














 **Life Enrichment – Health Center**

 **November 2018** 

Thankful & Grateful

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>We encourage residents to attend any events on campus. Life Enrichment will provide escort and accompaniment to events listed on this calendar. For assistance to other events or appointments on campus, contact Kiara with TLC at 214-874-7465</p>	<p>1—Lawther Point East, 1st floor, Long Term Care 2—Lawther Point West, 2nd Floor, Long Term & Rehab 3—Lawther Point West, 3rd floor, Rehab ADC—Adult Day Services Center on LP East, Ground floor H—Hillside Assisted Living (Formerly Blanton) C— The Cove Memory Support P—The Point Center for Arts and Education PC—Parchman Chapel on Lawther Point East 2nd floor R2R—Room to Room visits B—Breezeway on Lawther Point West NOTE: Ageless Room is Open Mon-Fri 9:30-11:45</p>			<p>1 10:00 Restorative Exercise —1, 2 10:30 Bingo with Kathy—1 11:30 Pray for Lunch—1, 2 1:30 Mark and the Men—H 2:00 Reminisce with Kathy—2 3:30 Trivia with Wilda—2 4:15 Chair Yoga—2</p>	<p>2  10:00 Mornings with Diana—1 10:00 Fun & Games with Kathy—2 11:00 Reminisce w/ Bill —ADC 1:30 Action Games—2 2:00 Classic Cinema—1, 2 2:00 Drumba—P</p>	<p>3 9:30 Action Games—2 10:30 Reading with Ruth—1 1:30 Games—2 2:00 Games—1</p>
<p>4 9:15 Worship Service—PC 10:30 Bible Study—1 11:00 Bible Study—2 11:15 Worship Service —P 1:00 Room Visits—R2R Daylight Savings Starts!</p>	<p>5 10:00 Coloring Club—2 10:00 Texas Winds—1 10:30 Spa Time—2 11:00 Spa Time—1 2:00 Games with Debbie—2 3:00 Tai Chi—C</p>	<p>6  9:45 Sit & Fit—1, 2 10:00 Pet therapy—1 10:30 Bunco with Kathy—1 12:00 Patricia’s Birthday! 2:00 Days of Our Lives—2 3:30 Decorate for Thanksgiving! —1, 2</p>	<p>7  9:30 Move & Groove—1 10:00 Hymn Sing w/ Nancy—1 10:00 Easy Stretch & Hymn Sing w/ Hayley—2 11:00 Wednesday Service—PC 2:15 Table Ball—2 3:00 Gaby’s Group—ADC 4:15 Chair Zumba—2</p>	<p>8 10:00 Sit & Fit—1, 2 10:30 Days of Our Lives—2 10:30 Bingo with Kathy—1 11:30 Daily Doing—2 1:30 Mark and the Men—H 2:30 Casino Afternoon—2 3:30 Trivia with Wilda—2 4:15 Chair Yoga—2</p>	<p>9 9:30 Move & Groove—1, 2 10:00 Mornings with Diana—1 10:00 Fun & Games with Kathy—2 11:00 Reminisce w/ Bill —ADC 12:00 Barbara’s Birthday (Tomorrow) - 1 2:00 Punkin Chunkin! - B </p>	<p>10 9:30 Action Games—2 10:00 Action Games—1 1:30 Games—2 2:00 Games—1</p>
<p>11 Veteran’s Day</p>	<p>12 </p>	<p>13  9:45 Sit & Fit—1, 2 10:00 Pet therapy—1 10:15 Reminisce with Kathy —1 10:30 Music with Hayley—2 2:00 Days of Our Lives—2 3:00 Calendar Focus Group—B</p>	<p>14 9:30 Move & Groove—1 10:00 Hymn Sing w/ Nancy—1 10:00 Easy Stretch & Hymn Sing w/ Hayley—2 11:00 Wednesday Service—PC 2:15 Table Ball—2 3:00 Deborah’s Trip Recap—2 4:15 Chair Zumba—2</p>	<p>15  9:30 Thanksgiving Project with Prestonwood Students—ADC 11:30 Sit & Fit—2 1:30 Mark and the Men—H 2:00 Games with Kathy —2 3:30 Trivia with Wilda—2 4:00 Chair Yoga—2</p>	<p>16 9:30 Move & Groove—2 10:00 Mornings with Diana—1 10:00 Fun & Games with Kathy—2 11:00 Reminisce w/ Bill —ADC 2:00 Classic Cinema—1, 2 2:00 Veteran’s Program—P </p>	<p>17 9:30 Action Games—2 10:30 Reading with Ruth—1 1:30 Games—2</p>
<p>18 9:15 Worship Service—PC 10:30 Bible Study—1 11:00 Bible Study—2 11:15 Worship Service—P 1:00 Room Visits—R2R</p>	<p>19  9:30 Move & Groove—2 10:00 Kitchen Table Rocket Science with Bill—P 10:30 Reminisce with Kathy—2 11:00 Dr. B.’s Book Club—1 2:00 Current Events with Kathy—2 3:00 Tai Chi—C 4:15 Action Games—2</p>	<p>20 9:45 Sit & Fit—1 10:00 Pet therapy—1 10:00 Sit & Fit—2 10:15 Penny Ante—2 10:30 Music with Hayley—1 2:00 Days of Our Lives—2 3:00 Coffee Chat—B</p>	<p>21 9:30 Move & Groove—1 10:00 Hymn Sing w/ Nancy—1 10:00 Easy Stretch & Hymn Sing w/ Hayley—2 11:00 Wednesday Service—PC 2:15 Table Ball—2 3:00 Gaby’s Group—ADC 4:15 Chair Zumba—2</p>	<p>22 Thanksgiving 8:00 Macy’s Thanksgiving Day Parade on NBC 3:30 Cowboys Vs Redskins on Fox</p>	<p>23 9:30 Games with Angie—2 10:00 Mornings with Diana—1 12:00 Evan’s Birthday (Tomorrow) - 1 2:00 Movie & Popcorn—1, 2</p>	<p>24 9:30 Action Games—2 10:00 Action Games—1 1:30 Games—2 2:00 Games—1</p>
<p>25 </p>	<p>26 9:30 Move & Groove—2 10:30 Music with Norris — 1 11:30 Daily Doings—2 2:00 Current Events—2 3:00 Tai Chi—C 4:15 Move & Groove—2</p>	<p>27 9:30 Games with Volunteers—ADC 10:00 Pet Therapy—1 10:30 Music with Hayley—2 2:00 Deck the Halls—1 3:00 Deck the Halls—3</p>	<p>28 9:30 Move & Groove—1 10:00 Hymn Sing w/ Nancy—1 10:00 Easy Stretch & Hymn Sing w/ Hayley—2 11:00 Wednesday Service—PC 2:00 Lakewood Chorus—C 3:30 Chair Zumba—2</p>	<p>29 10:00 Sit & Fit—1, 2 10:00 Resident Council—PC 10:30 Bingo with Kathy—1 11:30 Action Games—1, 2 1:30 Mark and the Men—H 2:30 Deck the Halls—2 4:15 Chair Yoga—2</p>	<p>30  9:30 Move & Groove—1, 2 10:00 Mornings with Diana—1 10:00 Fun & Games with Kathy—2 11:00 Reminisce w/ Bill —ADC 2:00 Classic Cinema—1, 2 3:00 Richard Stanford—P </p>	