

# No Limb-its: Stories of Spirit, Humor & Love—

Wellness is more than the absence of disease or loss!

## C. C. Young's Complimentary *Body, Mind & Spirit* Lecture Series Continues



Lecture presented by  
Jennifer Griffin

Wednesday,  
June 23, 2010

6:00 p.m. Reception

7:00 p.m. Lecture

Location:



Campus of C. C. Young  
4847 W. Lawther Dr.  
Dallas, TX 75214

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**FREE: Event admissions and  
valet parking.  
Seating is limited.  
Please register today!**

**(214) 841-2834 or  
ccy@ccyoung.org**

Visit [www.ccyoung.org](http://www.ccyoung.org) to learn more  
about the *Body, Mind & Spirit* Series.

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\*Sponsorships are available for this  
event and future lectures.  
Please call 214-841-2903 for details.

**Jennifer Griffin**, Founder of the P.L.A.Y. Foundation (Positive Living for Active Youth), Amputee Athlete and Life Enthusiast will join us at C. C. Young on Wednesday, June 23, 2010 — won't you?

Following a near-death illness, multiple surgeries and the eventual amputation of both hands and both lower legs, Jennifer's life was saved. She survived the experience as a quad-amputee—but her *SPIRIT* for life was as vibrant as ever.

Always an active sportswoman, Jennifer quickly began to focus on how she could turn this experience into something that would help others. She created the P.L.A.Y. Foundation to help youth who have undergone an amputation to learn what they *CAN* do and how to live with a positive attitude "through sports, art & music."

Jennifer is scheduled to be on ABC's "Extreme Make-over: Home Edition" airing May 2, which features the Carr Family (local P.L.A.Y. Foundation member family).