

Photo Approval Form:

Please read and sign the other side of this page acknowledging you fully understand the following;

Because we take pictures at many of our events to share with the newspaper, marketing endeavors and in our own publications, we would appreciate your willingness to possibly use photographs or video footage that may include you.

PHOTOGRAPH AND VIDEO RELEASE

For valuable consideration received, I hereby grant to CC Young, the absolute and irrevocable right and permission in respect to the video footage or photographs that have been taken of me or in which I may be included with others, to copyright the same, in their own name, or otherwise, to use, re-use, publish and in conjunction with any printed matter, in any and all media now or hereafter known and for any other purpose whatsoever and to use my name in conjunction therewith if CC Young so chooses.

I hereby release and discharge CC Young from any and all claims and demands arising out of or in connection with the use of the photographs, including whiteout limitation any and all claims for libel or invasion of privacy.

This authorization and release shall also inure to the benefit of the heirs, legal representatives, licenses and assigns of CC Young, as well as the person(s) for whom the photographs were taken.

POINT MEMBERSHIP*

Benefit Brochure & Registration Form

For Non-CC Young Residents

Age 55 & Better



CC YOUNG

THE POINT & PAVILION

A non-profit organization

**4847 W. Lawther Dr., Dallas, TX 75214
214-841-2831 / www.ccyoung.org**

The Point Center for Arts & Education is Open daily: 6am-8pm

This Includes: Art Gallery,
Dr. Don R. Benton Meditation Chapel,
Library, and Dr. Ken Cooper Fitness Center.

**Note: A Point Membership is required to use fitness equipment.*

**The Café in The Point (469-828-3922)
M-F: 7am-5pm / Sat & Sun: 7am-3pm**

Our Vision:

To enhance the quality of life for all we serve.

Our Mission:

To foster premier environments where every life at every age is valued and enriched.

The Point's Library and Resource Room:

- Is free to the public and is self-service.
- Is open daily from 6:00 am—8:00 pm.
- Has thousands of regular and large print books.
- Has a collection of over 400 music CDs.
- Has 4 portable CD player & headphone sets you can check out to enjoy borrowed CDs at home. (See The Point Staff to check one out of The Library.)
- Has 2 computers and a printer available to use (does not include the Dakim Brain Fitness Computers).
- Is a quiet location to relax and read.



WELCOME! PLEASE TURN THIS PAGE INTO THE POINT STAFF WITH YOUR MEMBERSHIP PAYMENT

Because The Point programming is dedicated to your needs and growth, we ask that you give us information as a MEMBER of THE POINT, so that we can best serve you. Date: _____

(Internal use: _____ AOD Profile #)

Your Information (*Required Information): *Gender: Male ____ Female ____ *Date of Birth _____

Name: _____
*First _____ * Middle Initial _____ *Last _____

*Address _____
Street _____ City _____ State _____ Zip _____

*Phone Numbers Home _____ Cell _____

*Email Address or I do not have one: _____

(Will not share with anyone outside CC Young, but will keep you posted as to activities at or benefitting CC Young)

*Photo ID (drivers license/state issued ID) information: _____

*Main Occupation (former occupation, if retired): _____

*Country, Born: _____ *Marital Status: Single ____ Divorced ____ Widowed ____ Married ____

*Education Level: (check last level and fill in the last grade or degree completed)

____ No Schooling ____ Grade School ____ High School ____ College _____ Other _____

***Emergency Contact Information:** Name: _____

Relationship: _____ HM PH: _____ CELL PH: _____

Address: _____

EmailAddress: _____

How did you hear about us? Please check any boxes that apply: Media: _____ Newspaper article; _____ Magazine; _____ TV; which? _____ Family or Friends: _____ Family member who lives here; _____ Friends who live here: _____ Mailing; _____ Flyer; _____ Point Calendar; _____ Channel 80 at CC Young

I have read and understand the **Guidelines and Regulations of The Point.** (see attached) **As a member I agree that I am responsible for use of the fitness center equipment and participation in the programming according to my doctor's directives.** As a member I will pursue any questions regarding my ability with my medical doctor. CC Young (nor The Point as an entity therein) accepts NO liability with regard to this matter. I understand also, indicated by my signature below, that CC Young (The Point) reserves the right to request evidence of doctor's approval or prescription at any time deemed necessary in consideration of the best interest of my health. I am willing to provide my Primary Doctor's name and phone number.

Orientation to the fitness equipment is provided regularly and every member of The Point is required to attend one session before using the fitness equipment. You are encouraged to attend as often as you would like to get familiar and feel comfortable with use of the equipment.

Photo Approval Form: I am of legal age and have the right to contract in my own name. I have read the Photo Approval Form (back of this page) and fully understand the contents thereof. This release shall be binding upon me and my heirs' legal representatives and assigns.

I understand and agree to the above:

Print Your Name

Please Sign Your Name

Print Primary Doctor's First and Last Name

/ Ph: _____
Print Primary Doctor's Office Phone Number

GUIDELINES AND REGULATIONS ~ Thank You for Your Membership!

In the case of emergency, phones are available in the Fitness Equipment Room, the Fitness Classroom, and on the Lobby Desk. You do not need to press 9 for an outside line, just dial 911. After calling 911, please dial 0 for CC Young's operator to advise of your emergency, then alert the Director of The Point.

- Please be courteous and considerate of others at all times—Please, do not wear perfume.
- Use of the Fitness Center equipment is limited to Point Members and CC Young Residents.
- **You are required to sign in upon arrival, each time you use the Fitness Center Equipment, on the clipboards in the Cubby Section of the Fitness Equipment Room.**
- An equipment orientation, after consultation with one's physician, is **necessary and required** for all Point Members. *You will be required to do an orientation every year.*
- **You are required to, at any class or event, sign in on The Point's Registration Form (varies for each event– just ask a Point Staff member to assist).**
- **Please note that CC Young is a smoke-free facility.**
- Children are not allowed on the equipment or in the Fitness Center unless prior approval has been given by The Point's Director or a child is scheduled to attend a scheduled event in the Fitness Center Classroom.
- All children in The Point must be accompanied directly by an attending adult.
- Absolutely no running allowed.
- For your safety, please remove any loose jewelry or clothing prior to using a machine.
- Please bring your own towel. No towels are provided.
- Please wipe off equipment seating and handles after use.
- Kindly do not bring food or drink other than water (in a bottle with lid) into the Fitness Center.
- Shoes are to be worn in all areas except in the Fitness Center Classroom.
- Please report any equipment damage, excessive wear or failure to the Director (only) of The Point immediately. If the Director is unavailable you can find communication sheets in the cubby section of the Fitness Equipment Room to fill out and drop into the grey box on the lobby desk.
- Individuals are expected to adhere to these guidelines if they expect to continue to use the space or equipment.

CC Young is a Non-Profit Organization and a Continuing Care Retirement Community.

We offer: Independent Living, Assisted Living, Assisted Living Memory Care, Skilled Nursing, Rehabilitation, Home Health, Home Services, Hospice, Adult Day Center, and The Point, Center for Arts and Education—We Also Delivery A Number of Services, Programs & Care To Clients In The Surrounding Community. Learn more: 214-874-7470.

2018 POINT MEMBERSHIP BENEFITS (v061118) - KEEP THIS SHEET FOR YOUR RECORDS

Who can join The Point? Any non-CC Young resident (general public) at age 55 and better.

What is the cost? The 12-Month Point Membership cost is \$162.38 (\$150 + current tax of \$12.38), per person. Full payment is due at time of registration: Debit card/CC (MC/Visa/AE)/cash or check made out to CC Young.

What are the Point Membership Benefits? Membership is not a requirement to attend many of the programs, events, and classes held on a complimentary basis at The Point. There are certain benefits, however, for those who choose to pay and become “Members” of The Point. Currently, Members of The Point receive these special benefits:

- Use of the state-of-the art fitness equipment in the Dr. Ken Cooper Fitness Center inside The Point.
- A Fitness Equipment Safety Orientation by our Wellness Director. Completion is required prior to using fitness equipment. Point staff will assist in securing your day and time for orientation.
- Take \$10 off 1 hour or ½ hour massages in the Annie L. Stevens Center for Wellness and Renewal located in the Lawther Point East building on the campus of CC Young. Point Member prices with the discount are \$50 for an hour or \$30 for ½ hour massages. For appointment call Licensed Massage Therapist: Cate Cloft at 972-755-9214.
- The Point publishes a Monthly Calendar. You will receive these calendars each month by email. If you don’t have an email address, The Point staff will mail you copies. Please share what is happening at The Point with your friends and neighbors!
- Supervised Gym Workouts: For Residents and Point Members only. See The Point’s Calendar each month.
- Discounts off of wellness and fitness classes held at The Point. See The Point’s Monthly Calendar.
- Some programs planned will be FREE or at a discounted rate to Members, but have a charge for Non-Members. The Point’s Monthly Calendar will mention discounts, if applicable, each month.
- Members are registered on CC Young’s mailing list for special proAmotions.
- The Point building is open from 6am until 8pm – 7 days a week, including the Fitness Equipment Room, The Dr. Don R. Benton Meditation Chapel, Art Gallery and Library—EVERY DAY OF THE YEAR!
- 20% Discount at The Point’s Café, open from 7am until 5pm Monday – Friday and Weekends from 7am – 3pm.

Health Information: It is the Point Member’s responsibility to secure approval from their physician for physical fitness activities and to participate or exercise according to their doctor’s directives. Unless there is a scheduled class, there is no supervisor/trainer in the Ken Cooper Fitness Center so exercising is at your own risk. (Please see the Guidelines and Regulations on other side).

**We are pleased you’ll be calling to schedule a registration appointment
to become a Point Member!
214-841-2831**

**The Point, Center for Arts and Education on the Campus of CC Young
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