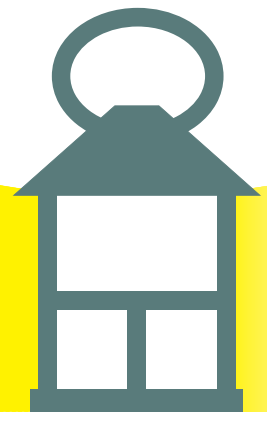


# the Lantern



A NEWSLETTER FOR FRIENDS AND FAMILY OF C. C. YOUNG



## MESSAGE FROM THE PRESIDENT AND CEO

Every so often the Director of Development tasks me to write an article for the Lantern, Campus Corner or some other publication. I put on my thinking cap and try my best to tell the audience what a privilege it is to be working here at C. C. Young and cite the accomplishments we have collectively made during a particular reporting period. And as I started writing this article, a porter knocked on my door and asked if he could come in and vacuum the floor. Now he had already been in earlier and cleaned the room, but had noticed I had carried in some leaves on my shoes when I came in. The point is that he noticed this and he took action to perform his job to his professional standards. He exemplifies our SPIRIT program of caring, professionalism, going the extra mile, communicating, imaging the possibilities, and taking ownership. I stopped what I was doing and filled out

a SPIRIT card, tracked him down and gave it to him. His smile could have lit up the room.

*I encourage you to be one of the faces of C. C. Young with your gifts of time, talent and treasure.*

Friends, he and so many others just like him are the faces of C. C. Young. I see them every day. The Director of Environmental Services, at the opening of the Overlook standing in the background smiling like a brand new father; The Administrator of Licensed Services' pride when the state inspection team told him they had found no deficiencies in their annual inspection; our Pastoral Care staff at the All Saints celebration providing

meaningful recognition and an act of healing ; our Volunteer Coordinators' humble appreciation of thanks at our Veterans Day celebration; a donor who provided funding for a labyrinth in our beautiful new park; our residents enjoying a high school orchestra performance at the Point; an activity director enriching the life of a resident with dementia by just holding their hand. My simple words cannot convey the impact and caring of the faces of C. C. Young, so I ask you to help me and imagine it. As 2011 comes to an end, I pass on to you the best wishes of C. C. Young and our thoughts and prayers for you in 2012. I encourage you to be one of the faces of C. C. Young with your gifts of time, talent and treasure.

Kent L. Shields  
President and CEO

## C. C. YOUNG WALKS TO END ALZHEIMER'S

"On Saturday, November 12, 2011, C.C. Young showed their support for the Alzheimer's Association Greater Dallas Chapter by participating in the Annual Walk to End Alzheimer's at Fair Park. We had a group of almost 90 people that included employees, residents, volunteers, and Point members. Some people walked for a family member or loved one that are afflicted with Alzheimer's while others walked to

help raise awareness for the cause. Thank you for showing your C. C. Young SPIRIT so proudly!

*Thank you for showing your C. C. Young SPIRIT so proudly!*



## NEW RESIDENT DINING OPTION

In August Residential Living moved its resident dining experience from one meal a day to a dining balance program. The residents have a balance

*We will soon be adding breakfast to our residential dining option.*

at the beginning of the month that they can spend at any of our dining venues on campus: Asbury Dining Room, Thomas Dining Room, Conley's, 4833 and the Café at the Point. As they make a purchase, the dollar amount declines with a swipe to our Point Of Sale (POS) system. The new flexibility has been very well received from the residents. We will soon be adding breakfast to our residential dining option for increased value and flexibility.

# C. C. YOUNG'S 2011-2012 BODY, MIND & SPIRIT LECTURE SERIES



C. C. Young kicked off the 2011-2012 Body, Mind & Spirit Lecture Series, presented by Texas Health Presbyterian Foundation, on Tuesday, September 20, 2011, with a fascinating and informative talk on "The Politics of Prostate

*C. C. Young received sponsorship support for the entire series from Texas Health Presbyterian, Foundation, Morrison, RehabCare, and Vinson and Elkins, LLP. We appreciate each sponsor's dedication to our community outreach efforts through the lecture series.*

Cancer" by Pat F. Fulgham, M.D., D.A.B.U., F.A.C.S., President, Urology Research & Education Foundation, Surgical Director of Oncology Services, Texas Health Presbyterian Hospital Dallas.

C. C. Young secured additional sponsorship support for the entire series from Morrison, RehabCare, and Vinson and Elkins, LLP. We appreciate each sponsor's dedication to our community outreach efforts through the lecture series.

C. C. Young gives community appreciation awards at each lecture. The Body, Mind & Spirit awards give us the opportunity to thank various members of the Dallas community for their service, dedication, and tireless efforts. Awards were given in September to The Boom Foundation



of Dallas and Dr. Joan LaBarr, retired clergy and Communications Director, North Texas Annual Conference UMC. Three special members of The Boom Foundation of Dallas were present to accept the award: Justin Thompson, President, Desiree Jacobsen, Vice-President of Communications, and Sarah Witby, Director of Development. The Boom Foundation is dedicated to raising funds for organizations that improve the lives of the elderly in Dallas.

In November, A Body, Mind & Spirit award was presented to Jane Nunnelee, PhD, RN-BC, GNP, Coordinator of the Gerontological Nursing Initiative and Senior Lecturer, Baylor University, Louise Herrington School of Nursing, Dallas, Texas.



## MARK YOUR CALENDARS FOR THE NEXT BODY, MIND & SPIRIT LECTURE

Wednesday, February 29, 2012: "The Experience, Majesty, and Future of Space." Lecture by: Mary Ellen Weber, Ph.D., Astronaut, STS-70 and STS-101. Dr. Mary Ellen Weber was a NASA Astronaut for ten years and is the veteran of two Space Shuttle flights. She is among the youngest Astronauts ever to venture into space, having traveled 297 earth orbits and 7.8 million miles.

## WII BOWLING MAKES A BIG STRIKE AT C. C. YOUNG IN 2011

C. C. Young participated in the National Senior League virtual Wii Bowling tournament. The "Young Strikers" are led by team coach, Jerome Lewis (Wellness Coordinator at C. C. Young). Members of the "Young Strikers" bowling team are Don Benton, Donna Benton, William Jones, Bernice Press, Fran & Paul Koeltzow, and Bobby Lou Turrentine.

The Young Strikers participated in two tournaments in 2011. Conference play lasted for 7 weeks (playing one match each week) and was followed by 3 weeks of playoffs. The "Young Strikers" won their division in both

tournaments but were defeated in single elimination playoffs. During the last tournament, there were 105 teams from across the nation with 7 coming from Texas. The "Young Strikers" ended the fall tournament with a successful 13-1 record.

C. C. Young is proud of all the bowlers participating on the "Young Strikers" team. Go "Young Strikers"!

*The Young Strikers ended the fall tournament with a successful 13-1 record.*



# A CIRCUS OF FUN!



The circus came to the C. C. Young campus for Grandparents' Day on Sunday, September 11th this year. All festivities were in keeping with the theme of "The Greatest Grandparents on Earth", a borrowed tagline from Barnum & Bailey. Our residents brought out their families and friends to celebrate, drawing a crowd of over 200 people!

We started the event with a tribute to the tenth anniversary of 9/11 with the first flag-raising at our new flagpoles in the Park. Resident and staff veterans led this ceremony, beautifully concluded with a solo trumpet performance of our national anthem.

The Bryan Adams High School Marching Band set off the celebratory atmosphere with their annual toe-tapping performance. The fun then moved into The Point with all kinds of activities for children of all ages! Clowns painted faces and twisted balloons, participants played Go-Fish for fun prizes, and sing-along videos contributed to the circus atmosphere

(and provided a place to take a breather!). The Bake Walk was back, so many folks left with tasty treats courtesy of the C. C. Young Auxiliary. The paper sack clown puppet craft kept creativity flowing, and many stopped by the photo booth for a snapshot to take home. Circus picture frames were made and will remind participants of the fun for quite some time!

We hope you enjoyed the fun of the circus this year, and will join us next year on September 9th for another day dedicated to The Greatest Grandparents on Earth!

*Join us next year on September 9th for another day dedicated to The Greatest Grandparents on Earth!*



# 11TH ANNUAL HALLOWEEN PARTY AT THE BLANTON

As Halloween approached the surroundings in The Blanton became more and more frightful. The lobby was filled with bats, ghouls and shadows of the night. On Halloween out came witches, bees, cowgirls, punk rockers and other masked persons. Everyone then gathered in the lobby for a scary good time. There were creepy sounds and even the monster mash made people dance about. Plates were filled with eye balls (meatballs), monster fingers (chicken fingers), onion things (rings) and cups with dirt & worms. Yummy! No tricks were had because there was plenty of candy treats to take home. All the ghosts and goblins then disappeared greatly anticipating another ghoulish time next year.



# UMPHRESS TERRACE BBQ



This Fall Umphress Terrace was on fire but not literally. Our Master Grillers: Stephen Cutshaw, Kent L. Shields, and Russell Crews kept the flames under control at the Umphress Terrace Fall BBQ. Reverend Levy Laguardia of Umphress Road United Methodist Church gave the invocation, and The Dallas Academy's Junior High and High School Cheerleaders and Mascot entertained the residents with new dance routines. Everyone enjoyed themselves, and the food was wonderful.

# C. C. YOUNG CONTINUES TO GIVE T.L.C.

C. C. Young continues to fulfill their mission to "broaden programs and services so that each individual may flourish in body, mind and spirit".

In October, the Transitional Living Care Program (TLC) was made available to the Residential Living residents of C. C. Young. The purpose of the program is to enable our residents to stay in their apartment homes and maintain their independent lifestyle for as long as possible. Our staff has noted that situations sometimes arise when residents need a little extra help to get through the day. Considering those special times we have come up with a menu of additional services. Residents have the opportunity to choose from the following services, they may also bundle their choices into a monthly rate to help fit their budget.

- Light meal or snack preparation
- Light housekeeping services
- Flat linen service
- Laundry service
- On campus assistance to events, including The Point, Center for Arts & Education
- Personal Care (Nails, etc)
- Bathing assistance
- Dressing assistance
- Medication assistance (dispensing from a pre-set pill box)
- Companion service

C. C. Young's vision to provide a community where every life and every age is valued and enriched continues to flourish in body, mind and spirit!

# 2011 VETERAN'S DAY AT C. C. YOUNG



Celebrating Veteran's Day at C. C. Young is always special. The festivities began the week before November 11th, with fun activities continuing through the week and concluding with a celebratory luncheon at The Point on the big day.

*Displays of veterans' portraits and memorabilia in The Point's art gallery kicked-off the celebration.*

Displays of veterans' portraits and memorabilia in The Point's art gallery kicked-off the celebration on November 3rd. Seeing the photos and reading about their experiences of those who served our country helped everyone to learn more about our residents. We have some very distinguished veterans on our campus.

On Saturday, volunteers helped to honor our U. S. Military personnel by putting American flags along the main road, and tying yellow ribbons on the iron gates and trees through the campus. Throughout the week, several volunteer groups came to help celebrate Veteran's Day with patriotic music, arts & craft projects, dance performances, and

special parties. Chief among them was the C. C. Young Auxiliary as they hosted a Veteran's Day party for all of the residents in the health center. They served cookies, snacks, and lemonade and gave an American flag to each resident. The C. C. "Younguns" choir group provided the entertainment and led the group in patriotic sing-a-long's. It was a fun party!

On November 10th, the "Veterans Only" breakfast at 7:00 AM was a delicious event. This year, they ate at Conley's, the new dining room in The Overlook.

At 7:00 AM on November 11th, "Reveille" played over the loud speaker and at 11:00 AM, everyone gathered for the Flag Ceremony at the new flag pole in the new park. The bugler performed



"Colors" and "Taps." Lakehill Prep School Boy Scouts raised the flag and led the Pledge of Allegiance followed

*We have some very distinguished veterans on our campus.*

by Carol Komisarz who sang the National Anthem. Over 125 residents attended the flag ceremony. After the ceremony, everyone headed to The Point, Center for Arts and Education, to attend the Veteran's Day luncheon. Colonel Steve Ramos, US Marine Corps, Operation Iraqi Freedom delivered a rousing speech about his military experiences, followed by a 12-minute video about "Honor Flight," a non-profit that escorts veteran's to see their memorials in Washington D. C.

The celebration concluded at 5:00pm with "Taps" played over the loud speaker.

It was a wonderful week that will be remembered by all.

## WHAT IS BENEVOLENCE?

Each year, C. C. Young subsidizes residents who have depleted their financial resources. The Benevolence Program allows residents who now require financial assistance to experience uninterrupted stability of programs and services at C. C. Young. In 2010, C. C. Young provided over half a million dollars in assistance to residents through the Benevolence program and the need for our benevolence program is continuing to rise.

*In 2010, C. C. Young provided over half a million dollars in assistance to residents through the Benevolence program.*

The Holiday Bazaar and the C. C. Young Community Cookbook are one of many ways to help support C. C. Young's Benevolence Program. A gift of any amount is greatly appreciated and will help in enriching the lives of our residents. Each gift assists C. C. Young in providing ample opportunities for the aged to discover personal growth and creativity no matter their limitations and to flourish in body, mind and spirit.

Visit our website at [www.ccyoung.org](http://www.ccyoung.org) or contact the Development Department at 214-841-2903 for more information.

## C. C. YOUNG'S FIRST ANNUAL HOLIDAY BAZAAR BENEFITTING THE BENEVOLENCE FUND

C. C. Young's First Annual Holiday Bazaar benefitting the Benevolence Fund was a huge success! There was great Holiday shopping with eighteen different vendors to choose from selling jewelry, lamps, special occasion cards, cookies, and more. C. C. Young raised over \$1,500 to benefit the Benevolence Fund. During the Bazaar, we raised an additional

\$500 by selling our campus cookbooks made with resident, family members, volunteers and employees' recipes.

*C. C. Young's First Annual Holiday Bazaar benefitting the Benevolence Fund was a huge success!*

If you were not able to make it to the Bazaar don't be disappointed, mark your calendars for C. C. Young's 2nd Annual Holiday

Bazaar scheduled for November 2nd and 3rd in 2012.

# HAVE YOU SEEN OUR NEW PLANNED GIVING WEBSITE?

If you have considered making a planned gift to C. C. Young but are unsure or have questions about planned gifts visit our website for a step-by-step guide. Visit [www.ccyoung.org](http://www.ccyoung.org) and take advantage of our planned giving resources, articles, and interactive tools to help find a plan that's right for you. If you've ever wanted to express your appreciation for C. C. Young, a gift made through your estate plan or investment plan could be the perfect option for you and C. C. Young!



THANK YOU  
ROSEBUD'S  
RESTAURANT AND  
C. C. YOUNG  
AUXILIARY



This year's C. C. Young Auxiliary's Fall Fundraiser was a three day event at Rosebud's Restaurant, Giftique and Bakery. Rosebud's generously donated 25% of all patrons bills to C. C. Young during the three days of dining, shopping and fun!

## ALL EMPLOYEES ARE WINNERS!

*Employee of the Quarter*

2ND QUARTER

(pictured left to right)

- Nora Garcia – Housekeeping
- Xucia Brown – Support Services
- Malcolm Cummings – Dining Services (WINNER)
- Mary Buoye – Blanton
- Diana Salazar – Nursing



3RD QUARTER

(pictured left to right)

- Beatriz Contreras – Housekeeping
- Noel Nyamakura – Nursing (WINNER)
- Zlanner Yao – Cove
- Sally Warren – Dining Services (not pictured)



## C. C. YOUNG'S 90TH YEAR ANNIVERSARY CELEBRATION

C. C. Young will celebrate our 90th Anniversary in 2012. This special anniversary will be a time to learn about our 90 year history in Dallas, recognize our accomplishments over the decades, and honor all those that contributed to making C. C. Young the premier organization it is today.

During the Fall of 2012, The Point, Center for Arts and Education will host a historical exhibit on C. C. Young. The exhibit will showcase our founding roots in South Dallas at Tyler Street United Methodist, growing to our current location at White Rock Lake, and the journey to our newest residential living facility, The Overlook.

If you have pictures, artifacts, memorabilia or stories about C. C. Young that you could share during our 90th Year

Anniversary Celebration, please contact C. C. Young's Development and Public Relations Office at 214-841-2903, or [ccy@ccyoung.org](mailto:ccy@ccyoung.org).

*This special anniversary will be a time to learn about our 90 year history in Dallas, recognize our accomplishments over the decades and honor all those that contributed to making C. C. Young the premier organization it is today.*

# COLLABORATIVE PARTNERSHIPS

C. C. Young's Mission is to work with others to transform our complementary service responses to the aged. Through collaboration we will intensify and broaden our programs and services so that each individual may flourish in body, mind, and spirit.

C. C. Young has invaluable collaborative support from so many and this support is realized every day on campus. Our collaborative relationships have been designed to help collaborative partners achieve their mutual and respective goals and purposes.

Baylor University Louise Herrington School of Nursing (LHSN), one of our collaborative partners, recently celebrated its 100th Anniversary. C. C. Young, during a centennial event,

was officially designated as one of LHSN's "100 Legends in the Line" for Community Agencies & Clinical Sites.

*At C. C. Young, we are grateful for the collaborative efforts of LHSN, Dr. Nunnelee, and her caring students.*

C. C. Young is honored to collaborate with LHSN in their unique Gerontological nursing initiative, which is required for all curriculum plans within the school. Under the direction and passion of Jane Nunnelee, Ph.D., R.N., G.N.P., C. C. Young residents receive supervised care and attention in a

myriad of ways. In turn, students learn from our residents that as Dr. Nunnelee puts it "Aging is like a thumbprint. No two people are alike in how their bodies and minds change and how they can be treated." LHSN's mission marries perfectly with C. C. Young's mission. Future nurses become more prepared while care is improved to C. C. Young residents.

At C. C. Young, we are grateful for the collaborative efforts of LHSN, Dr. Nunnelee, and her caring students. Dr. Nunnelee was presented with C. C. Young's Body, Mind & Spirit award for her dedication to C. C. Young residents and to her students. The presentation took place at the Body, Mind & Spirit Lecture on November 17 at The Point.

## SUPPORT THE C. C. YOUNG STAFF

The C. C. Young Employee Appreciation Fund benefits our employees in several ways. On Memorial Day, our annual Employee Appreciation Picnic is held, which is paid for by the fund. On this day employees get to take an extended lunch break to go to the picnic on the covered patio between the Cove and Lawther Point East buildings. The fund is also used to purchase Christmas gifts and door prizes that are given out at our Holiday Christmas Party and for hospitality flowers if an employee is hospitalized or if there is a death in the family.

We are always thankful when a resident or family member chooses to contribute to our Employee Appreciation Fund. Your donation can be in recognition of a specific employee's service or

in recognition of all C. C. Young employees. If you choose to give an honorarium towards a specific employee the acknowledged employee will receive a personal letter from our President and CEO, Kent Shields, thanking them for showing their C. C. Young SPIRIT. A copy of this letter is also sent to their supervisor.

We thank you for taking the time to recognize the service that you have received here at C. C. Young.

*We are always thankful when a resident or family member chooses to contribute to our Employee Appreciation Fund.*



# THANK YOU FOR YOUR GIVING SPIRIT

*We appreciate our caring donors. Your generous gifts make it possible for us to provide a community where every life and every age is valued and enriched.*

*We diligently work to produce an accurate list of donors. If an error or omission is found please contact the Development Office at 214-841-2903.*

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Highland Park United Methodist Church

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**C. C. Young**  
Where the Spirit is Ageless®

## Vision

C. C. Young's vision is to provide a community where every life and every age is valued and enriched.

## Mission

C. C. Young's mission is to work with others to transform our complementary service responses to the aged. Through collaboration we will intensify and broaden our programs and services so that each individual may flourish in body, mind and spirit.



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