



Life Enrichment – Health Center

February 2019

Love is in the Air

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					9:45 Move & Groove—2 10:00 Mornings with Diana—1 10:00 Manicures—2 1:00 Rest & Relax—1, 2 2:30 Afternoon Movie—1, 2	9:30 Action Games—2 10:00 Action Games—1 2:00 Trivia—2
3	4	5	6	7	8	9
10:00 Bible Study—1 10:30 Bible Study—2 11:15 Worship Service—P 1:00 Room Visits—R2R	9:45 Joyful Morning—1, 2 10:15 Move & Groove—1, 2 10:45 Days of Our Lives—1, 2 1:00 Rest & Relax—1, 2 2:30 Manicures—1, 2 3:00 Short Stories —2 3:30 Getting to Know You—1 4:00 Stretching—2	9:45 Sit & Fit—2 10:00 Music Therapy—2 10:00 Pet therapy—1 10:30 Music with Hayley—1 1:00 Rest & Relax—1, 2 2:30 Room to Room Cart—1 2:30 Folklore & Fairytales—2 4:00 Chair Yoga—2	9:45 Joyful Morning—1, 2 10:00 Hymn Sing with Billy—1 10:00 Table Ball—2 11:00 Wednesday Service—1 1:00 Rest & Relax—1, 2 2:30 One on One Visits—1, 2 3:00 Activities with Arnella—2 4:00 Chair Zumba—2	9:45 Joyful Morning Routine—1, 2 10:15 Sit & Fit—1, 2 10:45 Art & Crafts—1, 2 1:00 Rest & Relax—1, 2 2:30 Manicures—1, 2 4:00 Chair Yoga—1, 2	9:45 Move & Groove—2 10:00 Mornings with Diana—1 10:00 Manicures—2 1:00 Rest & Relax—1, 2 2:30 Afternoon Movie—1, 2	9:30 Action Games—2 10:00 Action Games—1 2:00 Trivia—2
10 Bernice's Birthday	11	12 Bernice's 100th Party	13	14	15	16
10:00 Bible Study—1 10:30 Bible Study—2 11:15 Worship Service—P 1:00 Room Visits—R2R	9:45 Joyful Morning—1, 2 10:00 Texas Winds—2 10:00 Crafts with Anna—1 11:00 Accordion Mike—1 11:00 Days of Our Lives—2 1:00 Rest & Relax—1, 2 2:30 Manicures—1, 2 3:00 Short Stories —2 3:30 Getting to Know You—1 4:00 Stretching—2	9:45 Joyful Morning Routine—1, 2 10:00 Pet therapy—1 10:15 Sit & Fit—2 10:30 Bernice's Party—1 10:45 Word Games —2 1:00 Rest & Relax—1, 2 2:30 Room to Room Cart—1 2:30 YouTube Adventure—2 3:30 Coffee Chat—1, 2 4:00 Chair Yoga—2	9:45 Joyful Morning—1, 2 10:00 Hymn Sing with Billy—1 10:00 Table Ball—2 11:00 Wednesday Service—1 1:00 Rest & Relax—1, 2 2:30 One on One Visits—1, 2 3:00 Activities with Arnella—2 4:00 Chair Zumba—2	9:45 Joyful Morning Routine—1, 2 10:15 Sit & Fit—1, 2 10:45 Art & Crafts—1, 2 1:00 Rest & Relax—1, 2 2:30 Manicures—1, 2 4:00 Chair Yoga—1, 2	9:45 Move & Groove—2 10:00 Mornings with Diana—1 10:00 Manicures—2 1:00 Rest & Relax—1, 2 2:30 Afternoon Movie—1, 2	9:30 Action Games—2 10:00 Action Games—1 2:00 Trivia—2
17	18	19	20	21 Resident Council	22	23 Toni's Birthday
10:00 Bible Study—1 10:30 Bible Study—2 11:15 Worship Service—P 1:00 Room Visits—R2R	9:45 Joyful Morning—1, 2 10:15 Move & Groove—1, 2 10:45 Days of Our Lives—1, 2 1:00 Rest & Relax—1, 2 2:30 Manicures—1, 2 3:00 Short Stories —2 3:30 Getting to Know You—1 4:00 Stretching—2	9:45 Sit & Fit—1, 2 10:00 Music Therapy—2 10:00 Pet therapy—1 11:00 Word Games —1, 2 1:00 Rest & Relax—1, 2 2:30 Room to Room Cart—1 2:30 YouTube Adventure—2 3:30 Coffee Chat—1, 2 4:00 Chair Yoga—2	9:45 Joyful Morning—1, 2 10:00 Hymn Sing with Billy—1 10:00 Table Ball—2 11:00 Wednesday Service—1 1:00 Rest & Relax—1, 2 2:30 One on One Visits—1, 2 3:00 Activities with Arnella—2 4:00 Chair Zumba—2	9:45 Joyful Morning Routine—1, 2 10:15 Sit & Fit—1, 2 10:45 Resident Council—PC 1:00 Rest & Relax—1, 2 2:30 Manicures—1, 2 4:00 Chair Yoga—1, 2	9:45 Move & Groove—2 10:00 Mornings with Diana—1 10:00 Manicures—2 1:00 Rest & Relax—1, 2 2:30 Afternoon Movie—1, 2	9:30 Action Games—2 10:00 Action Games—1 12:00 Birthday Party for Toni! - 1 2:00 Trivia—2
24	25	26	27	28	1—Lawther Point East, 1st floor, Long Term Care 2—Lawther Point West, 2nd Floor, Long Term & Rehab 3—Lawther Point West, 3rd floor, Rehab ADC—Adult Day Services Center on LP East, Ground floor H—Hillside Assisted Living (Formerly Blanton) C—The Cove Memory Support P—The Point Center for Arts and Education PC—Parchman Chapel on Lawther Point East 2nd floor R2R—Room to Room visits B—Breezeway on Lawther Point West	
10:00 Bible Study—1 10:30 Bible Study—2 11:15 Worship Service—P 1:00 Room Visits—R2R	9:45 Joyful Morning—1, 2 10:15 Move & Groove—1, 2 10:45 Days of Our Lives—1, 2 1:00 Rest & Relax—1, 2 2:30 Manicures—1, 2 3:00 Short Stories —2 3:30 Getting to Know You—1 4:00 Stretching—2	9:45 Sit & Fit—1, 2 10:00 Music Therapy—2 10:00 Pet therapy—1 11:00 Word Games —1, 2 1:00 Rest & Relax—1, 2 2:30 Room to Room Cart—1 2:30 YouTube Adventure—2 3:30 Coffee Chat—1, 2 4:00 Chair Yoga—2	9:45 Joyful Morning—1, 2 10:00 Hymn Sing with Billy—1 10:00 Table Ball—2 11:00 Wednesday Service—1 1:00 Rest & Relax—1, 2 2:30 One on One Visits—1, 2 3:00 Activities with Arnella—2 4:00 Chair Zumba—2	9:45 Joyful Morning Routine—1, 2 10:15 Sit & Fit—1, 2 10:45 Art & Crafts—1, 2 1:00 Rest & Relax—1, 2 2:30 Manicures—1, 2 4:00 Chair Yoga—1, 2		