




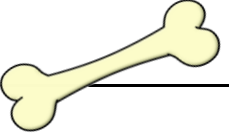
Life Enrichment – Health Center



August 2018



Dog Days of Summer

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1—Lawther Point East, 1st floor, Long Term Care 2—Lawther Point West, 2nd Floor, Long Term & Rehab 3—Lawther Point West, 3rd floor, Rehab ADC—Adult Day Services Center on LP East, Ground floor B—Blanton Assisted Living C— The Cove Memory Care P—The Point Center for Arts and Education PC—Parchman Chapel on Lawther Point East 2nd floor R2R—Room to Room visits Residents are invited to all events at The Point.		The following activities occur daily: 8:30 Strength & Stretch Chair Fitness—P 9:30 Ageless Room Opens (M-F) 10:00 Balance/Strength/Chair Yoga—P 11:30 Daily Prayer—1,2 1:00 Lovely Nails –R2R 10:00 Thursday Pet Visits with Luna –1, 2, 3	1 9:30 Restorative Exercise—2 10:00 Hymn Sing w/ Nancy—1 10:30 Restorative Exercise—1 11:00 Wednesday Service—PC 1:30 Activity Cart R2R—3 1:30 Creative Minds—2 3:00 As the World Turns—2	2 9:30 Restorative Exercise—2 10:00 Days of Our Lives—2 10:00 Texas Winds –P 10:30 Restorative Exercise—1 10:30 Parlor Games—1 1:00 Mark and the Men—B 2:00 Table Top Games—2 3:00 Bingo—3	3 9:30 Bingo—1 9:30 Restorative Exercise—2 10:00 Fun & Games—2 10:30 Restorative Exercise—1 11:00 Reminisce w Bill –ADC 1:00 “Wonder”—P 2:00 Drumba—P 3:00 Classic Cinema—1, 2	4 9:30 Action Games—2 10:00 Action Games—1 1:00—5:00 Open Painting—P 1:30 Games—2 2:00 Games—1 
		5 9:15 Worship Service—PC 10:30 Bible Study—1 11:00 Bible Study—2 11:15 Worship Service –P 1:00 Open Painting—P 1:00 Room Visits—R2R	6 9:30 Fitness & Action Game—1 9:30 Restorative Exercise—2 10:30 Michael Perkins Music—1 10:30 Parlor Games—2 11:00 Mornings with Mark-ADC 1:30 Coffee with Friends—1 2:00 The Aging Brain—P 3:00 Tai Chi—C	7 9:30 Restorative Exercise—2 10:00 Inspiration Reading—B 9:30 Exercise with Parker U—1 10:30 Words with Friends—2 10:30 Games with Parker U—1 1:30 Sing & Read Boys—ADC 3:00 Men’s Coffee Chat—1	8 9:30 Restorative Exercise—2 10:00 Hymn Sing w/ Nancy—1 10:30 Restorative Exercise—1 11:00 Wednesday Service—PC 1:30 Activity Cart R2R—3 1:30 Creative Minds—2 3:00 Gaby’s First Ladies of the US Discussion Group—ADC	9 9:30 Restorative Exercise—2 10:00 Days of Our Lives—2 10:30 Restorative Exercise—1 10:30 Parlor Games—1 1:00 Mark and the Men—B 2:00 Table Top Games—2 3:00 Bingo—3 
12 9:15 Worship Service—PC 10:30 Bible Study—1 11:00 Bible Study –2 11:15 Worship Service—P 1:00 Open Painting—P 1:00 Room Visits—R2R 2:00 B.T. Washington HS Musical Trio—P	13 9:30 Fitness & Action Game—1 9:30 Restorative Exercise—2 10:00 Accordion with Mike –1 10:30 Words with Friends—1 10:30 Parlor Games—2 11:00 Mornings with Mark-ADC 1:30 Coffee with Friends—1 2:00 The Aging Brain—P 3:00 Tai Chi—C	14 9:30 Restorative Exercise—2 10:00 Inspiration Reading—B 9:30 Exercise with Parker U—1 10:30 Words with Friends—2 10:30 Games with Parker U—1 1:30 Sing & Read Boys—ADC 3:00 Men’s Coffee Chat—1	15 9:30 Restorative Exercise—2 10:00 Hymn Sing w/ Nancy—1 10:30 Restorative Exercise—1 11:00 Wednesday Service—PC 1:30 Activity Cart R2R—3 1:30 Creative Minds—2 3:00 As the World Turns—2	16 9:30 Restorative Exercise—2 10:00 Days of Our Lives—2 10:30 Restorative Exercise—1 10:30 Resident Council—PC 1:00 Mark and the Men—B 2:00 Table Top Games—2 3:00 Bingo—3	17 9:30 Bingo—1 9:30 Restorative Exercise—2 10:00 Fun & Games—2 10:30 Restorative Exercise—1 11:00 Reminisce with Bill –ADC 1:00 “Girl with the Pearl Earring” - P 2:00 Drumba—P 3:00 Classic Cinema—1, 2	18 9:30 Action Games—2 10:00 Action Games—1 1:00—5:00 Open Painting—P 1:30 Games—2 2:00 Games—1 
19 9:15 Worship Service—PC 10:30 Bible Study—1 11:00 Bible Study—2 11:15 Worship Service—P 1:00 Open Painting—P 1:00 Room Visits—R2R	20 9:30 Fitness & Action Game—1 9:30 Restorative Exercise—2 10:30 Craft Corner w/Anna—1 10:30 Parlor Games—2 11:00 Mornings with Mark-ADC 1:30 Coffee with Friends—1 2:00 The Aging Brain—P 3:00 Tai Chi—C	21 9:30 Restorative Exercise—2 10:00 Inspiration Reading—B 9:30 Exercise with Parker U—1 10:30 Words with Friends—2 10:30 Games with Parker U—1 1:30 Sing & Read Boys—ADC 2:30 Remember When w Wanda—2 3:00 Men’s Coffee Chat—1	22 9:30 Restorative Exercise—2 10:00 Hymn Sing w/ Nancy—1 10:30 Restorative Exercise—1 11:00 Wednesday Service—PC 1:30 Activity Cart R2R—3 1:30 Creative Minds—2 3:00 Gaby’s First Ladies of the US Discussion Group—ADC	23 Resident Council 9:30 Restorative Exercise—2 10:00 Days of Our Lives—2 10:30 Resident Council—PC 1:00 Mark and the Men—B 2:00 Table Top Games—2 3:00 Bingo—3	24 9:30 Bingo—1 9:30 Restorative Exercise—2 10:00 Fun & Games—2 10:30 Restorative Exercise—1 11:00 Reminisce with Bill -ADC 1:00 “Bernie” –P 2:00 Classic Cinema—1, 2	25 9:30 Action Games—2 10:00 Action Games—1 1:00—5:00 Open Painting—P 1:30 Games—2 2:00 Games—1
26 9:15 Worship Service—PC 10:30 Bible Study—1 11:00 Bible Study—2 11:15 Worship Service –P 1:00 Open Painting—P 1:00 Room Visits—R2R	27 9:30 Fitness & Action Game—1 9:30 Restorative Exercise—2 10:30 Words with Friends—1 10:30 Parlor Games—2 11:00 Mornings with Mark-ADC 1:30 Coffee with Friends—1 2:00 The Aging Brain—P 3:00 Tai Chi—C	28 9:30 Restorative Exercise—2 10:00 Inspiration Reading—B 10:30 Restorative Exercise—1 10:30 Words with Friends—2 10:45 Days of Our Lives—1 1:30 Sing & Read Boys—ADC 3:00 Men’s Coffee Chat—1	29 9:30 Restorative Exercise—2 10:00 Hymn Sing w/ Nancy—1 10:30 Restorative Exercise—1 11:00 Wednesday Service—PC 1:30 Activity Cart R2R—3 1:30 Creative Minds—2 3:00 As the World Turns—2	30 9:30 Restorative Exercise—2 10:00 Days of Our Lives—2 10:30 Restorative Exercise—1 10:30 Parlor Games—1 1:00 Mark and the Men—B 2:00 Table Top Games—2 3:00 Bingo—3	31 Bettye’s Bday 9:30 Bingo—1 9:30 Restorative Exercise—2 10:00 Fun & Games—2 11:00 Reminisce with Bill –ADC 12:30 Bettye’s Celebration—2 2:00 Drumba—P 3:00 Classic Cinema—1, 2 3:00 Book Review—P	