer Videos</p>	<p>9:30 Exercise 10:00 Brain Fitness 10:30 Songs with Linda 1:00 Spruce Up 1:30 Chat with Chaplain 2:00 Point Theater Shows 3:30 White Board Games</p>	<p>9:30 Exercises 10:00 Brain Fitness 11:00 TWU Challenge 1:00 Spruce Up 2:00 Tavies Rock &amp; Roll Blanton 3:00 Gabby's 1st Ladies— LPE1</p>	<p>9:30 Exercise 10:00 Taste Testers 10:30 Brain Fitness 11:30 Luna Visits! 1:00 Spruce Up 1:30 Dominoes w/ Floyd 2:00 Music Art 3:30 Game Show</p>	<p>9:30 Morning Fitness 10:00 Proverbs 11:00 TWU Challenge 1:00 Spruce Up 1:30 Pet Visits 2:00 Movie &amp; Popcorn 4:00 Music &amp; Muse</p>	<p>9:30 Exercise 10:00 Manicures 11:00 Exercise w/ Charity 1:00 Spruce Up! 2:00 Games w/ Charity 4:30 Dinner Set Up</p>	