



C. C. Young's *BODY, MIND & SPIRIT* Lecture Series

C. C. Young launched The *Body, Mind & Spirit* Lecture Series benefiting The Point, Center for Arts and Education in the fall of 2009. The complimentary community lecture series is just one example in which C. C. Young brings its Vision and Mission (see page 4) to not only those who live, thrive and grow at C. C. Young, but to our surrounding Dallas neighbors. The lectures focus on issues impacting all Texans of every age.

2009 – 2010 Series:

The inaugural lecture held in September of 2009 at The Point, Center for Arts and Education at C. C. Young, was “Mechanisms of Memory: Therapeutic Opportunities in Alzheimer’s Disease” and presented by **Dr. Craig Powell**, M.D., Ph. D., Assistant Professor of Neurology and Psychiatry, UT Southwestern Medical Center.

“Parkinson’s & Alzheimer’s: Learn Practical Ways to Get the Most Out of Your Life” was presented by **R. Malcolm Stewart**, M.D., Clinical Professor of Neurology, UT Southwestern Medical Center at Dallas, Charles R. Sitter Chair in Movement Disorders, Texas Health Presbyterian Hospital Dallas, **Rege S. Stewart**, M.D., Retired Clinical Professor in Psychiatry, UT Southwestern Medical Center, and **Anne M. Lipton**, M.D., Ph.D., Department of Neurology at Texas Health Presbyterian Hospital Dallas. This lecture was held at Texas Health Presbyterian Hospital Dallas in November of 2009.

“The New Texas Challenge: Population Change and the Future of Texas” lecture was presented by **Steve Murdock**, Ph.D., Allyn R. and Gladys M. Cline Professor of Sociology, Rice University and held in February of 2010 at Southern Methodist University’s Crum Auditorium in the James M. Collins Executive Education Center.

Robert L. Fine, M.D., F.A.C.P., Director, Office of Clinical Ethics and Palliative Care, Baylor Health Care System, presented “Challenges in Treatment and Care at Life’s End”, which was held at The Point, Center for Arts and Education in March of 2010.

“No Limb-its: Stories of Spirit, Humor & Love - Wellness is more than the absence of disease or loss!” will be presented by **Jennifer Griffin**, Creator of the P.L.A.Y. Foundation, Amputee-Athlete and Life Enthusiast, at The Point in June of 2010.

2010 – 2011 Series

September 22, 2010

"The Science of Mental Vitality: Can We Slow the Aging Process?"

Presented by **Denise Park, Ph.D.**, University Distinguished Chair and Regents Research Scholar, Center for Vital Longevity, School of Behavioral and Brain Sciences, University of Texas at Dallas

November 16, 2010

"Does Healthcare Reform Mean Better Health for Seniors and Their Loved Ones?"

Presented by **Jeffrey I. Kreisberg, Ph.D.**, formerly a Professor of Pathology, Medicine, Surgery, Urology, and Molecular Medicine at the University of Texas Health Science Center at San Antonio for 26 years.

April 28, 2011

"Women and Heart Disease: Gender Makes a Difference"

Sharon C. Reimold, M.D., Professor of Medicine, Gail Griffiths Hill Chair in Cardiology, Clinical Chief, Cardiovascular Division, Medical Director, UT Southwestern Clinical Heart Center

Event Cancelled Due to Weather

"Raising Gen Y - Preparing Your Children and Grandchildren for the Real World"

Nancy Barry, Speaker, Author, Gen Y Expert



Title Sponsor of the 2011 – 2012 Series Lectures

September 20, 2011

"The Politics of Prostate Cancer"

Pat F. Fulgham, M.D., D.A.B.U., F.A.C.S.,

President, Urology Research & Education Foundation

Surgical Director of Oncology Services, Texas Health Presbyterian Hospital Dallas

alzheimer's  association®

Presenting Sponsor of the November 17, 2011 Lecture

November 17, 2011 (new date as of 08/15/2011)

"Alzheimer's Disease and Related Dementias: What You Need to Know"

David W. Crumpacker, M.D.

Assistant Chief, Department of Psychiatry (2004-2009), Baylor Medical Center at Dallas

Currently in Private Practice

Wednesday, February 29, 2012

"The Experience, Majesty, and Future of Space"

Mary Ellen Weber, Ph.D., Astronaut, STS-70 and STS-101

Dr. Mary Ellen Weber was a NASA Astronaut for ten years and is the veteran of two Space Shuttle flights. She is among the youngest Astronauts ever to venture into space, having traveled 297 earth orbits and 7.8 million miles.

C. C. Young presented community appreciation awards during the 2009 – 2010. We continue to do so throughout the 2010 – 2011 Lecture Series, which allows us the opportunity to thank various members of the Dallas community for their service, dedication and tireless efforts.

2009 – 2010 Award Recipients:

Joel T. Allison, FACHE

Appreciation for Continued Leadership for Health Care Innovation

Charles and Betty Sue Blaylock

Outstanding Leadership in Fighting Neurodegenerative Diseases

Karen Borta

Support of Persons Achieving Life's Goals Within Limitations

Dr. Robert L. Fine

Exceptional Work and Compassion in Palliative Health Care

Sheffield A. Kadane

Appreciation for Leadership for Dallas

Dr. Anne Lipton

Community Collaborator

Dr. Bobby B. Lyle

Appreciation for Willingness to Lead from the Heart

Dr. Malcolm Stewart

Lifetime Achievement for Contributions in Neurodegenerative Diseases

Dr. Rege Stewart

Achievement Award for Contributions in Cognitive Diseases

Dr. Wilson Weatherford

Exemplary Leadership in Geriatric Medicine

2010 – 2011 Body, Mind & Spirit Awards

Award Recipients:

DALLAS FIRE-RESCUE, FIRE STATION 55

Established in 1965

Jerry Farrington

Texas Electric Utility, Executive, Retired

C. C. Young Foundation Board

Foundation for Body, Mind & Spirit Board

Judy and Jim Gibbs

Justin Thompson

President, The Boom Foundation ~ Dallas

2011 – 2012 Body, Mind & Spirit Awards

Award Recipients:

Dr. Joan LaBarr

Retired Clergy and Communications Director,

North Texas Annual Conference UMC

Jane Nunnelee, PhD, RN-BC, GNP

Coordinator of the Gerontological Nursing Initiative and Senior Lecturer, Baylor University,

Louise Herrington School of Nursing, Dallas, Texas

C.C. Young's Vision is to provide a community where every life and every age is valued and enriched.

C.C. Young's Mission is to work with others to transform our complementary service responses to the aged. Through collaboration we will intensify and broaden our programs and services so that each individual may flourish in body, mind, and spirit.

All lectures are complimentary, open to the public and geared to a lay audience. Limited seating is available. For more information or to reserve a seat, please call 214-841-2831 or email ccy@ccyoung.org.